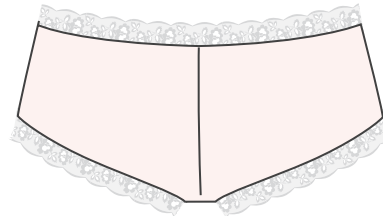
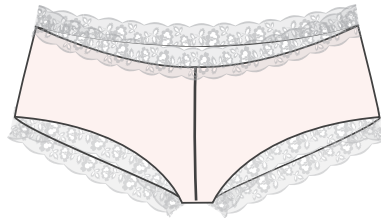


CLOTH
HABIT

LADYSHORTS

UNDERWEAR PATTERN

No. 1001



DESCRIPTION

Frou-frou meets everyday comfort in these easy-to-make lace boyshorts that sit at the hips. The legs and waist are trimmed with elastic lace for softness. These are designed for lightweight stretch lace with or without spandex (lycra), with 60-70% stretch. You can also try stretch mesh or your favorite jersey. (Tips on stretch fabrics included!)

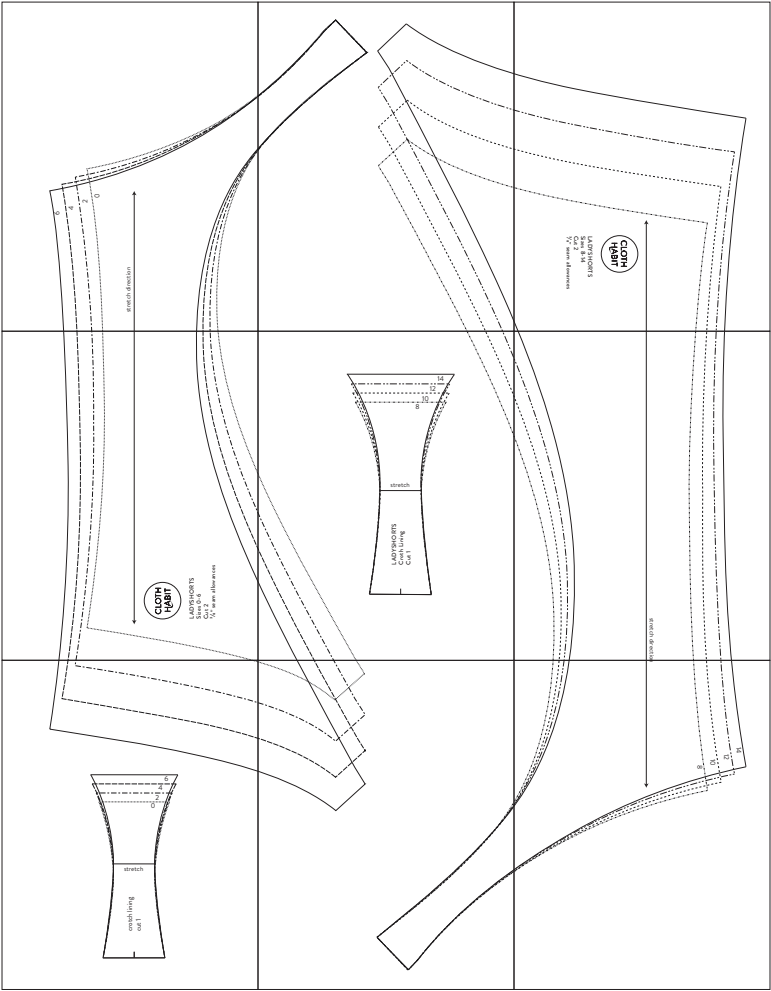
WHAT YOU NEED

- 1 yard/meter 45"-60" wide stretch lace or light knit fabric with 60-70% stretch
- 2-3 yards 1" wide stretch lace trim
- 1/8 yard jersey for crotch lining (usually underwear lining is cut from cotton jersey but you can use any comfy, breathable light knit)

SIZE CHART: CHOOSE BY YOUR HIP SIZE

	0	2	4	6	8	10	12	14
WAIST	22"	24"	26"	28"	30"	32"	34"	36"
HIP	32"	34"	36"	38"	40"	42"	44"	46"

TAPING GUIDE



CUTTING GUIDE FOR ELASTIC LACE TRIM

	0	2	4	6	8	10	12	14
CUT 2 FOR LEGS	18 ¹ / ₄ "	20"	21"	22"	23 ¹ / ₈ "	24 ¹ / ₄ "	25 ³ / ₈ "	26 ³ / ₈ "
CUT 1 FOR WAIST	25"	25 ¹ / ₂ "	26 ⁷ / ₈ "	28 ¹ / ₄ "	29 ³ / ₄ "	31 ¹ / ₄ "	32 ³ / ₄ "	34 ¹ / ₈ "

INSTRUCTIONS

See <http://clothhabit.com/free-pattern-rosy-ladyshorts/> for a step-by-step photo tutorial.

1. Cut body pieces from your main fabric, aligning the stretch line on the pattern with the greatest stretch. Cut a liner from cotton knit or a comfortable jersey, and clip the notch. Cut your trim according to the chart.
2. Sew front and back seams of body pieces together with $\frac{3}{8}$ " (1 cm) seam allowance. If using a zig-zag, try a stitch with a 3.0 width and a 2.0 length. After stitching, you may want to trim the seam allowance close to the edge of the stitches. (A narrow seam disappears in sheer fabric and might be more comfortable.) If you have a serger/overlocker, serge with a narrow seam.
3. *Optional:* serge or zig zag the front edge of the crotch lining (the edge without a notch).
4. To sew the crotch seam together, make a sandwich between the front, back and crotch lining: The crotch lining will be on bottom with wrong side facing up, the back in the middle right side facing up, front on top with the right side facing down. The notch in the crotch lining is the side that will be sewn into this seam. Stitch together with a serger or zig-zag.
5. Flip the crotch lining over so that the wrong side lays against the wrong side of the front. Line these up and baste the lining to the front with a long straight stitch, close to the edges of the seam allowance. (Stitch no more than $\frac{1}{4}$ " or 6mm from the edge of the fabric.)
6. Now to apply the trim! Make a circle with each piece of your lace trim: with the ends of each trim right sides together, zig-zag or serge with a $\frac{3}{8}$ " allowance. Trim these seams down to $\frac{1}{4}$ " (6mm) if you zig-zagged.

Because the trim is slightly smaller than the openings, pin the trim at a few intervals around the edges, distributing the extra fullness evenly. The trim should overlap the edges of both waist and legs by $\frac{1}{4}$ " (6mm).

Stitch around each opening, right on the $\frac{1}{4}$ " overlap, with a narrow zig-zag (3.0 width, 2.0 length). Backtrack when you get around to the beginning of your stitches.

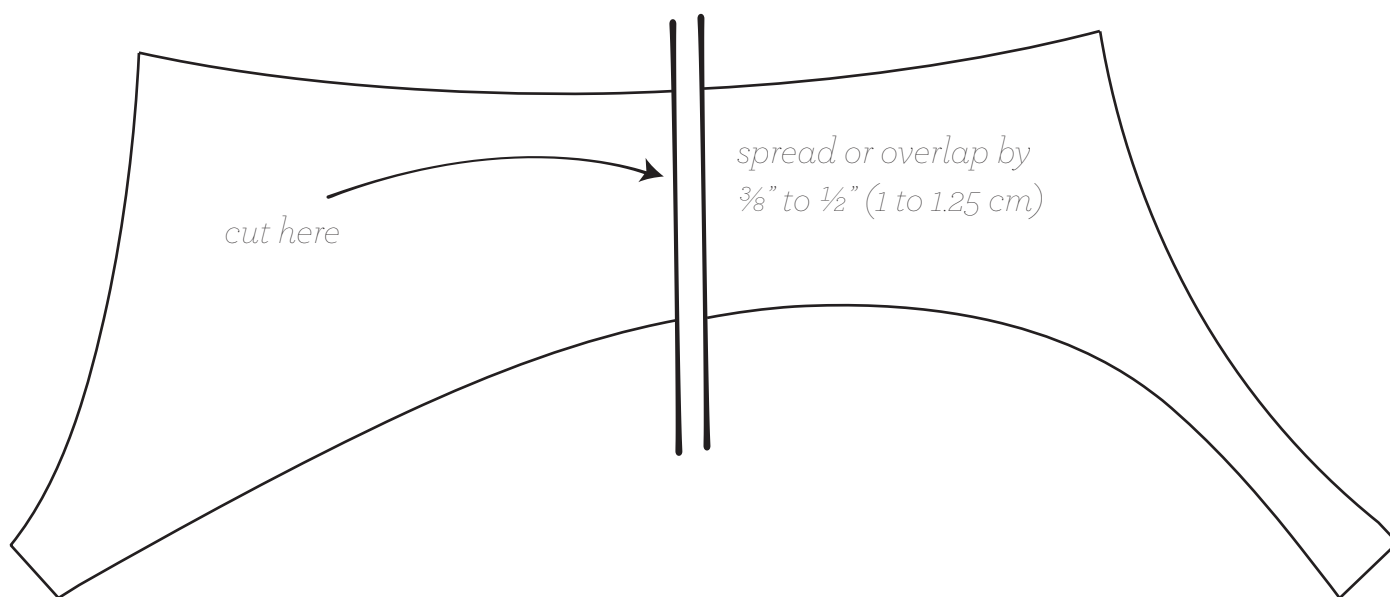
Tip: You'll get the best results if you try not to stretch or pull either the trim or the fabric as you are sewing. Let the feed dogs ease in the fabric on the bottom to the elastic.

7. That's it! Enjoy your new ladyshorts!

A LITTLE STRETCH FABRIC EDUCATION

You can use just about any of your favorite knit fabrics for these undies. Stretch mesh, cotton or rayon jersey, or lingerie lycra are all possibilities!

- Stretch fabric, especially laces, *may have the greatest stretch in either direction* of the fabric, so make sure to do a stretch test before you cut. For fabrics with the greatest stretch crosswise, you only need about 1/2 yard or a little less for one pair.
- *To find out the percent of your fabric's stretch*, take a ruler and lay the edge of your fabric flat against it with the greatest stretch going the length of the ruler. Grab the fabric with your finger or a pin at the 5" or 12cm mark (while holding the fabric down at 0) and stretch it as far as it can go *comfortably*. If, for example the fabric stretches from 5" to 7.5", it stretches 50%. To calculate: 2.5" (amount it stretched) / 5" (original width) = .5 or 50%.
- If your fabric stretches more than 70% or less than 60% you might want to adjust the pattern so that it fits comfortably. Adding or subtracting width to this pattern would look like this:



- Another thing to consider with stretch fabrics and fitting is the “tightness” of the stretch. For example, stretch lace for lingerie normally doesn’t have a “tight” stretch because it’s so light, open and loose. This is especially true of stretch laces that don’t have any spandex (lycra). Some fabrics, like a nylon/lycra knit or a stretch mesh, might stretch the same percent as a lace, but aren’t as comfortable when stretched the same amount. If you decide to use a jersey that has a very tight, elastic stretch or a tight mesh with lycra, you may want to add a little bit of room, or go up a size.

HAVE FUN experimenting and sewing your own pretty underthings!