



Easy **KIDS' PJS**

This versatile pattern can use different fabric and motifs to suit the child - crowns, dinosaurs, stars or space rockets will all work, just keep to a simple shape!

Project **ALICE GALLAGHER**
www.alicesewingadventures.com

Shopping **WE USED**

Floral cotton poplin,
£6.99 per metre
White cotton jersey,
£9.99 per metre
Both from [www.
remnantkings.co.uk](http://www.remnantkings.co.uk)

Skill level ♥♥

MATERIALS:

- ♥ 1m cotton, or cotton poplin
- ♥ 1m 2.5cm-wide waistband elastic
- ♥ 1m cotton jersey
- ♥ Stay Tape or ribbon for stabilising the shoulders
- ♥ double-sided adhesive web
- ♥ co-ordinating thread
- ♥ regular & stretch machine sewing needles
- ♥ templates downloaded from www.lovesewingmag.co.uk

NOTES:

Use a seam allowance of 1.5cm throughout unless otherwise stated and finish raw edges with a zigzag stitch

The top instructions are for a regular sewing machine, but you can of course use an overlocker if you have one

SIZING:

Age	Height	Chest	Waist	Hips
2	92cm	53cm	52cm	56cm
3	98cm	55.5cm	53.5cm	58cm
4	104cm	57cm	54cm	60cm
5	110cm	58.5cm	54.5cm	62.3cm
6	116cm	60cm	55cm	64.5cm

How to make:

PYJAMA TROUSERS

1 Place front and back trouser pieces RST, matching the notches and pin. Note that the back trouser pieces are slightly wider than the front, so will not align at the inside leg when pinned in place at the outer seam.

2 Sew the side seams, leaving a gap of 5-6cm at the top of one seam for the waistband elastic. Now sew the inside leg seams.

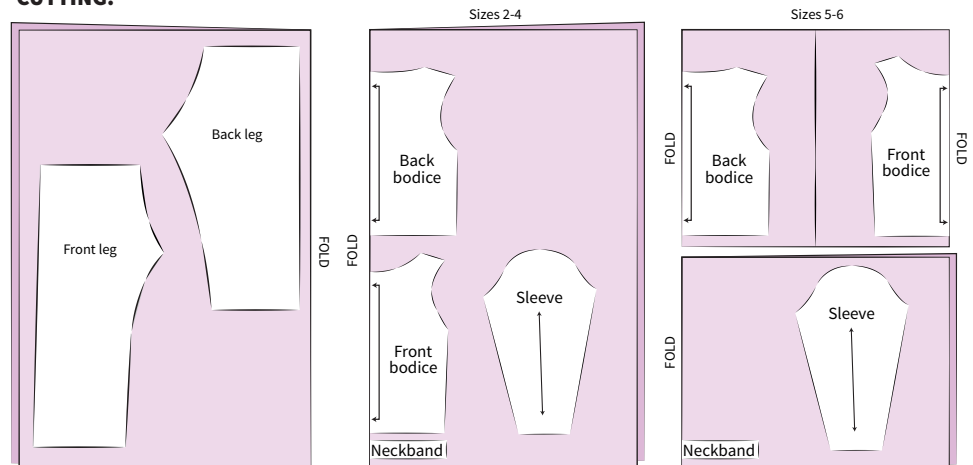
3 To sew the crotch seam, you need to turn one leg RS out. Then place inside the other leg so they are RST. Match the centre seams, followed by the double and single notches, then pin. Sew the crotch together in a continuous stitch around the U-shaped seam. Trim, finish and press the crotch seam open.

4 Roughly fit the elastic to your child's waist. It should fit without stretching.

5 To sew the waistband channel, fold the top of the trousers WST by 2cm, press, and fold again by 4cm. Press and pin in place. Sew with a 1cm SA.

6 Thread the elastic through the waistband channel. Attaching a safety pin or using a

CUTTING:



bodkin makes this easier. Don't lose the end inside the channel!

7 Machine the ends of the elastic together, using two rows of stitches for strength. The elastic should pull the waistband in. Slip-stitch the waistband opening closed.

8 Hem the bottom of the trousers by turning under 1cm, then another 1cm, press and top-stitch.

TOP

9 Switch to a stretch needle and change the thread if necessary.

10 Zigzag-stitch Stay Tape or ribbon to the WS of the back bodice shoulders, with the bottom edge of the ribbon 1.5cm from the top of the shoulder. This will prevent the shoulders stretching out.

11 Pin the front and back bodice at the shoulders with RST, matching the notches. Sew using a narrow zigzag stitch. Trim back the seam allowance and ribbon then press the seams open.

12 Pin the short ends of the neckband RST to form a loop. Sew together with a zigzag stitch. Trim seam allowance and press open. Fold the neckband in half lengthways WST and press.

13 Take care with the next part if you haven't sewn a neckband before. Turn the bodice the RS out and place the neckband RST with the raw edges aligned. Match the neckband seam to the shoulder seam. The neckband is slightly smaller than the bodice neck, so you need to carefully stretch the neckband and pin as you go, taking care not to stretch the bodice itself. Make the sure you stretch evenly all the way round; matching the halfway points will help.

14 Zigzag-stitch the neckband to the bodice. Trim and press the seam allowance towards the bodice. Then top-stitch the seam allowance to the bodice close to the seam line. Press flat.

15 With RST and matching the double and single notches, pin the sleevehead into the armhole. Baste the sleeve to check you are happy and then zigzag-stitch in place. Repeat for the other sleeve. Trim the seam allowance and press open.

16 Match the underarm seam, then the notches and sew the side seam in one continuous motion using a zigzag stitch, pivoting at the underarm seam.

17 To hem the sleeves fold under by 2cm, press, then fold under by another 2cm. Zigzag top-stitch. Repeat for the lower hem.

MOTIF

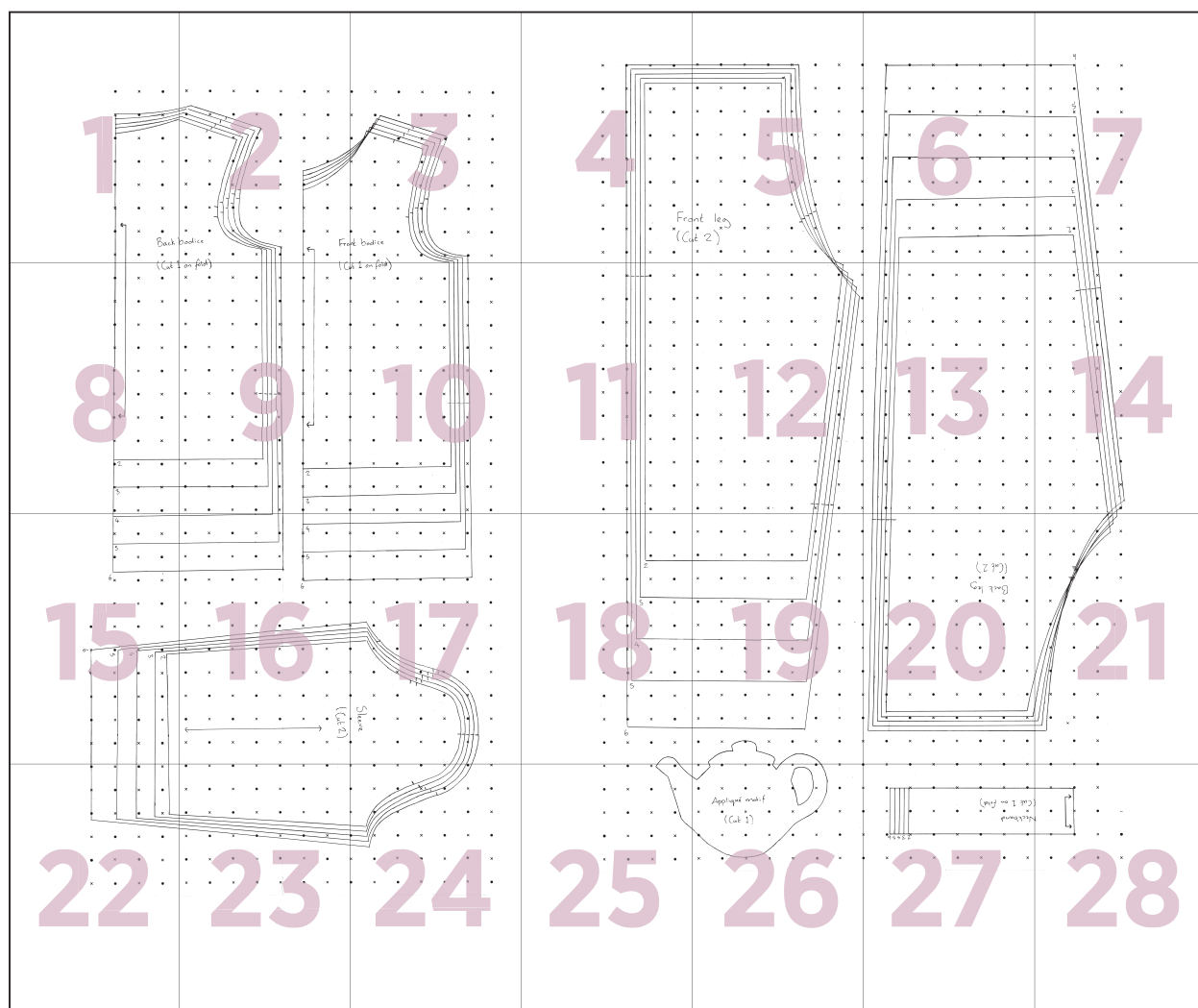
18 Change your sewing machine needle back to a regular needle and change the thread if necessary.

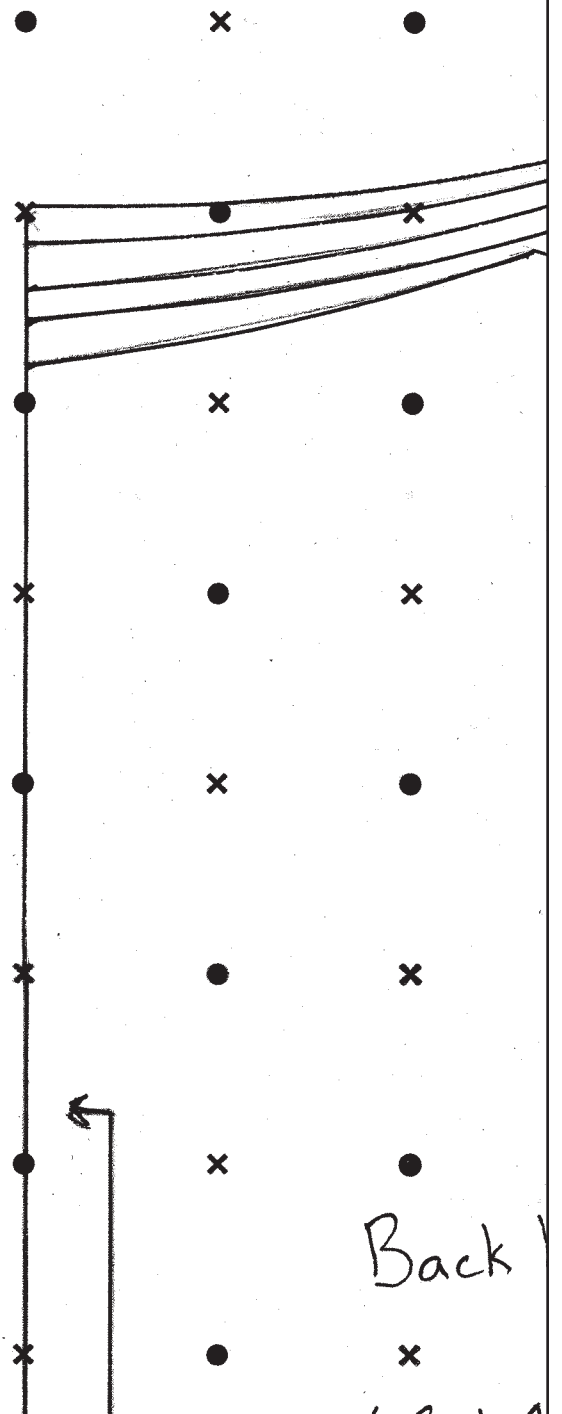
19 Cut out the teapot motif from the leftover cotton fabric. Fuse the webbed side of the adhesive to the WS of the motif. Allow to cool and then trim the excess paper away.

20 Peel off the paper and place the motif in the centre top third of the pyjama top. Cover with a damp cloth and carefully place your iron on top for 10 seconds at a time. Remove the cloth and allow to cool.

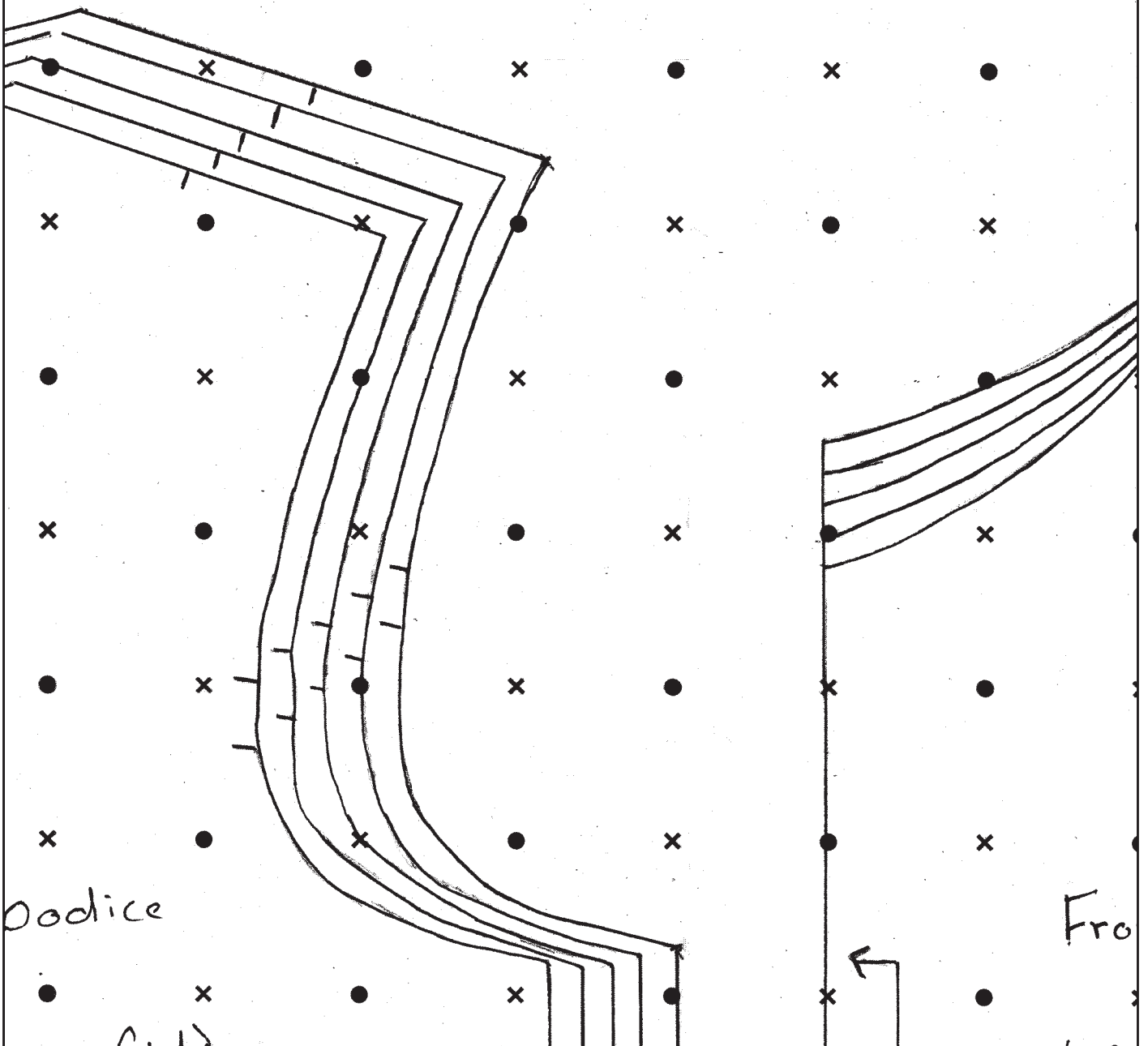
21 Carefully top-stitch around the motif about 2mm from the edge. This design will intentionally let the motif fray slightly to enhance the shabby chic look. If you prefer, you can zigzag top-stitch the appliqué to avoid fraying. Taa-dah! All done and ready for bed.

TEA POT PYJAMAS

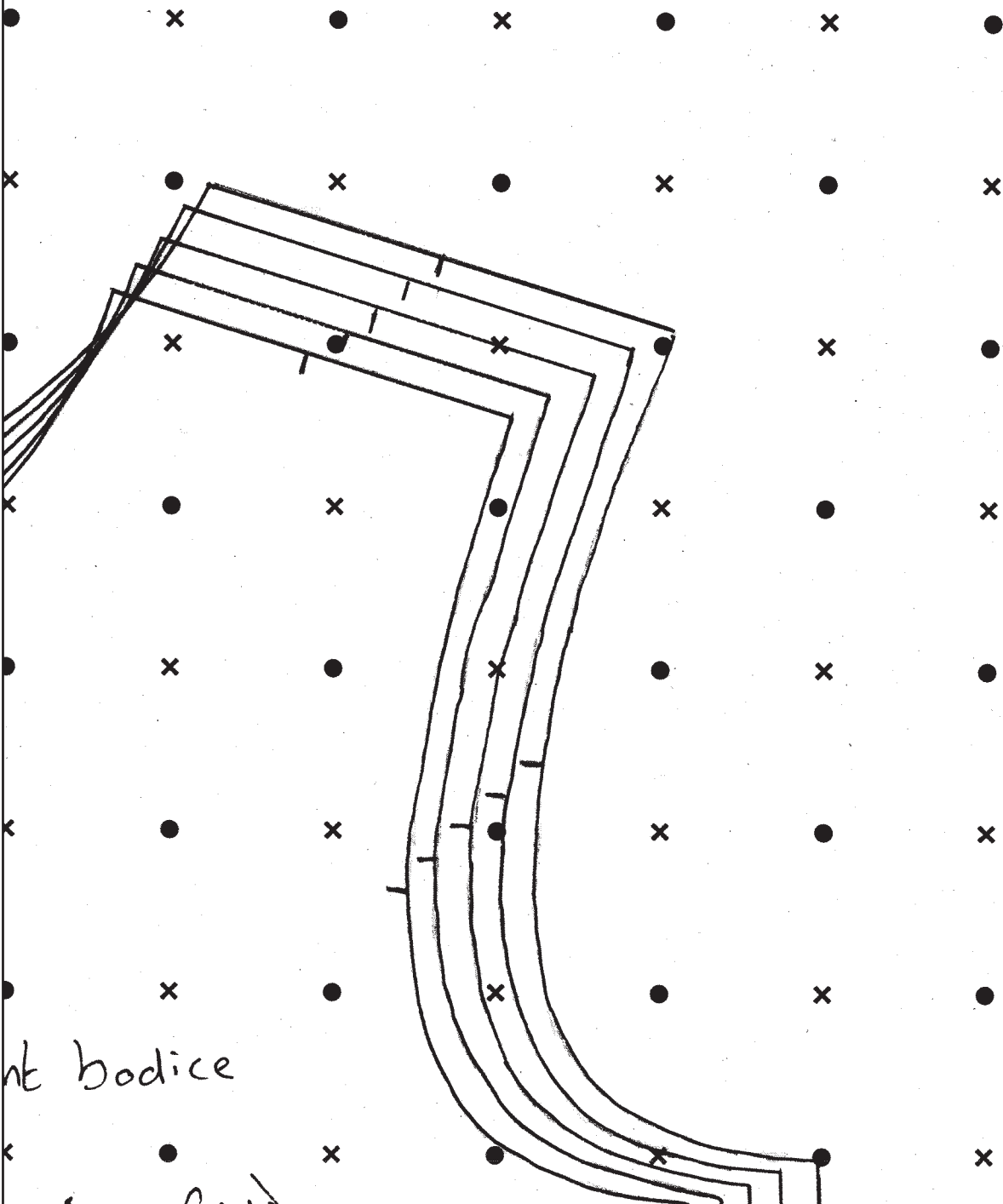




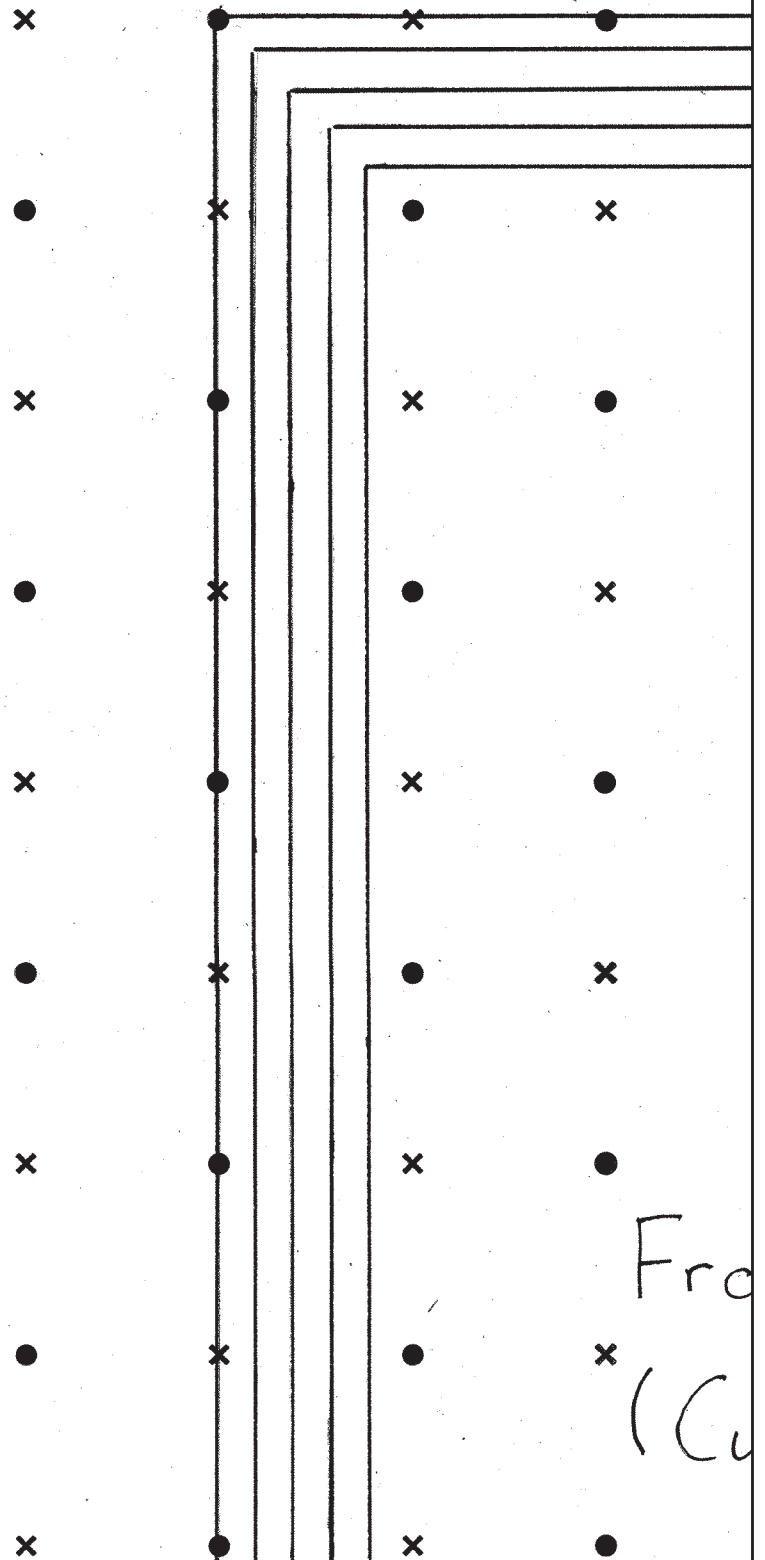
2



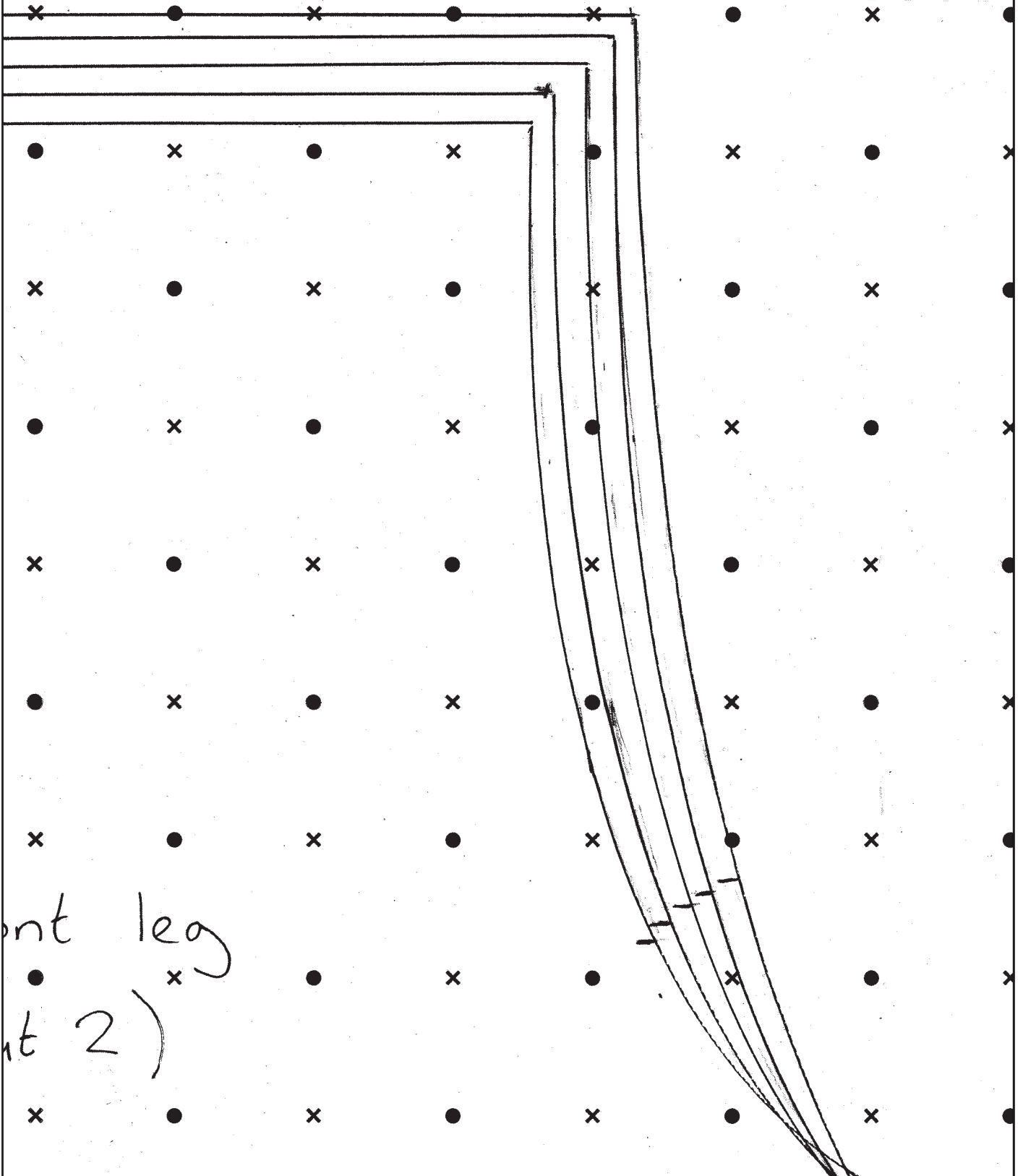
3

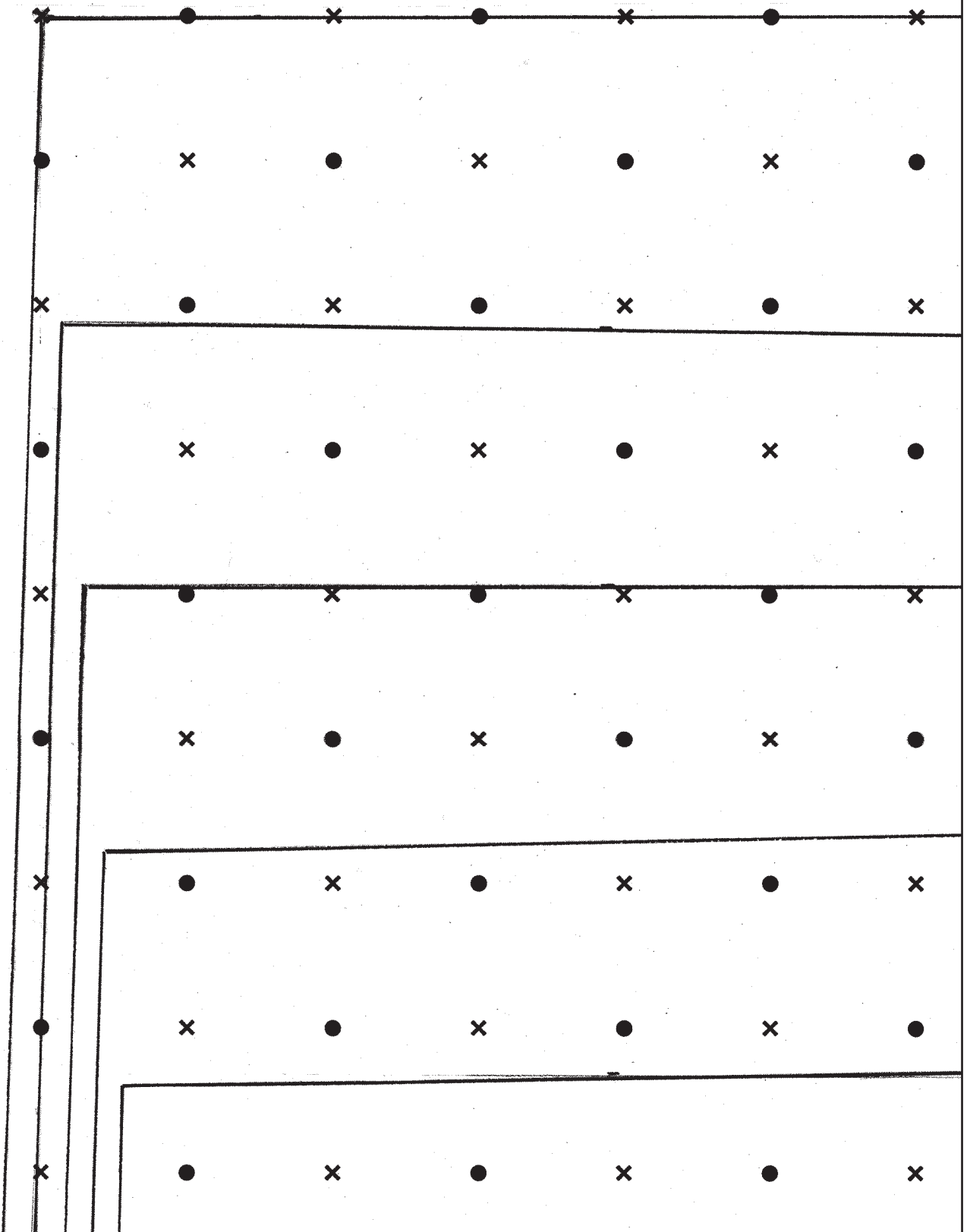


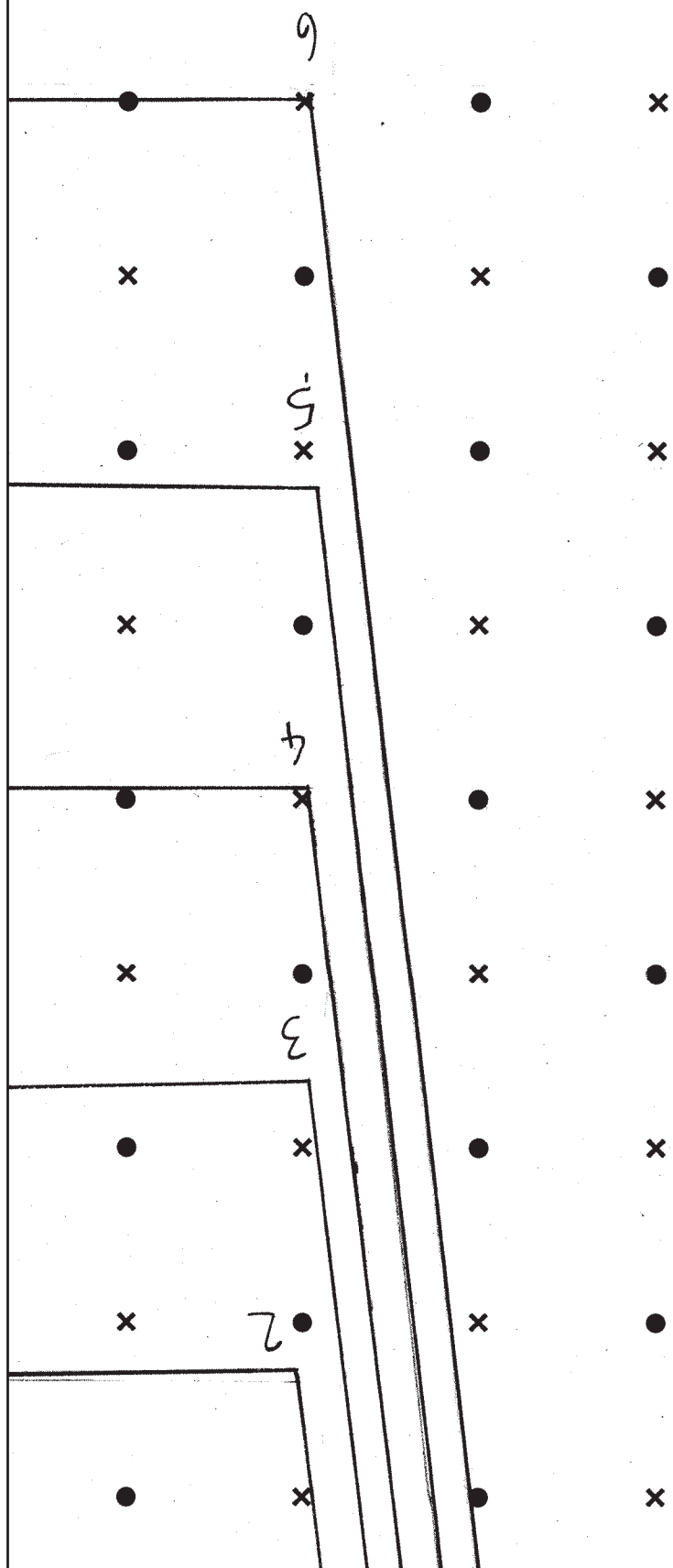
nt bodice



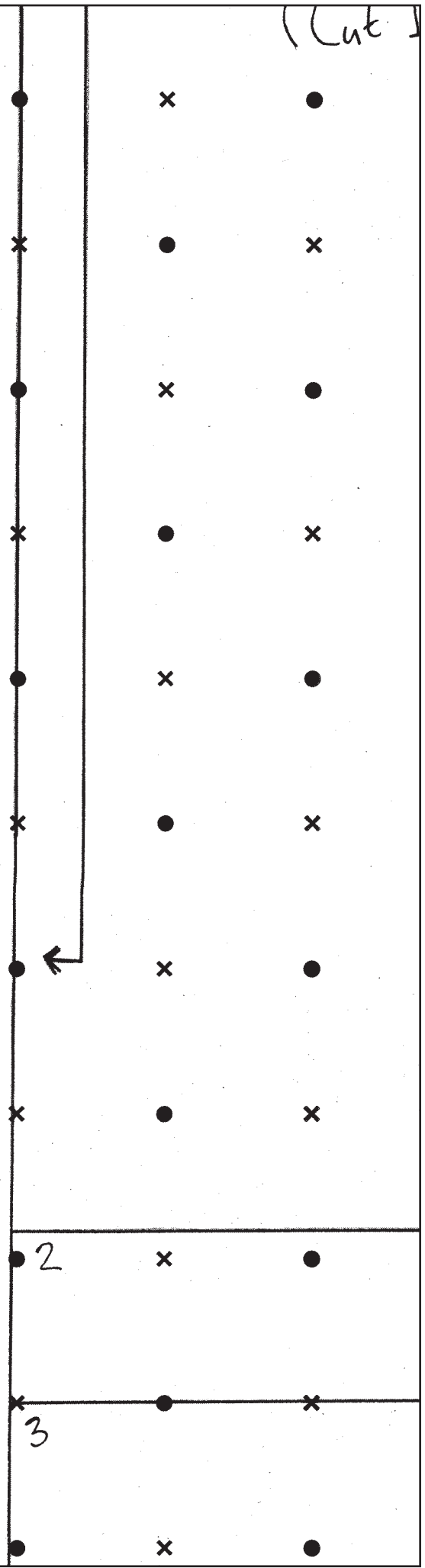
From
(Cu

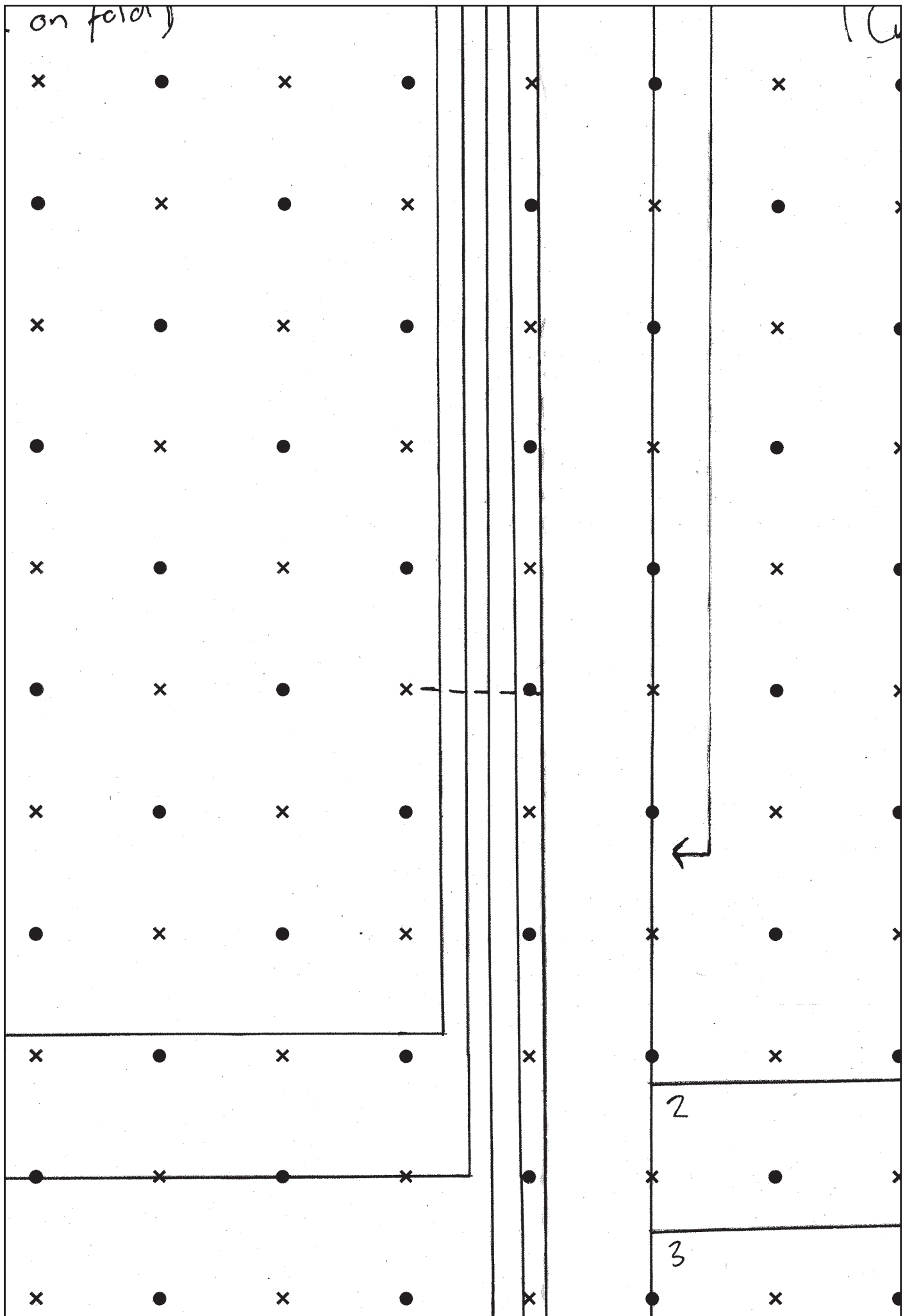




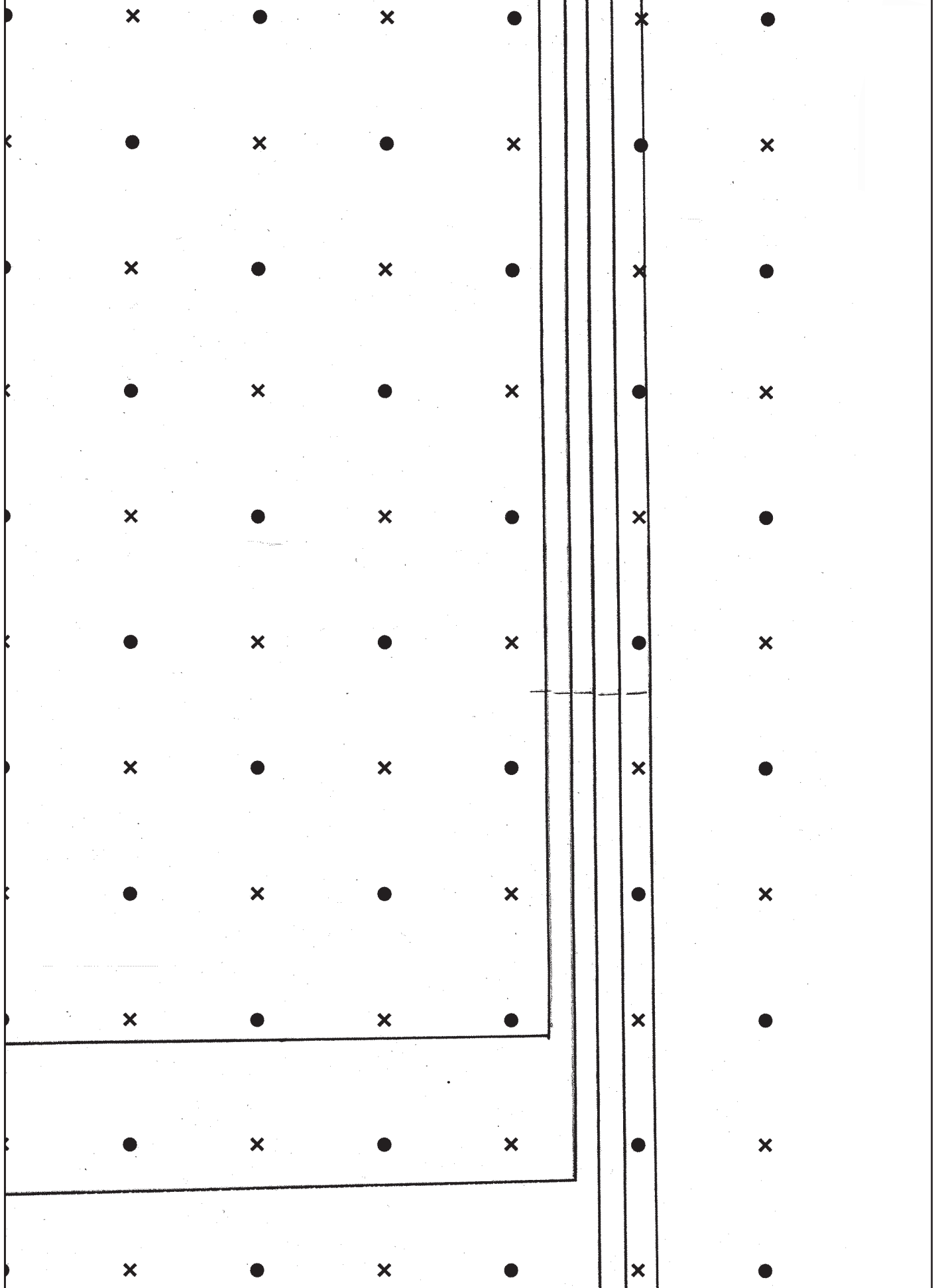


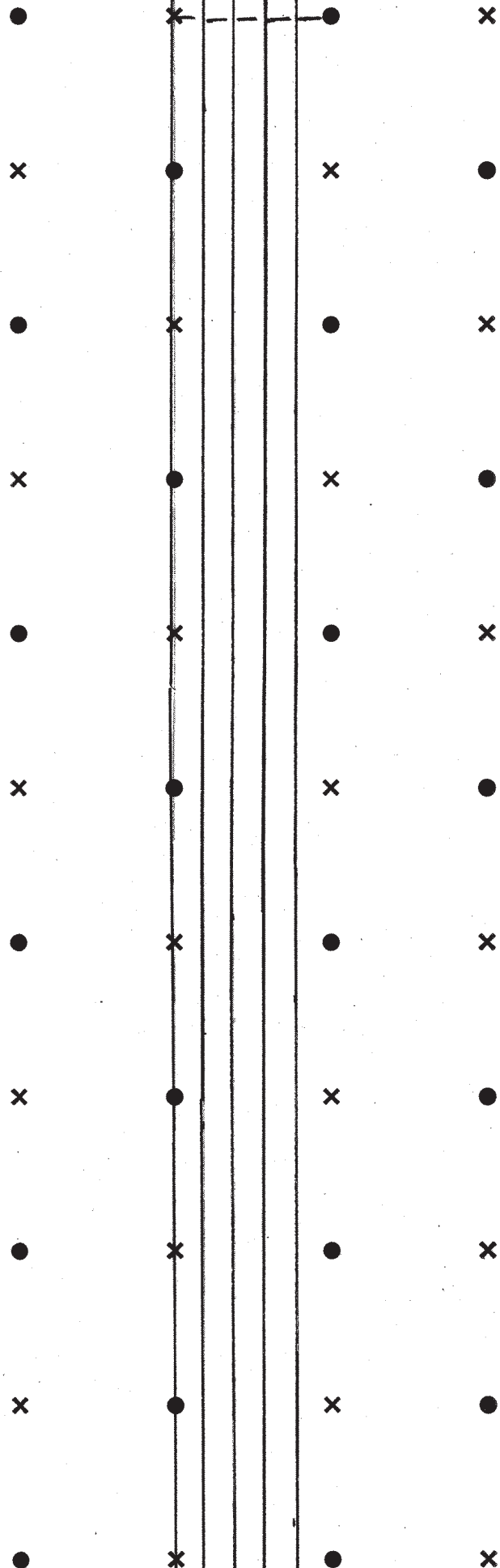
(Cut)

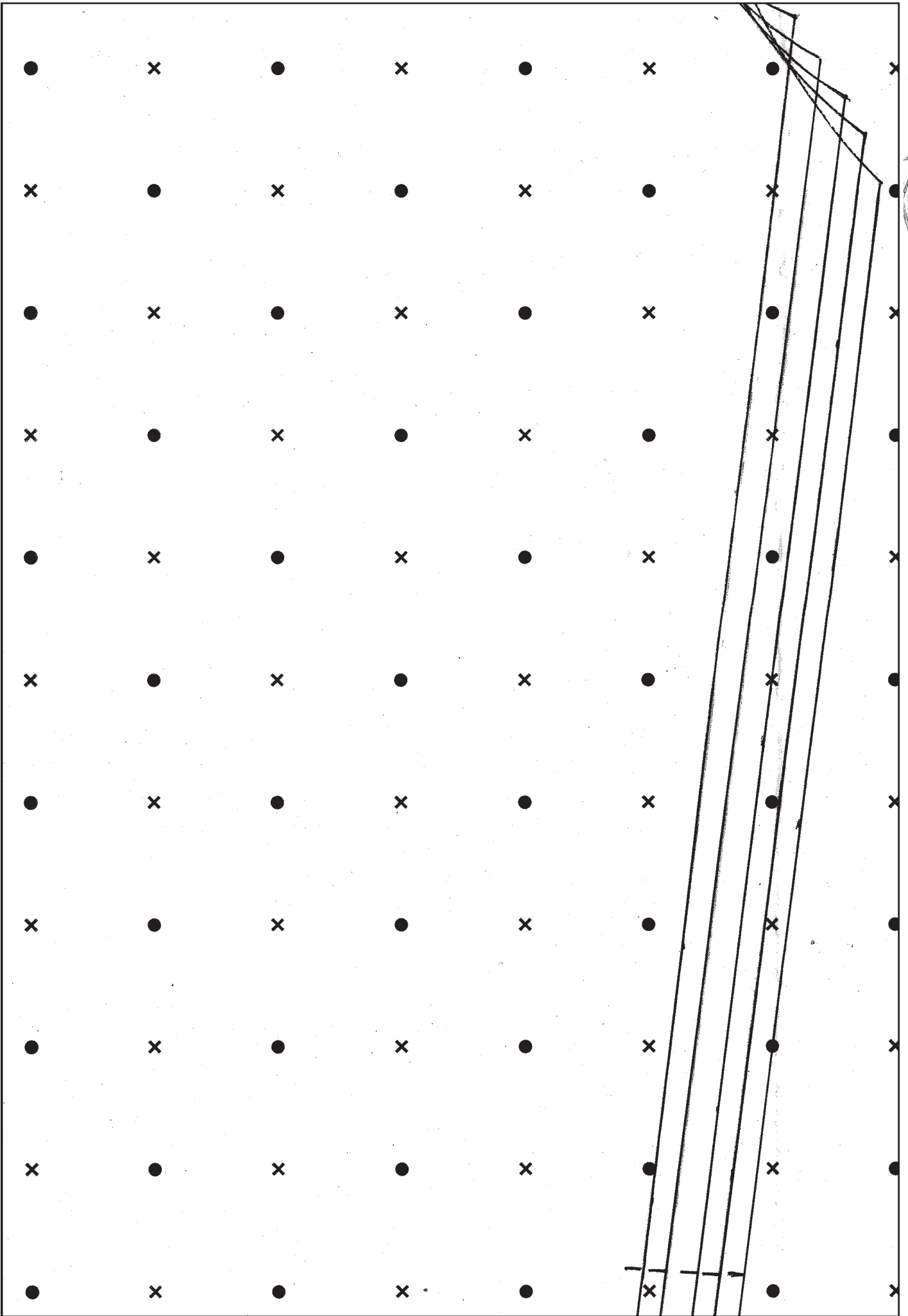


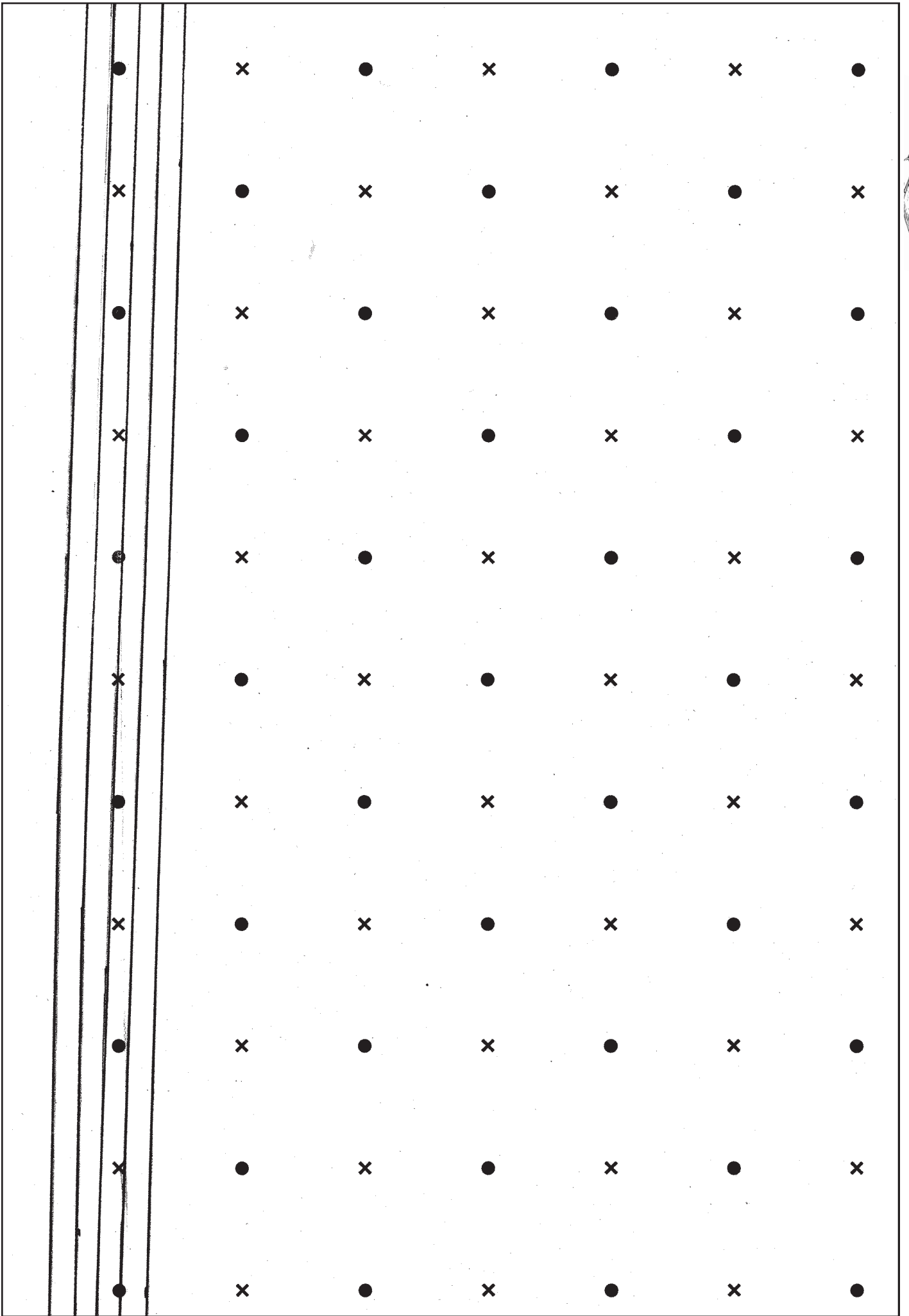


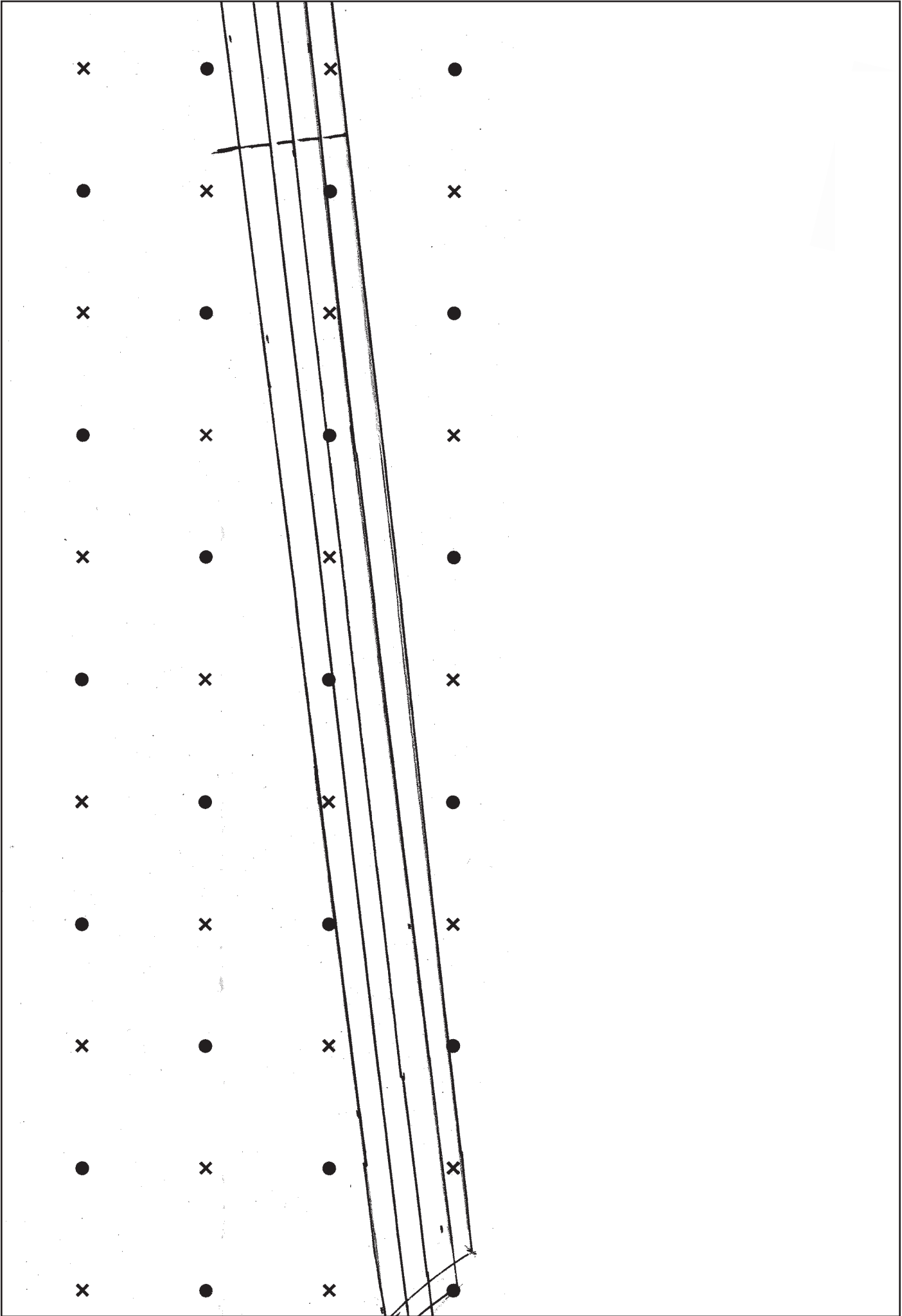
at 1 on fold)

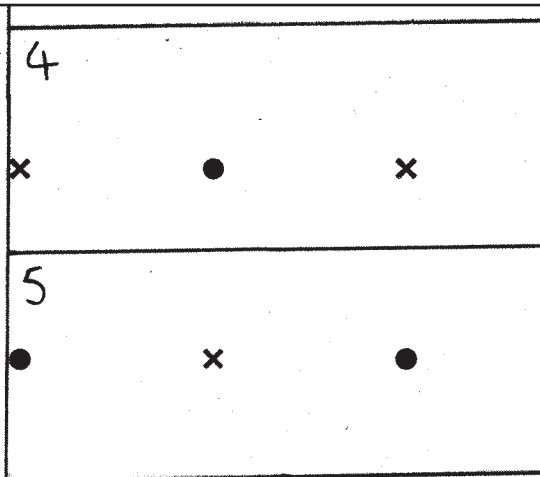










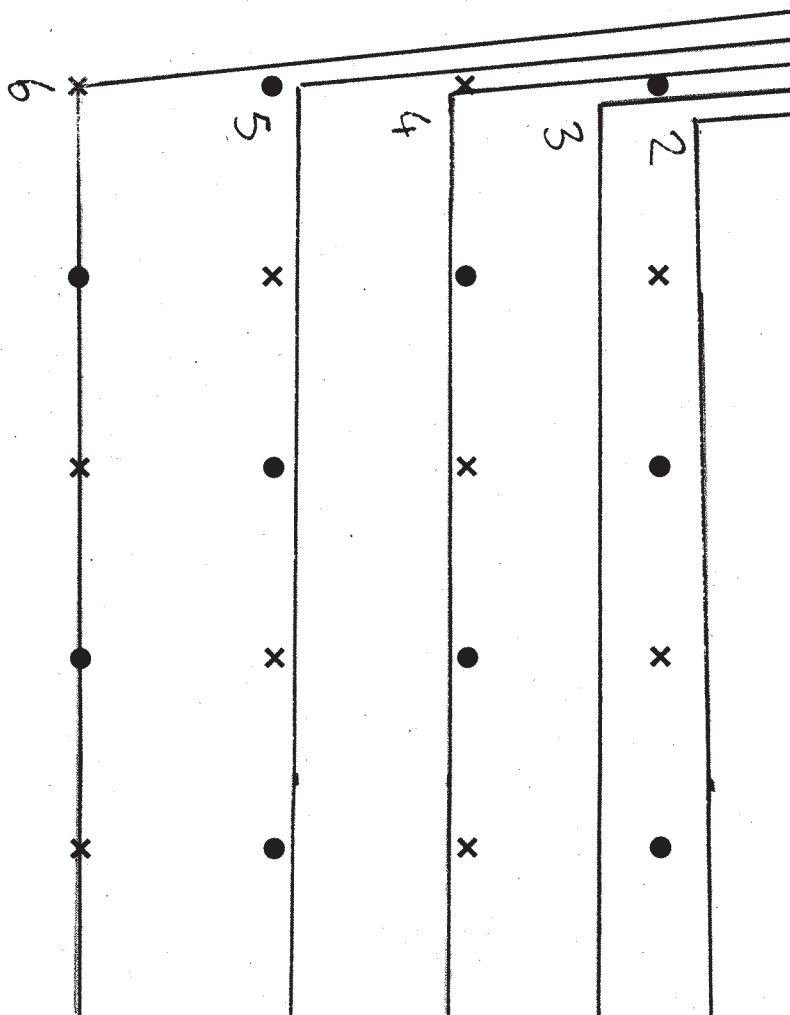


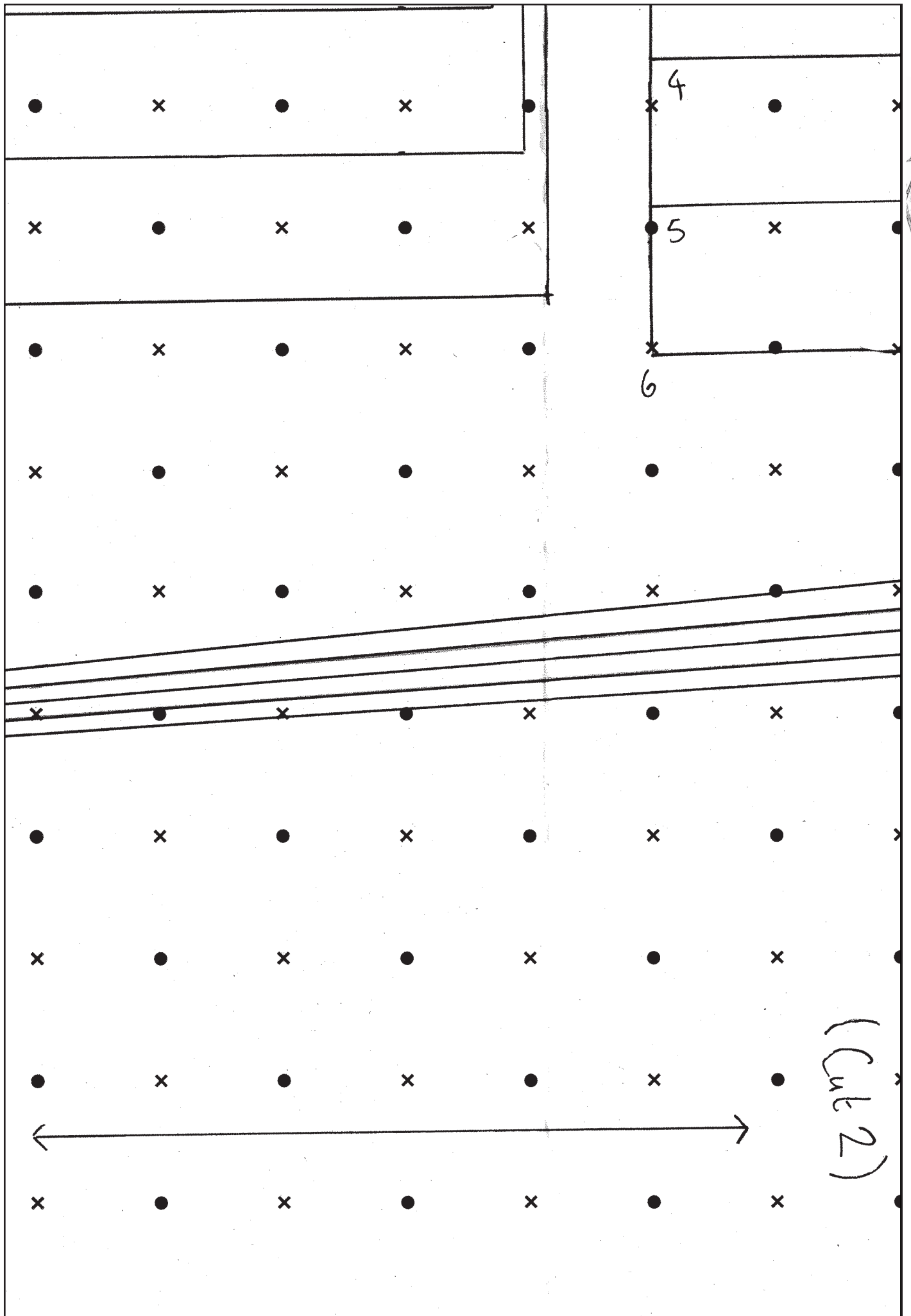
6

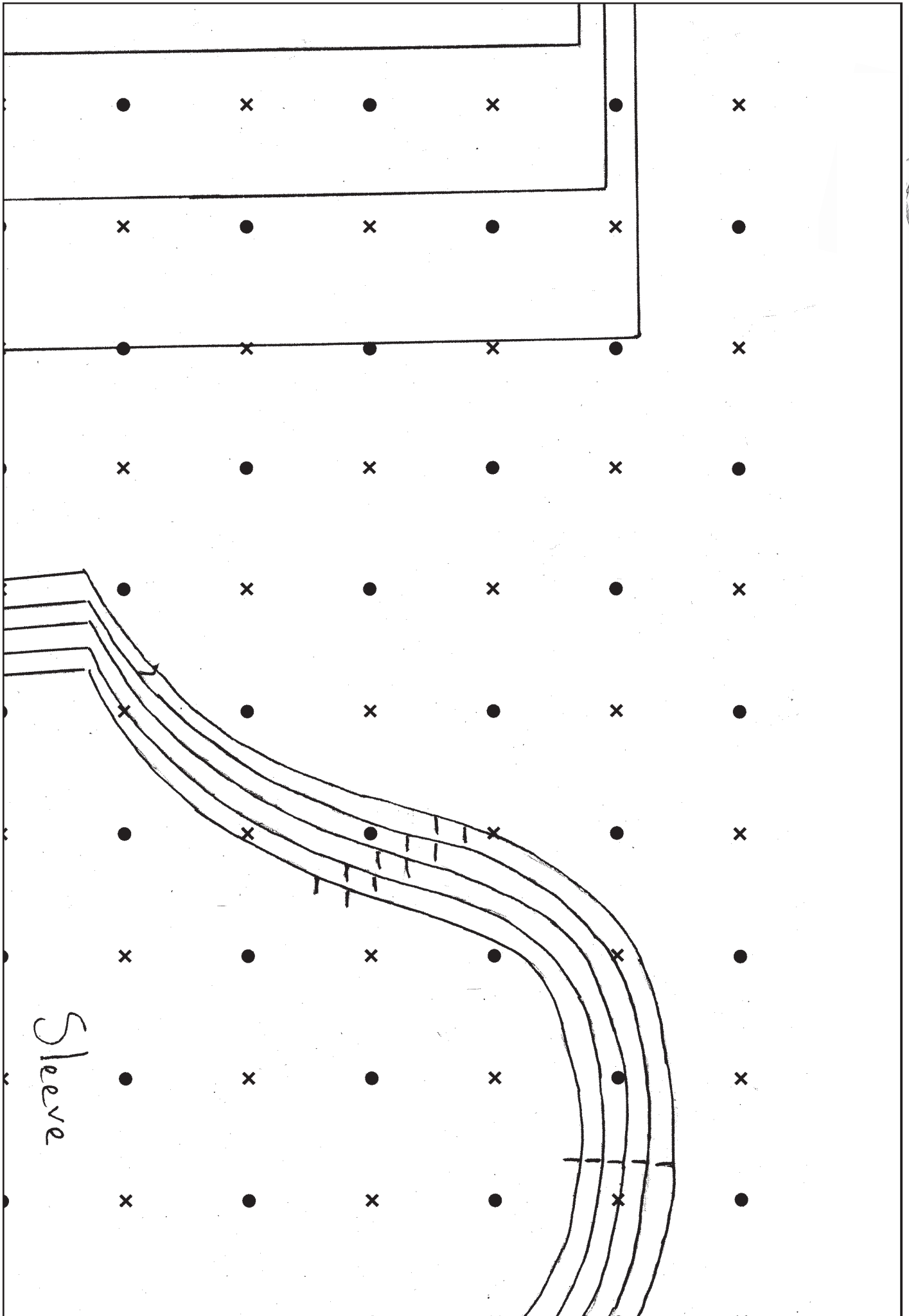
x • x

• x •

• x • x







Sleeve

x

•

x

•

•

x

•

x

x

•

x

•

•

x

•

x

x

•

x

•

•

x

•

x

x

•

x

•

•

x

•

x

x

•

x

•

•

x

•

x

2

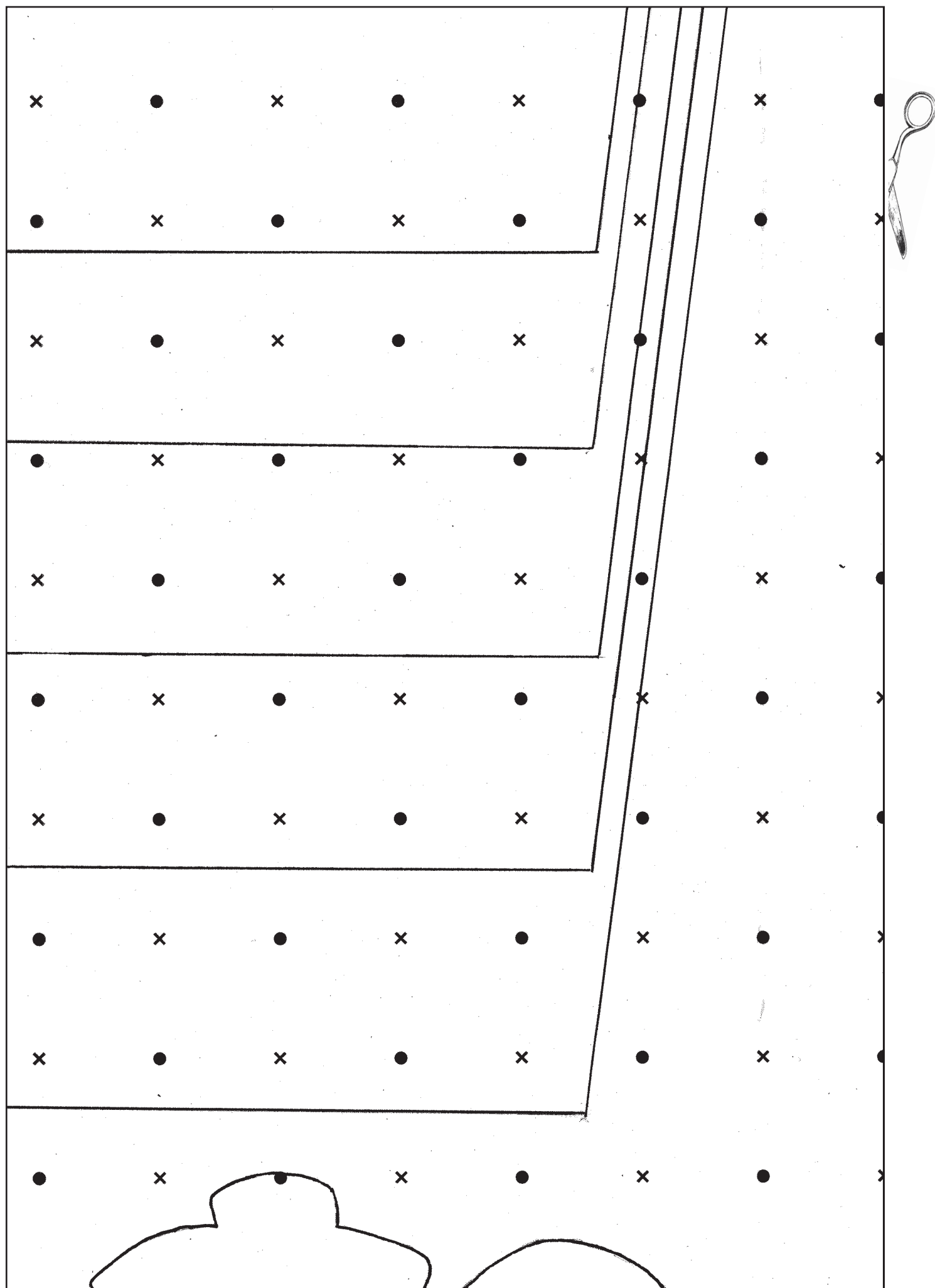
3

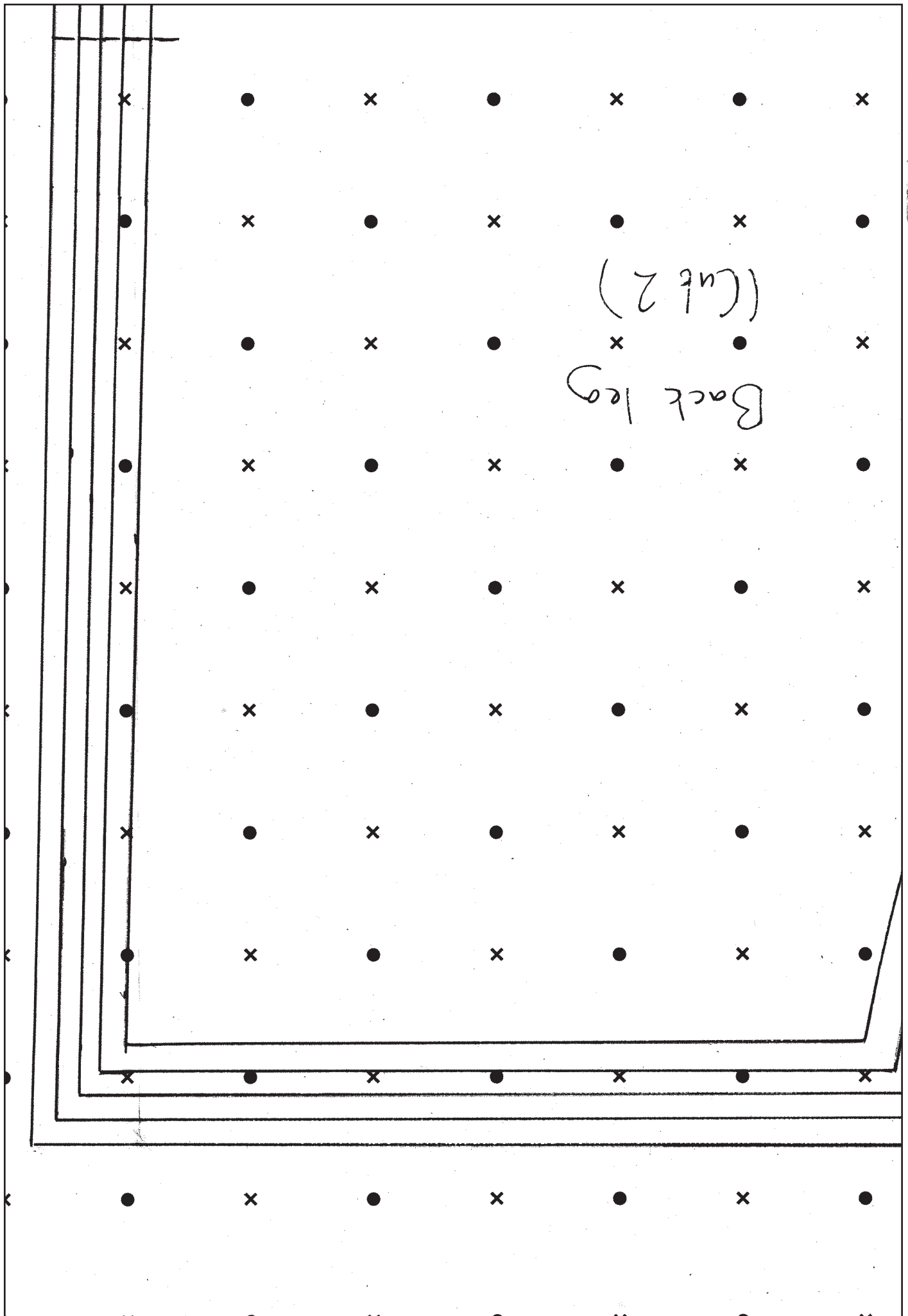
4

5

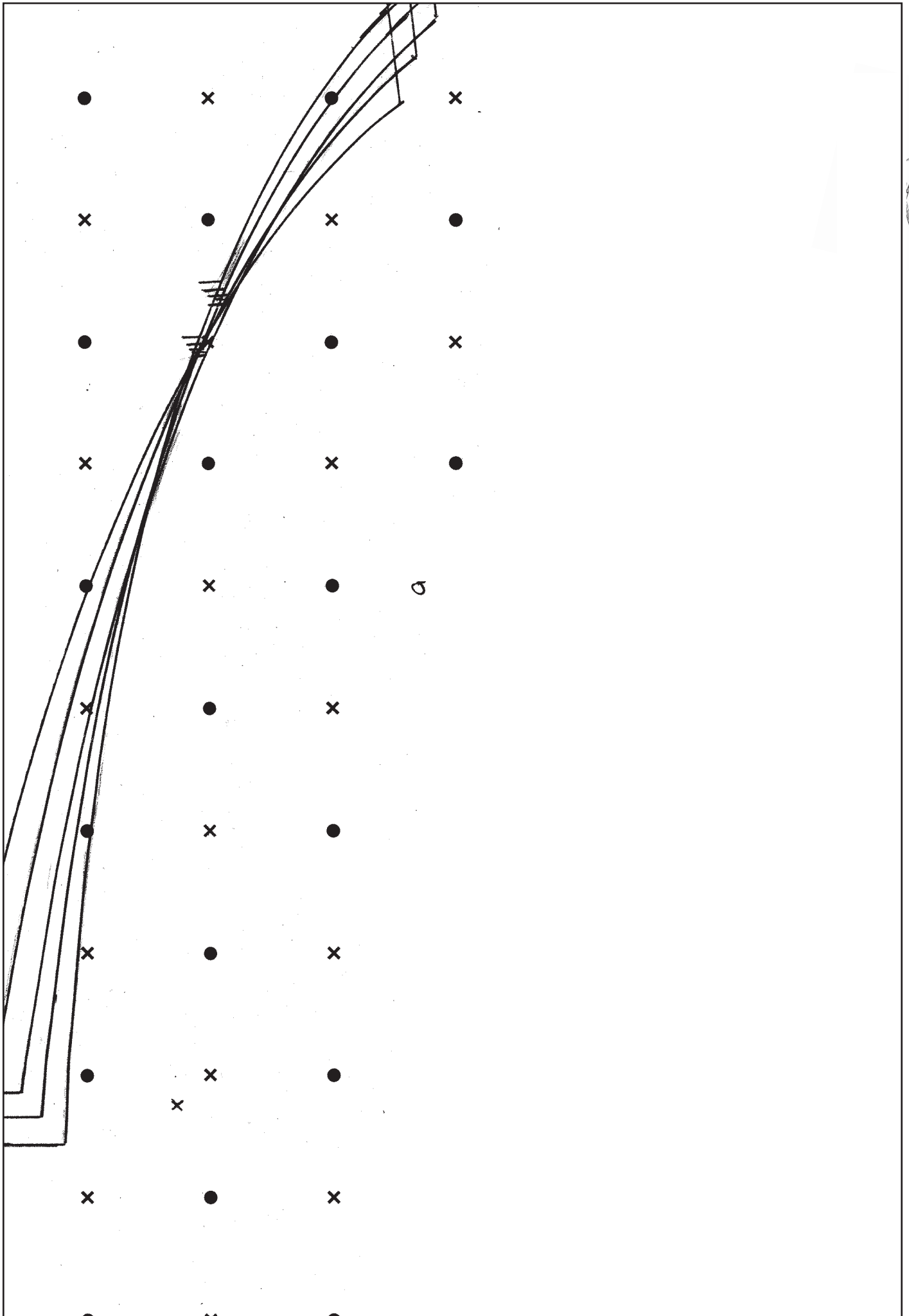
6

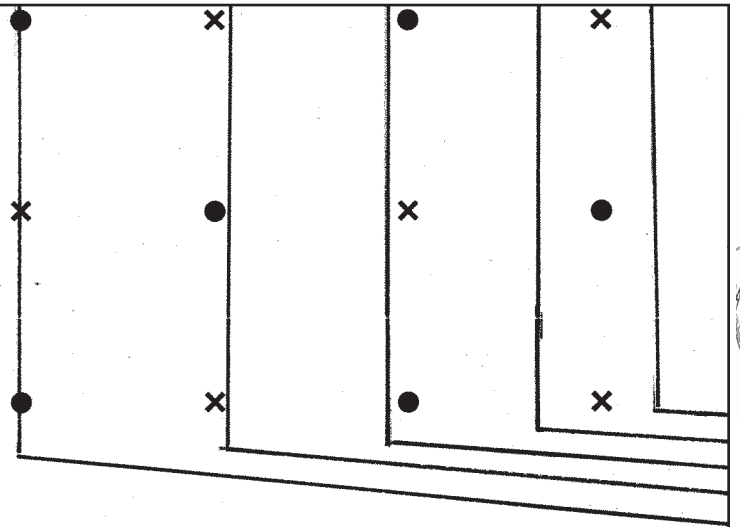






Back leg
(Cut 2)

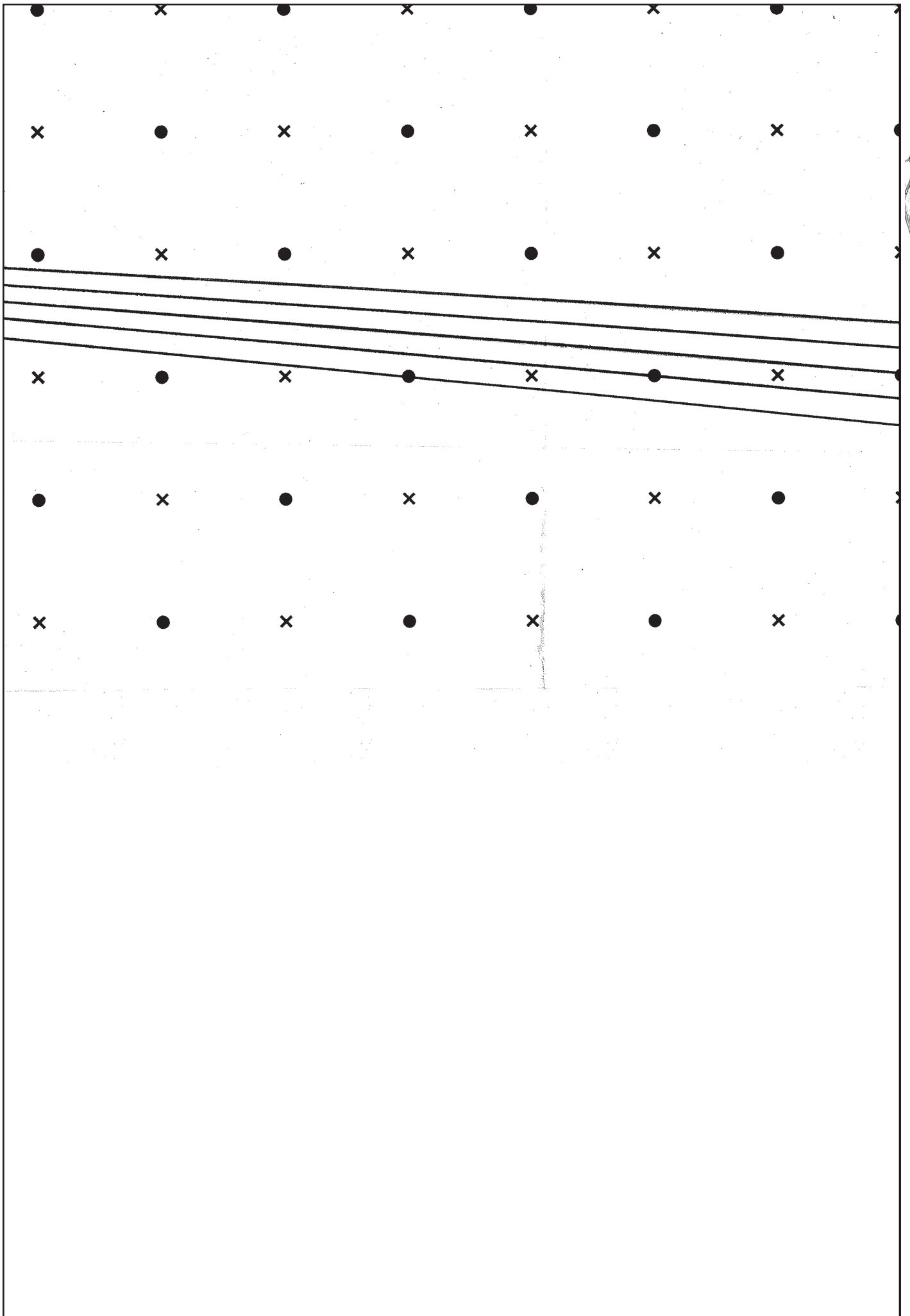


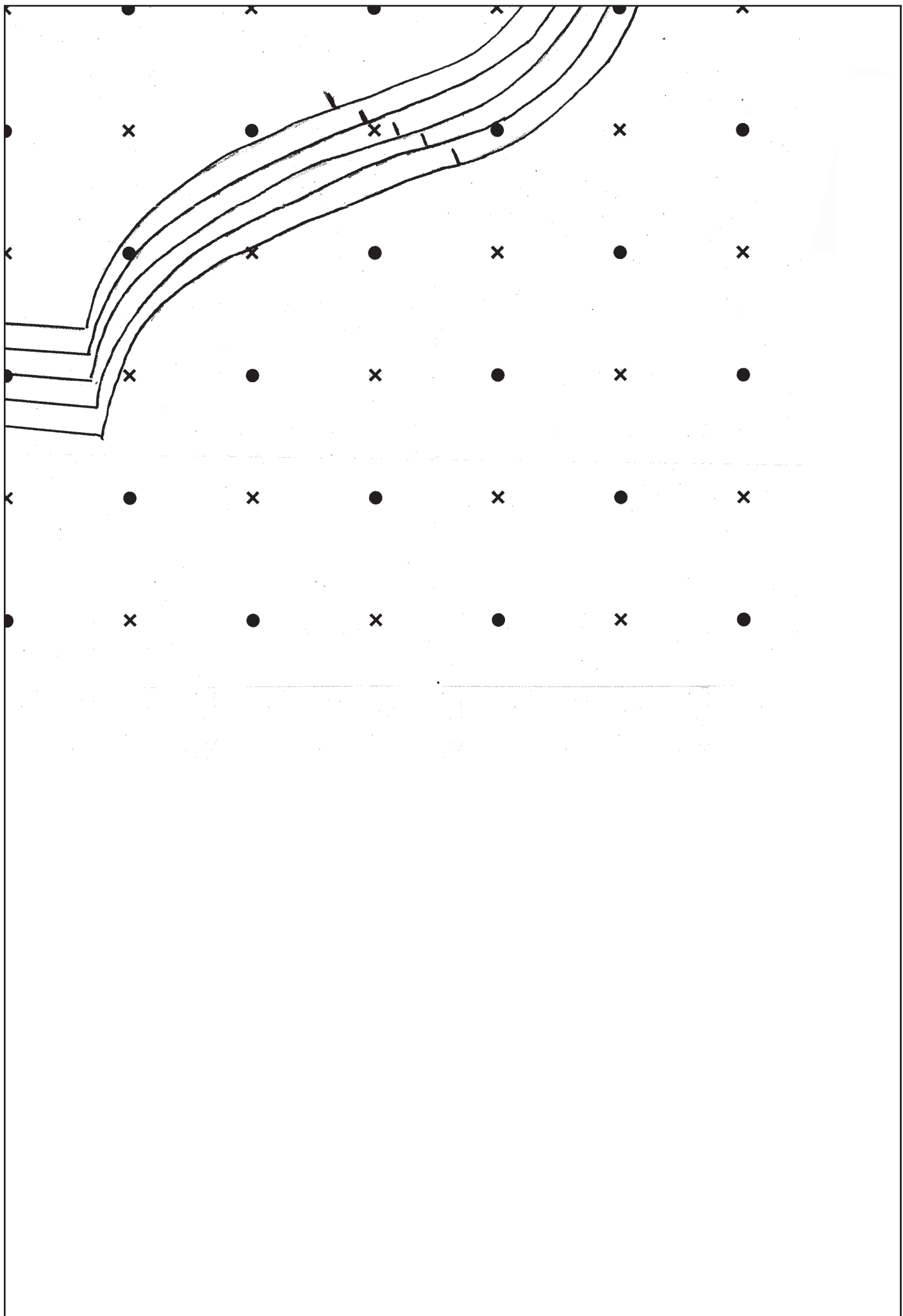


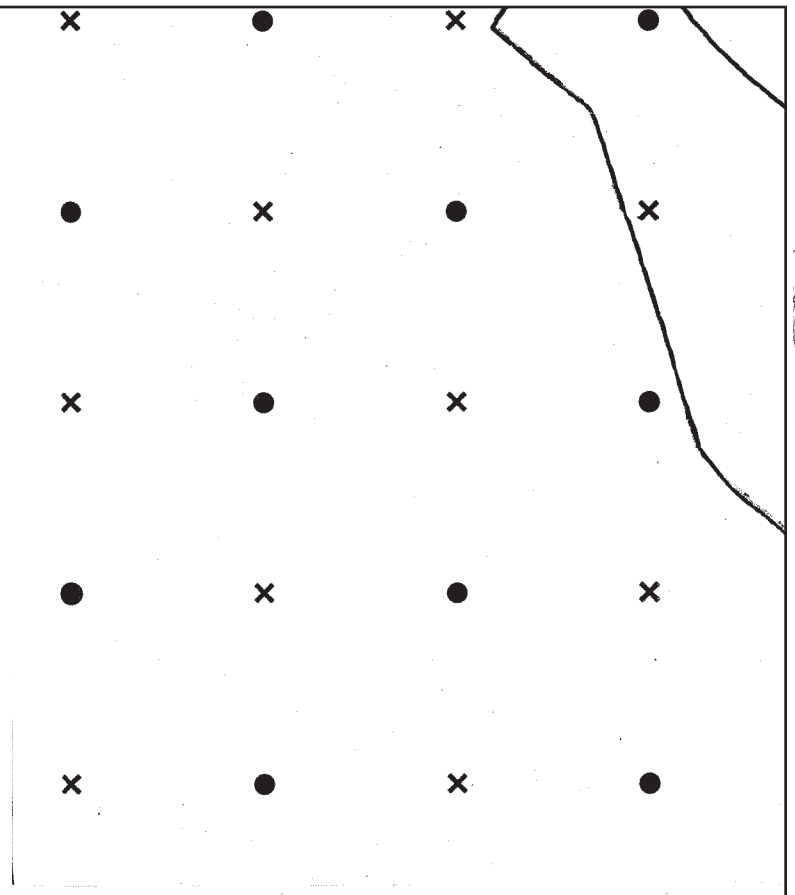
x • x •

• x • x

x • x •







Appliqué motif
(Cut 1)



