



Lillian **DRESS**

With no closures necessary, you can just pop this dress over your head and off you go! Practise sewing simple raglan sleeves, an elasticated neckline and fun patch flap pockets

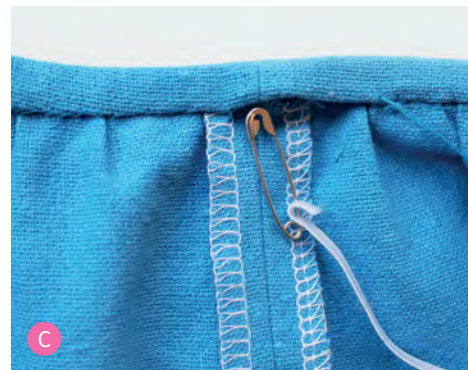
Project **FIONA HESFORD** Sewgirl
Photography **RENATA STONYTE**

Shopping
WE USED



Turquoise linen-cotton
blend, £12 per metre, from
www.backstitch.co.uk

Lillian dress



Skill level ♥

MATERIALS:

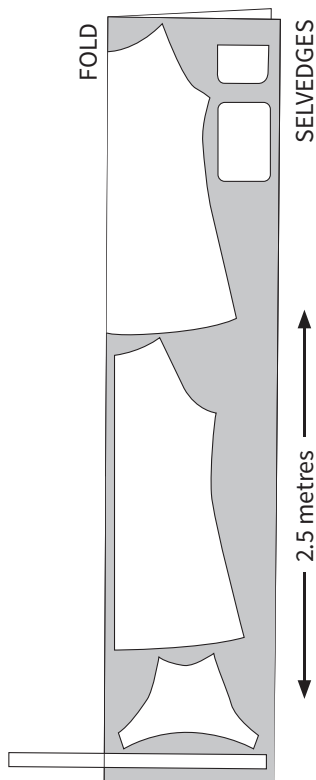
- ♥ 1.5m 150cm-wide medium weight fabric such as linen, cotton or lightweight denim
- ♥ 20x40cm fine cotton lining fabric (I used Liberty Tana lawn)
- ♥ 5mm-wide elastic (S=55cm, M=58cm, L= 61cm)
- ♥ safety pin or bodkin
- ♥ edge-stitching foot (optional)
- ♥ co-ordinating thread
- ♥ templates downloaded from www.lovesewingmag.co.uk

NOTES:

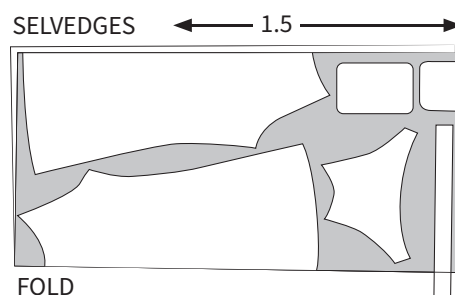
Finish the raw edges with a machine zigzag stitch or over locker
Seam allowance of 1cm is included
Cut notches as specified on the pattern

CUTTING:

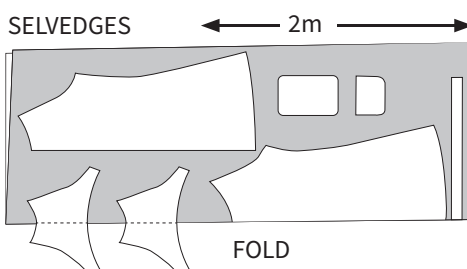
112cm-wide fabric with or without nap



150cm-wide fabric no nap



150cm-wide fabric with nap or directional print



NOTE: In lining fabric cut two pocket flap pieces.

SIZING:

	Small (8-10)	Medium (12-14)	Large (16-18)
Bust	82-86cm	91-96cm	100-106cm
Waist	65-69cm	74-79cm	84-89cm
Hip	90-94cm	99-104cm	109-114cm
Finished dress length	94cm	95.5cm	97cm

How to make:

- 1 Sew the back pieces RST. Finish the raw edges and press the seam open.
- 2 Pin a sleeve to back armhole RST, matching the notches. Sew a 1cm seam then finish the raw edge. Press the seam allowance towards sleeve. Repeat by sewing the other sleeve to its back armhole.
- 3 Pin the sleeve to its corresponding front piece at armhole edge, matching the single notches RST. Sew a 1cm seam

allowance then finish the edges as before. Finish the sleeves' raw lower edges.

- 4 Sew the neckband together at short sides to form a 'ring'. Press seam open, fold over and press 1cm at one raw edge all around.
- 5 Sew a line of long basting stitches 1cm from neckline edge all around. Pull the threads to gather all around to match the neckband. (See Pic A.)
- 6 Pin the unfolded edge of the neckband to the neckline, ensuring the gathering is evenly



distributed. Tack-stitch by hand. Sew a 1cm seam all around. (See Pic B.)

7 Trim seam allowance at neckline to 5mm. Fold neckband over to match previous stitching and pin to hold. Hand slip-stitch all around, making sure the stitches are not visible on the RS leaving a small opening for inserting the elastic.

8 Insert the elastic through opening using a safety pin. Sew ends together. Stitch up the opening. (See Pic C.)

9 Join the front to the back at the side seams, finish the raw edges and press the seam open.

10 Sew a single fold 1cm hem at lower edge of sleeves and sew a single fold hem on the lower edge of the dress at your preferred length.

11 Join the pocket flap to the lining RST at the top edges, leaving an opening as indicated on the template. Press the seam. Repeat for other pocket.

12 Join the assembled lining-flap piece with the outer pocket RST using a 1cm seam then notch the curved seam allowances.

13 Turn the pocket inside out through the opening you left in Step 11. Push out all edges and press, ensuring that the lining is not visible on the RS. Stitch the opening closed by hand.

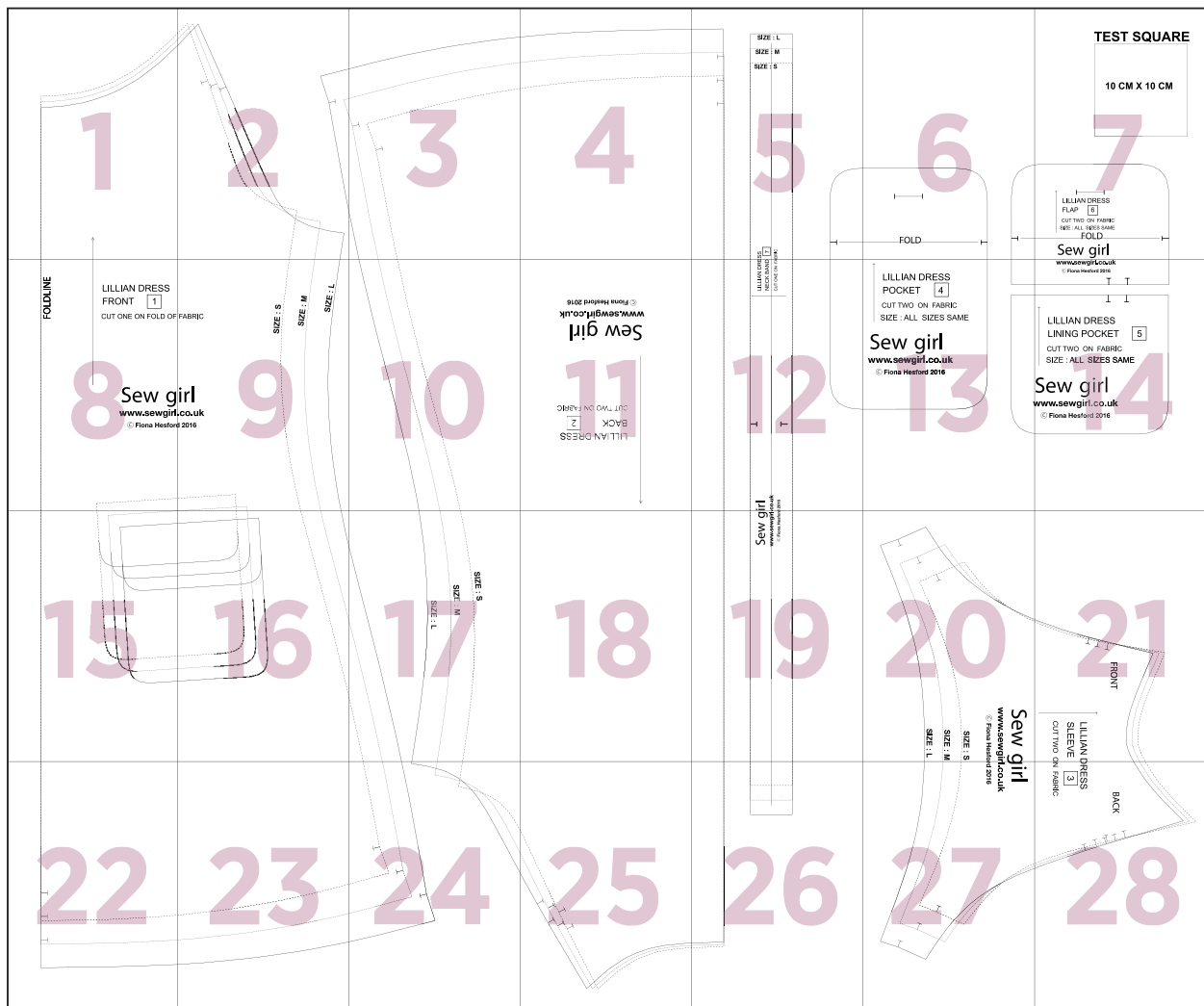
14 Pin the pocket to the front of the dress in position as shown on the pattern. Tack-stitch around three sides below the flap fold line each side. Sew around the pocket 3mm from edge, reinforcing the stitching at each far end. Remove tacking. Press fold over. Sew on a button at the centre of the flap (or make a buttonhole at each pocket if desired). Voila!

Top tip!

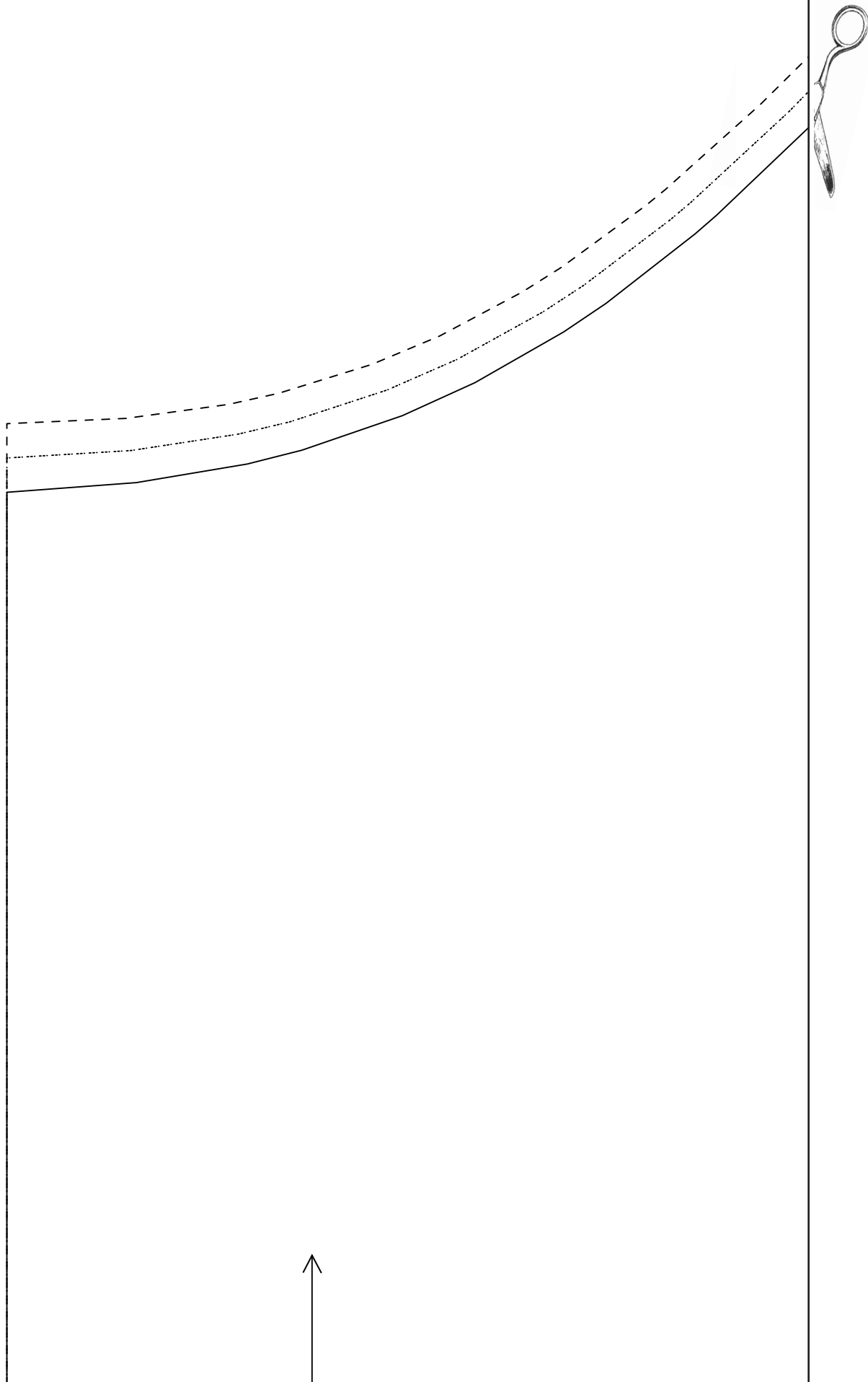
Using an edge-stitching foot will help you keep an even distance when top-stitching the pocket!



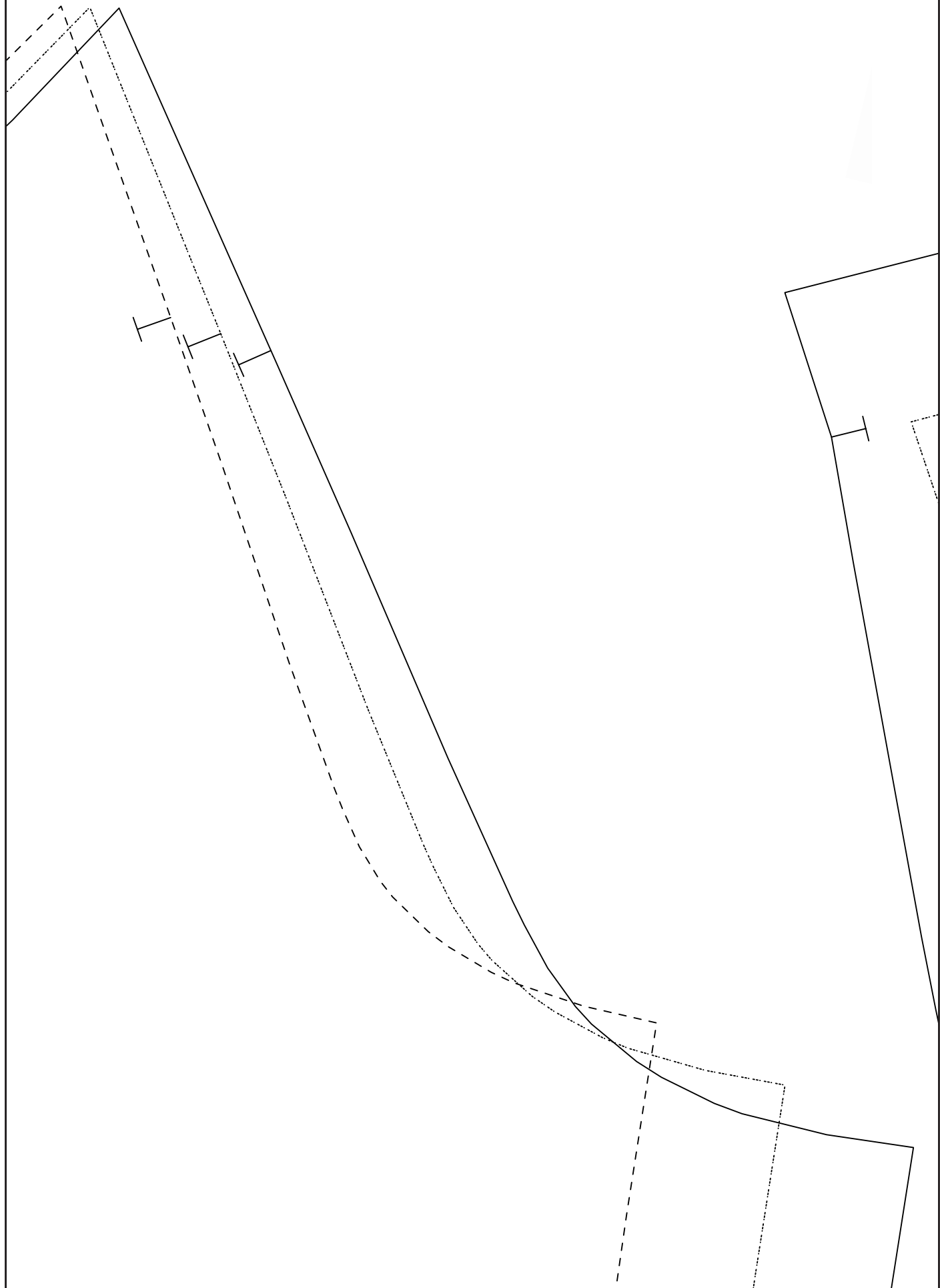
LILLIAN DRESS



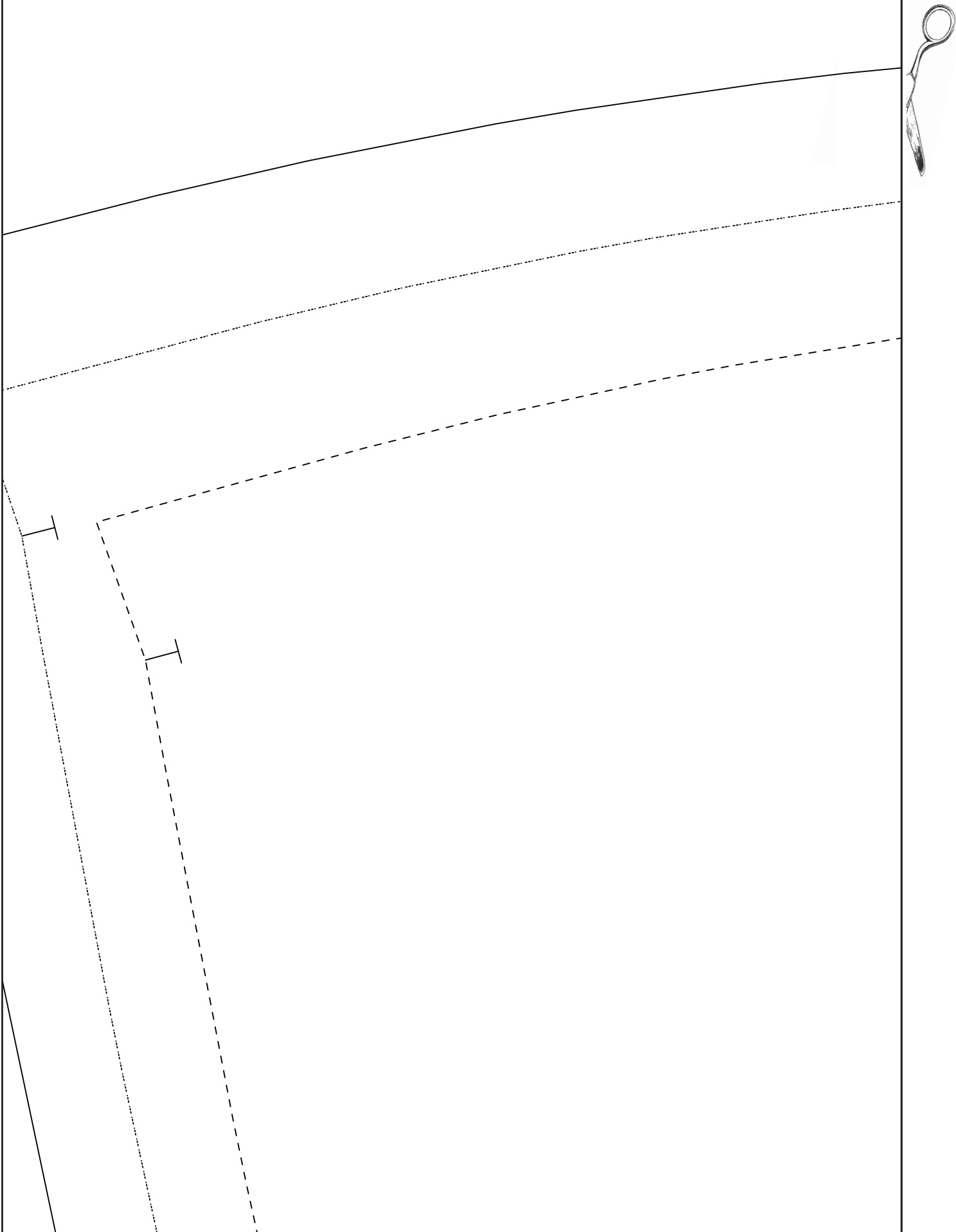
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2



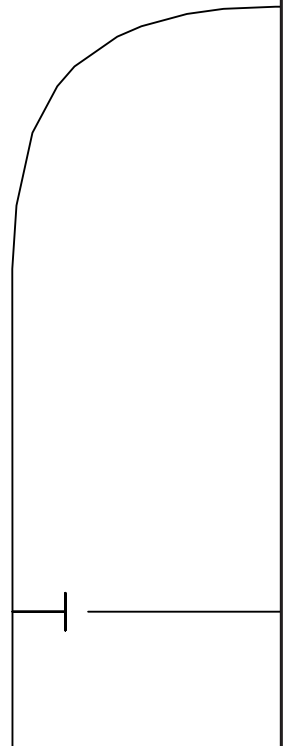
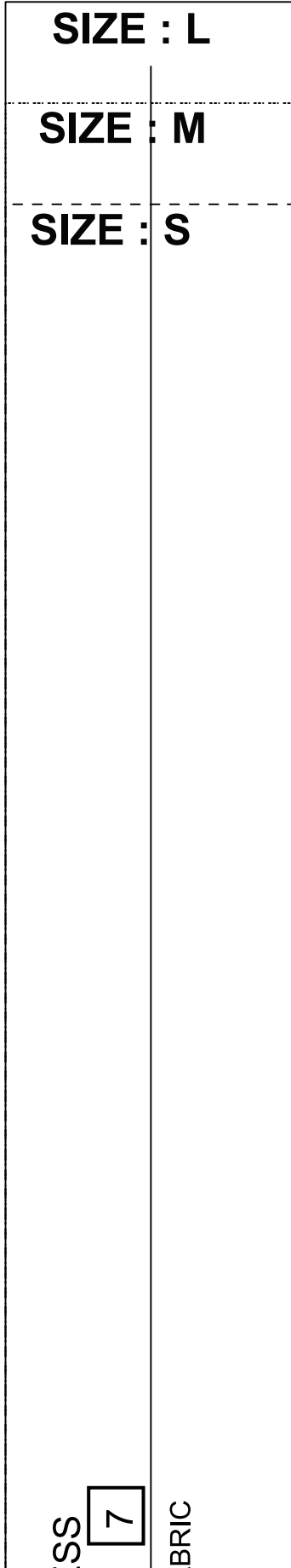
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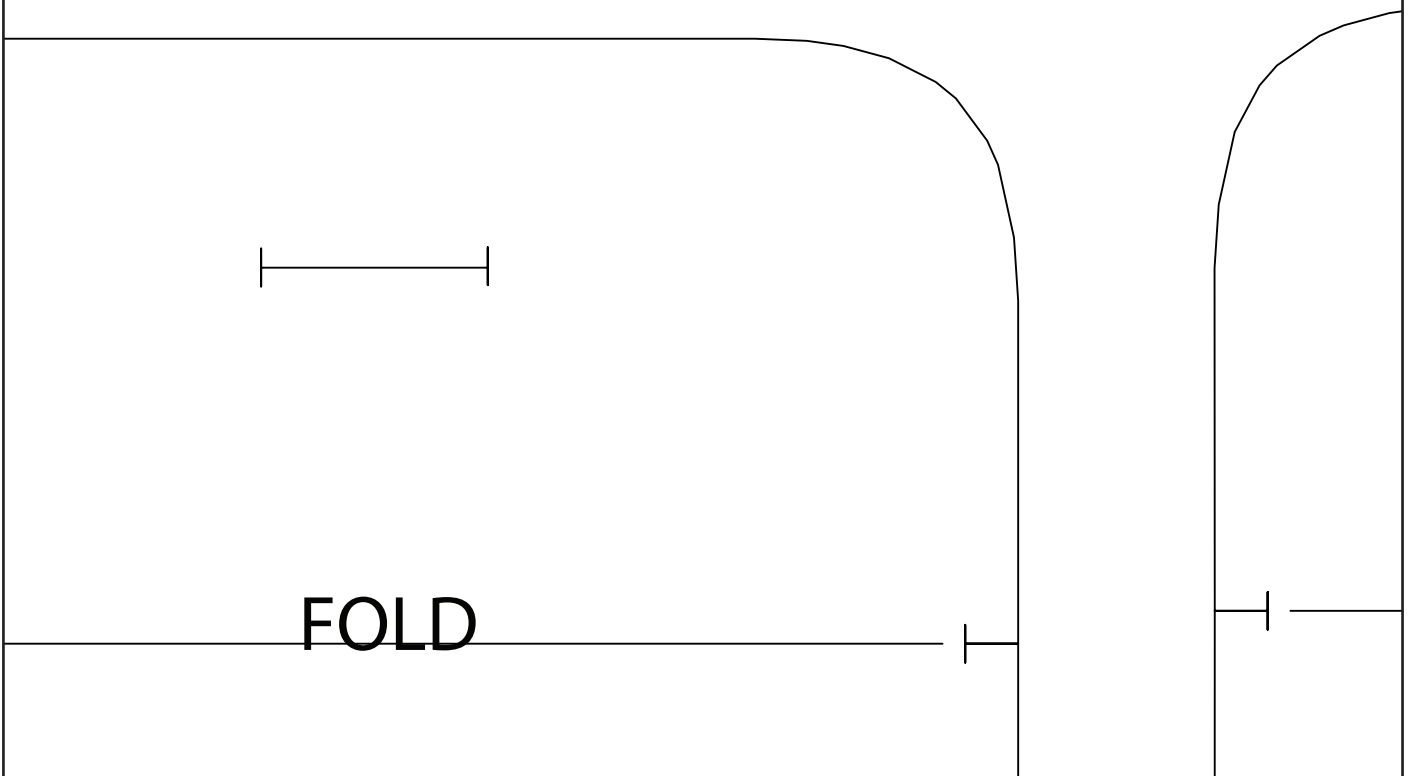
4



5



6



TEST SQUARE

10 CM X 10 CM

LILLIAN DRESS
FLAP 6
CUT TWO ON FABRIC
SIZE : ALL SIZES SAME
FOLD

Sew girl

FOLDLINE

LILLIAN DRESS

FRONT

1

CUT ONE ON FOLD OF



Sew girl

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9

FABRIC

SIZE : S

SIZE : M

SIZE : L



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10



Sew girl

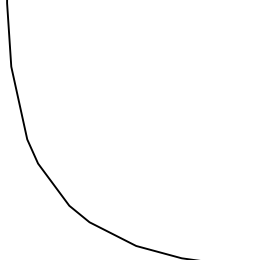
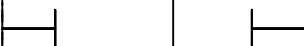
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LILLIAN DRESS
BACK
2
CUT TWO ON FABRIC



LILLIAN DRESS
NECK BAND
CUT ONE ON FA



13

LILLIAN DRESS POCKET

4

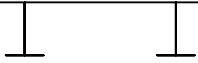
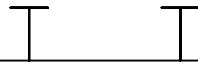
CUT TWO ON FABRIC

SIZE : ALL SIZES SAME

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LILLIAN DRESS
LINING POCKET

5

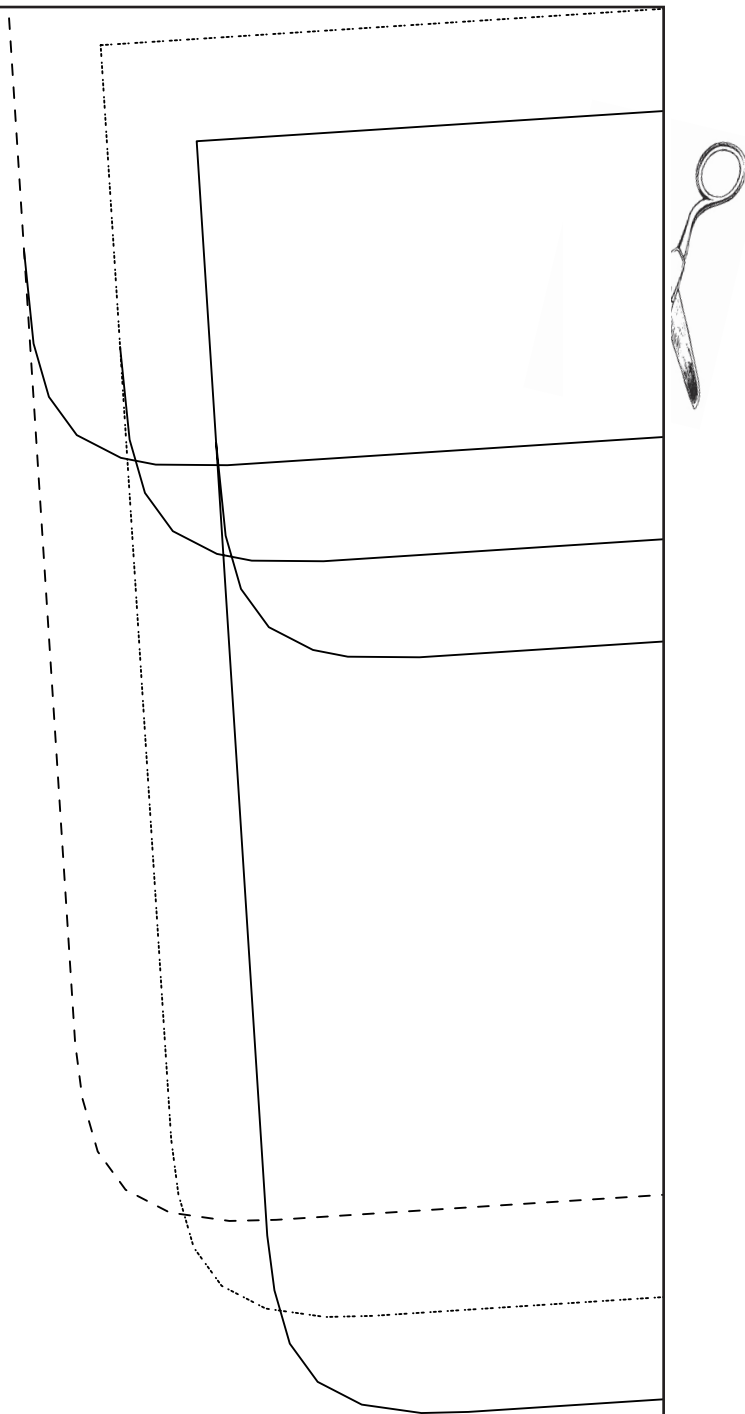
CUT TWO ON FABRIC
SIZE : ALL SIZES SAME

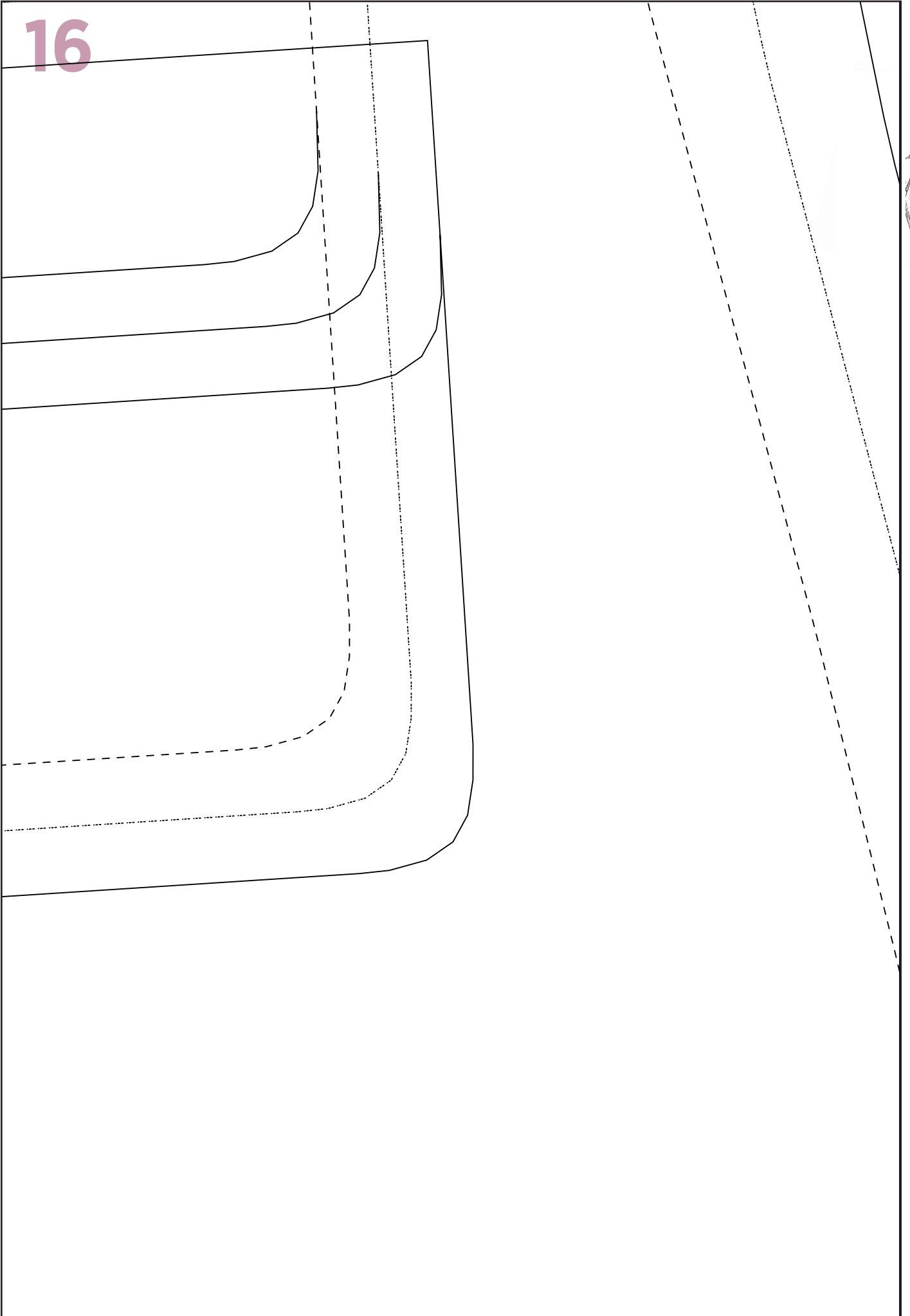
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SIZE : S

SIZE : M

SIZE : L

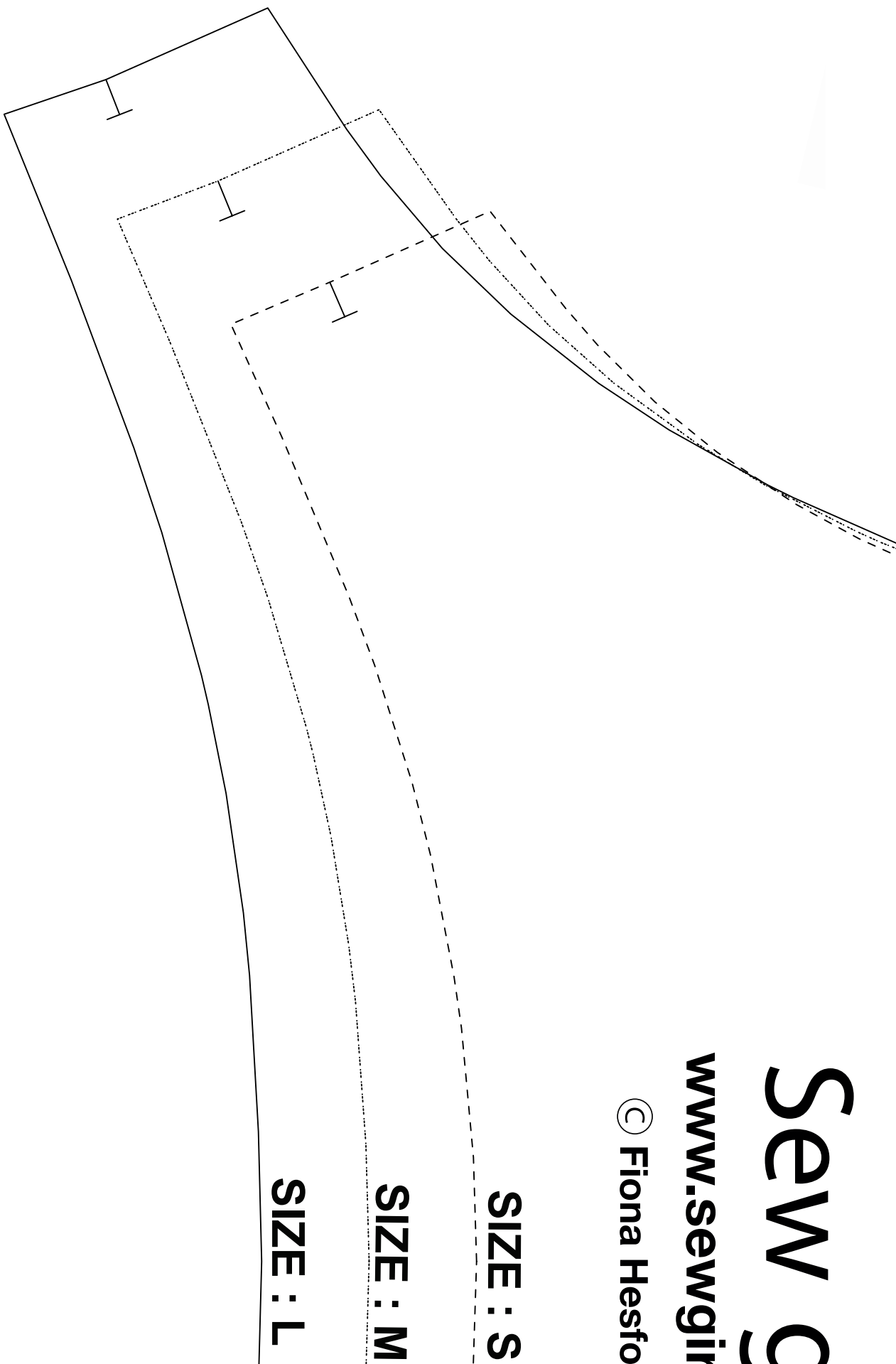


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SIZE : S

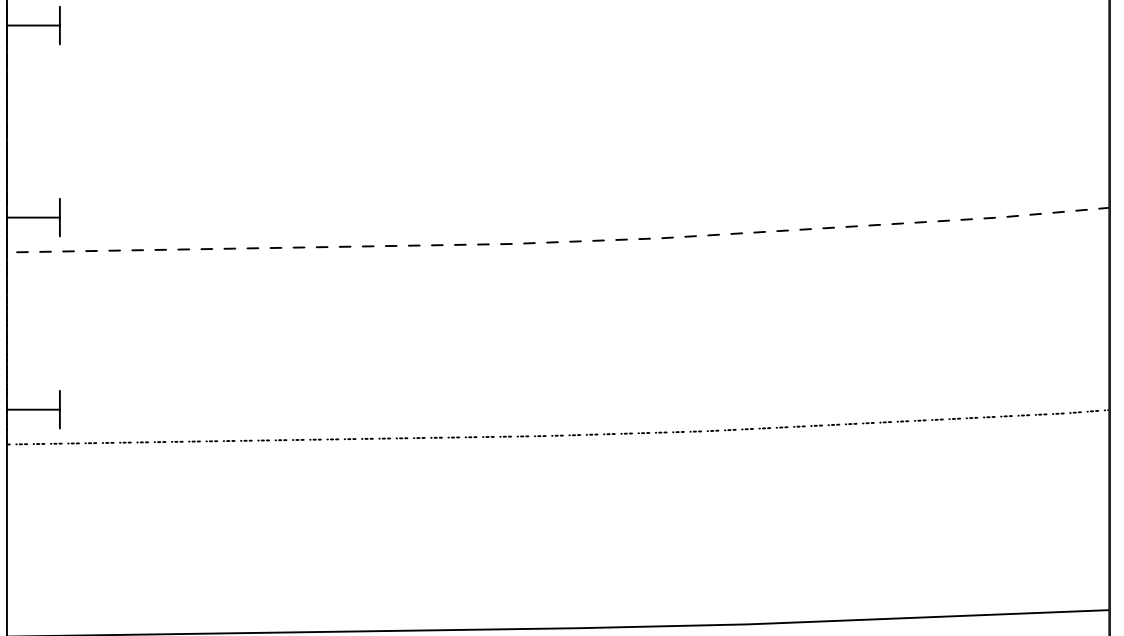
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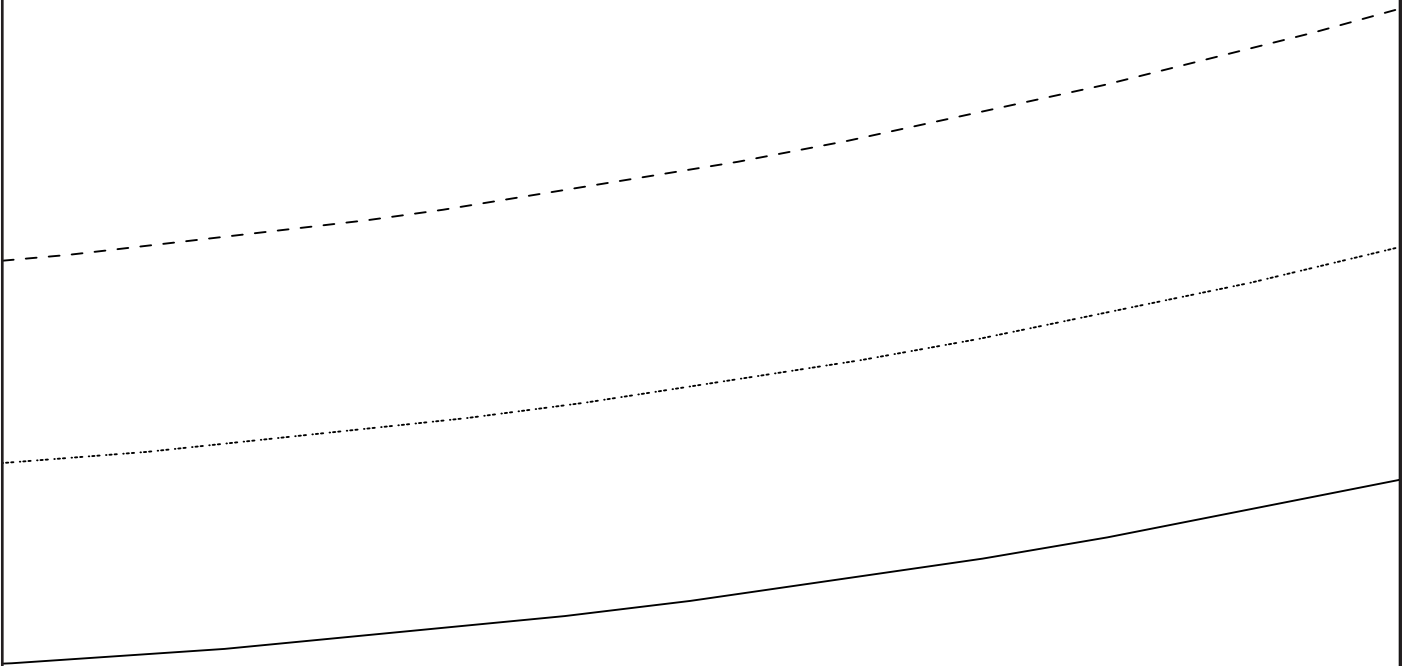
SIZE : L



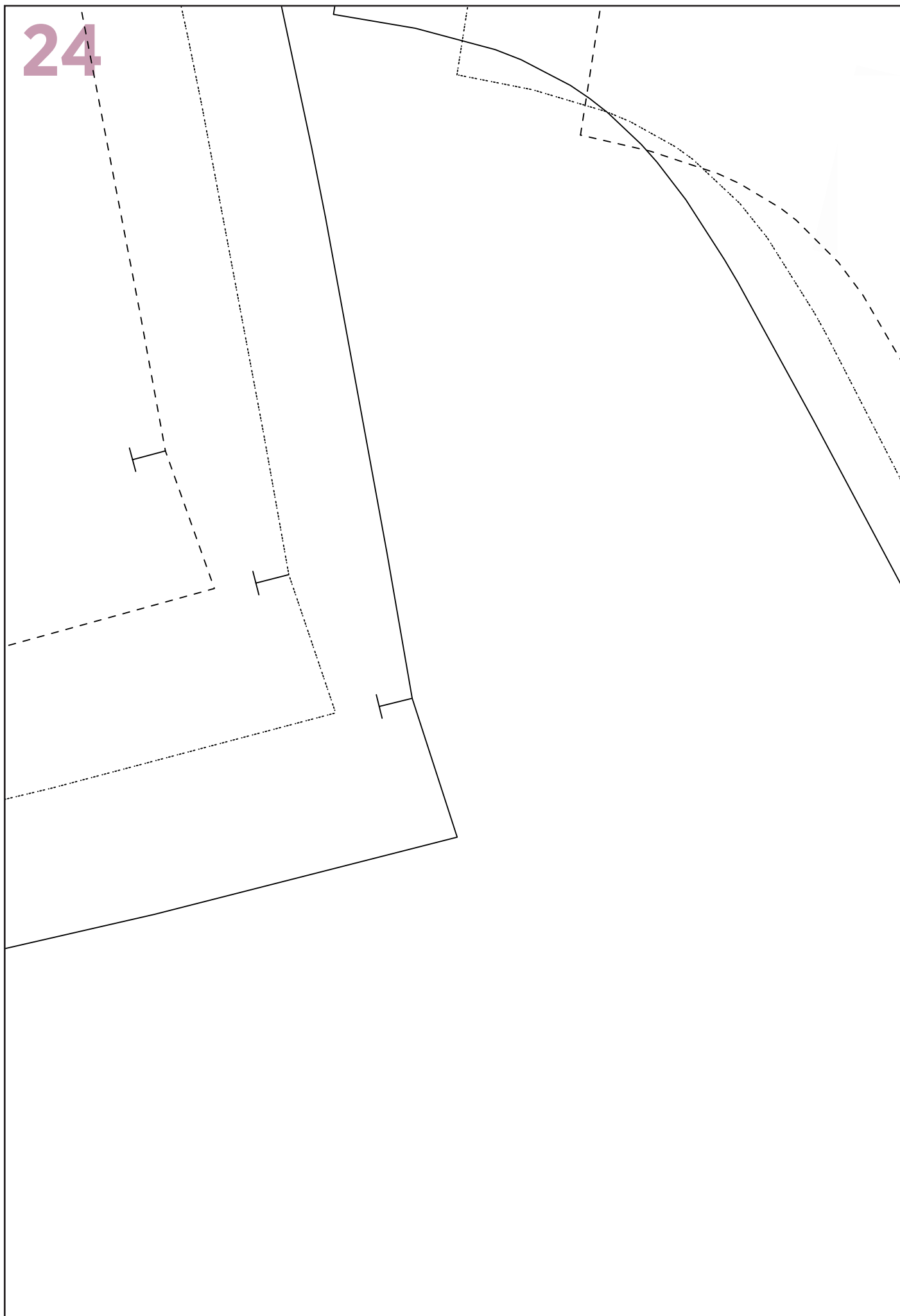
FRONT

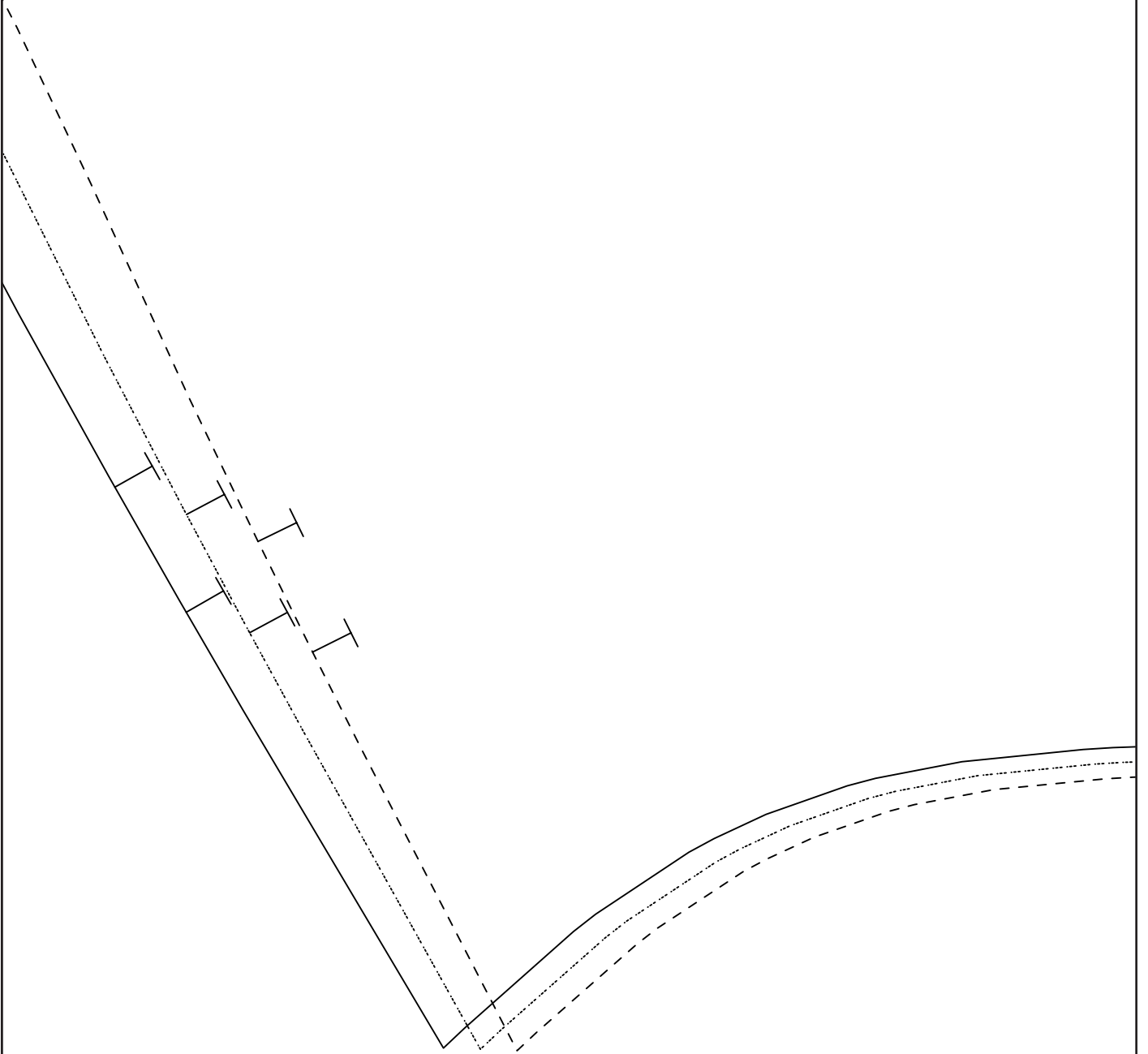
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CUT TWO O



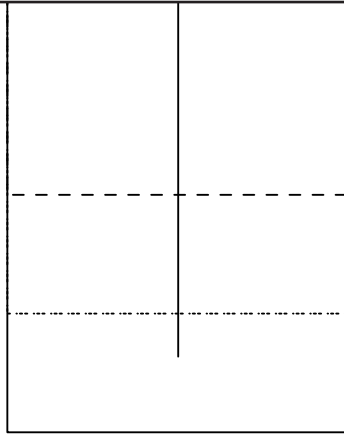


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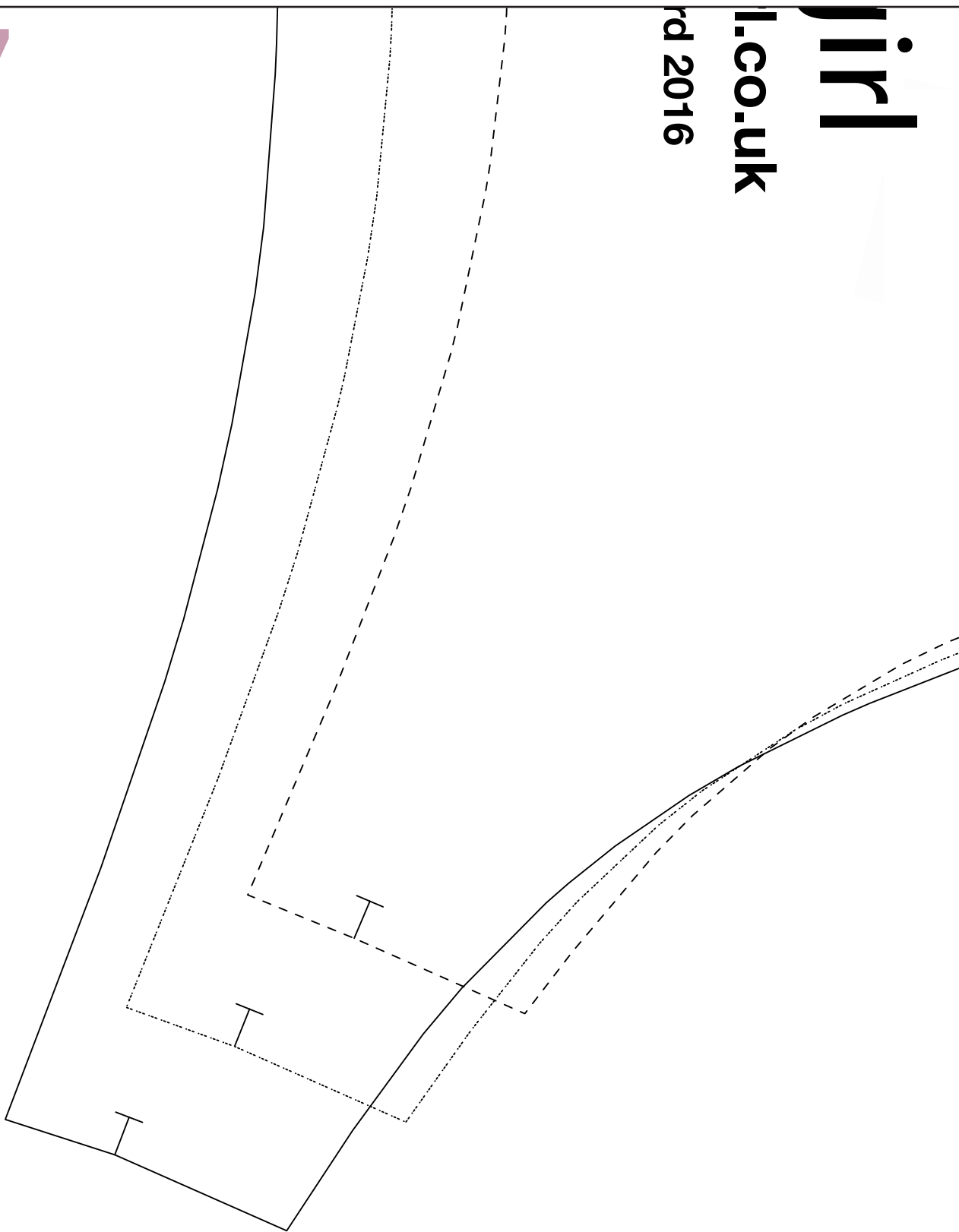




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BACK

DRESS

3

N FABRIC

28