



So Sew Easy

'It's a Wrap' Top

The Wrap Top is loosely based on the original Wrap Dress pattern that has been downloaded thousands of times and been the most popular pattern on the site so far. This 'It's a Wrap' top has taken some of the best elements of that dress and turned it into a blouse with a few variations that I think you'll like.

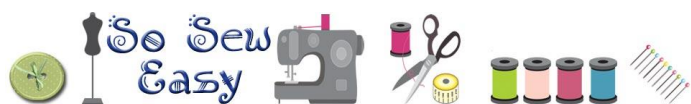
This has quickly become a wardrobe staple and I've been wearing this one everywhere. It looks equally good in a print or in a solid. The plain color helps to show off the pleats and gathers a little more, but the print looks fab too. I can't decide which is my favorite.

Suitable for knit fabrics only.

These instructions and more details about this pattern can also be found on So Sew Easy – [click here](http://so-sew-easy.com).



Find more great sewing patterns at So Sew Easy – <http://so-sew-easy.com>



Features:

- Cross-over front bodice
- Loose and casual sleeves
- Pleats on one side to create soft draping across the front
- Can help to hide a prominent tummy
- Slightly shaped at the waist
- Close fitting in the hips
- Flattering look with no awkward 'gaping'
- Step by step photos and written instructions
- Video tutorial too
- Sizes from 32 to 44 inch bust

To print your PDF pattern

Your pattern and instructions come as one file to make printing easy. Please make sure you are using the latest version of Adobe for best results. You can [download the latest version here](#) if you need to.

Open the PDF file in Adobe Reader. Select File → Print and the print dialogue box opens. Under Page Sizing and Handling, select SIZE, then select ACTUAL SIZE. Orientation for the pattern pieces is PORTRAIT.

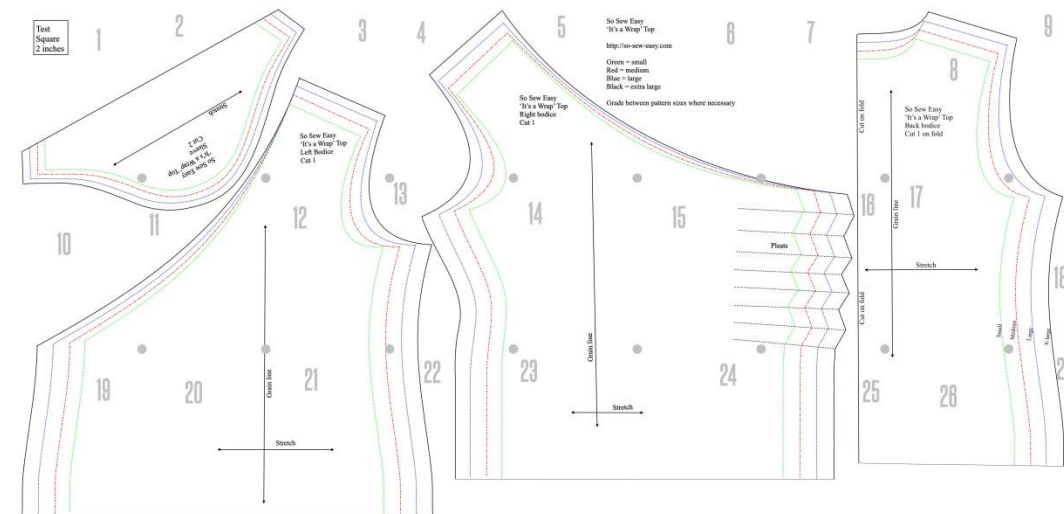
You can print the lot including the pattern and instructions, or if you want, just print the pattern pieces (at the end of these instructions).

On the top edge of the first pattern sheet is a test square. This box should measure 2 inches square. If yours is wildly different you will need to check your printer options to make sure the pages are not being resized. Some

computer users have reported minor scaling issues printing PDF patterns using Windows 8.

Match up the pattern pieces, folding under or cutting off any overlaps, and tape together. You may find further instructions on how to print and assemble your PDF pattern here – [How to Assemble A PDF Sewing Pattern](#)

Your assembled pattern should look like this:



Skill level – Confident beginner

This is a simple pattern using simple turn and stitch techniques. Some experience of sewing with knit fabrics would be useful. If you want to learn more about great techniques for sewing with knit fabrics, read the [So Sew Easy review](#) of the online Sewing with Knits Class. **So Sew Easy readers get an exclusive [25% off the Sewing with Knits Class](#).**

Find more great sewing patterns at So Sew Easy – <http://so-sew-easy.com>



Please read through all of these instructions before starting your project and cutting your fabric.

Useful tutorials

You can find a range of useful sewing tutorials and videos at [So Sew Easy – tutorials page](#).

What size do I need?

The top is made from a stretchy knit fabric and is intended to be a comfortable fit on the body. Fitting ease is also included in the pattern so you can adjust and take in for your own personal measurements.

The amount of stretch and drape in the fabric will alter the fit and feel of the top so use this table as a guide only.

	Bust
Small	32-34
Medium	36-38
Large	40-42
Extra Large	44+

Always test the fit using the paper pattern pieces, or an inexpensive test fabric before cutting your expensive fabric for this top. If in doubt test the larger size and adjust for fitting at the seams during construction. You may also grade between pattern lines if you are smaller in the shoulders and waist for example, with a larger bust and hips.

Materials needed

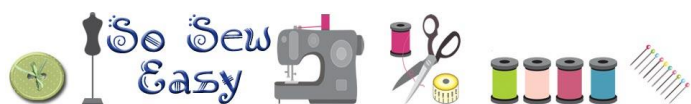
- Fabric – see recommendations below
- Matching thread
- Stretch or ball point needle for knit fabrics
- Useful – serger or [Overcasting foot](#)
- Optional – Stretch Twin Needle
- Optional – knit stay tape for shoulder seams and hem lines

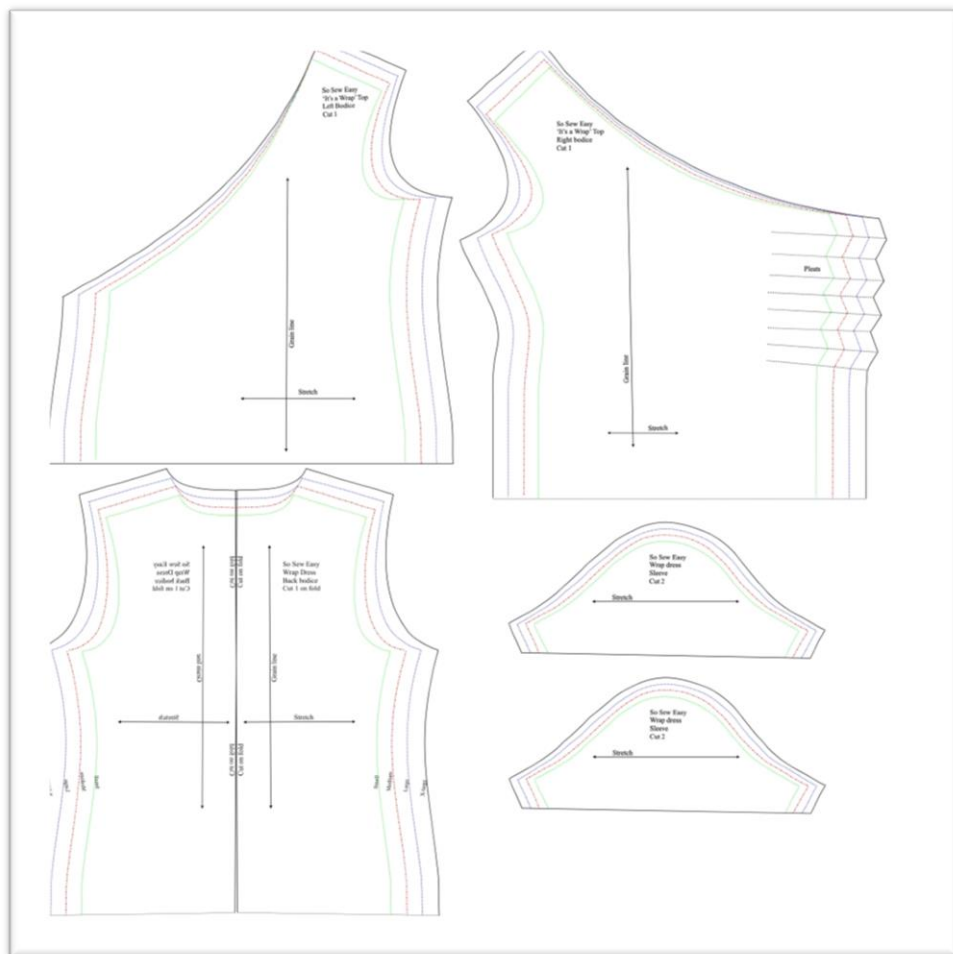
Fabric requirements

Knit fabrics with moderate stretch, that allow you to take a close-fitting top on and off. Solid colors look good, as do random small or large patterns. A thin lightweight fabric will drape and swish nicer than something heavy or thick.

Layout– this fabric layout is for the largest size. Assuming fabric 54 inches wide, you will need 1.5 yards of fabric.

More fabric may be required for stripes, large prints and pattern matching.





This tutorial is also available as a video to watch

You can watch the tutorial video for this pattern by clicking this video image below, or on [So Sew Easy here](#).



Directions

Seam allowances – 1/2 inch or 1.25cm throughout unless mentioned

Abbreviations used – RST – right sides together.

Stitches to use – if using a regular sewing machine, you may have a stretch stitch – refer to your sewing machine manual.

If not, then you can use a narrow zig-zag stitch – try a stitch length of 2.5 and a width of 1.0. Always test your stitches on a scrap of fabric before starting your project and test for stretch.

You may finish your seams with an overcasting stitch or a zig-zag stitch. Most knit fabrics do not fray so you may also choose to leave the inside edges unfinished.

Always stop your stitching coming undone at each end of your seam by backstitching 2 or 3 stitches.

Neaten your seams – serge/overlock your seams, or finish with your favourite method. You may choose to leave the seams unfinished if your fabric doesn't fray, or simply trim to ¼ inch and overcast. Trim, neaten and finish seams as you go.

You may find this article useful on [overcasting with knit fabrics](#) using a regular sewing machine.

Let's start to sew !

Print and assemble your pattern. Check the size of the test square – see above.

Use your pattern piece to cut your fabric. Remember to cut on the fold where indicated.

If you are using a knit stay tape on your seams, start with this first. Fuse the stay tape along the bottom hemlines, the bottom of the sleeves, the back of the neckline and the cross over neckline on both pieces.



It can also be used to stabilize the shoulder seams along the stitching line.





You can read more and see a video here on using the knit stay tape and how it creates a nice seam on knit fabrics.

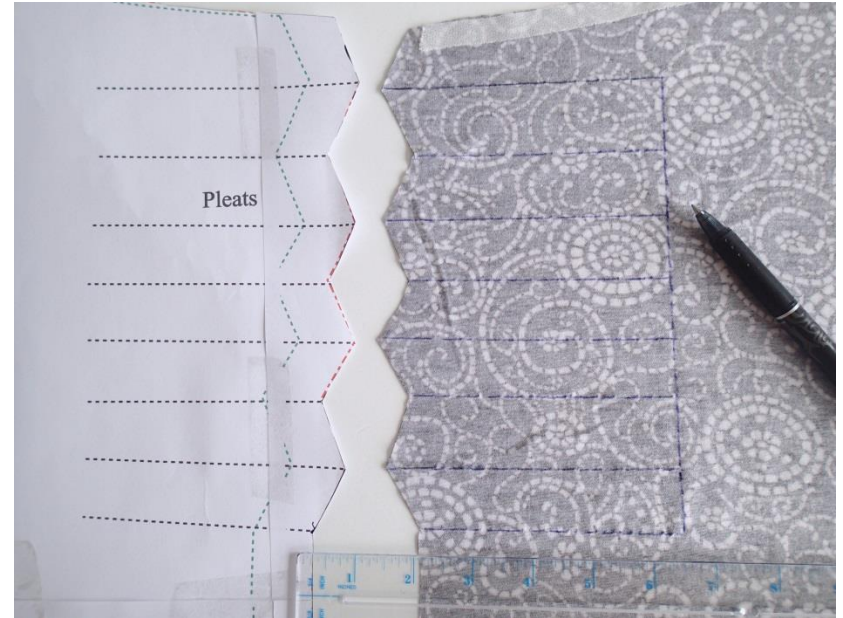
USING STAY TAPE ON KNIT FABRICS AND DOUBLE NEEDLE HEMS

Turn up ½ inch hem on the bottom of the front piece without the pleats and stitch. Press and set this piece aside for now.





Transfer the pleat markings from the pattern piece to the wrong side of the fabric. Use the hills and valleys of the zig-zag edge to help you mark the lines and make sure they are all ending at the same vertical point. You can mark with thread basting, a disappearing fabric marker or an iron-away marker such as a Frixion pen.



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Match each double set of pleat lines, folding the fabric RST, and pin through the pleat lines.



Sew each set of pleats, 4 in total along the marked lines on the wrong side of the fabric. Press the pleats downwards.



Baste the pleats down within the seam allowance and then trim off the points. These are only there to help you make the pleats.



RST, join the two front pieces to the back at the shoulder seams. Stabilise with knit stay tape or a clear elastic (optional).



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Turn in to the wrong side ½ inch all along the front neck line edge and the back neckline. Start at one end and stitch all the way around to the other side trying to keep an even distance from the folded edge for a neat look. Be careful not to stretch the fabric.



Sleeves – you may choose to sew the hem on the sleeves now while they are flat, to make it easier. Otherwise, the hem can be sewn in the round once the side seams are sewn. Personal preference for which you like to do. I'm taking the easy/lazy route and sewing mine now. Press.



Insert the sleeve into the armhole. Find the center at the top of the sleeve and match it to the shoulder seam. Pin the stitch, easing the sleeve to fit.



Lay the top down flat with the right side of the back piece facing upwards. The front piece with the pleats lays down next, matching the side seams, starting at the bottom hemline. Pop a few pins in place. (See video for further directions)



The other front piece lays over the top of the other two. Leave a 1 inch space at the bottom before pinning this third layer on top. Match up raw edges, under arm points, bottom of sleeves. Make sure pleats are lying smoothly.



Try on and check for fit. Make any fittings adjustments necessary and then stitch from bottom hemline to bottom of sleeve on both sides. Trim, neaten and press seams.



Turn up ½ inch along bottom hemline where this has not already been sewn, taking care not to catch the piece that is already completed.

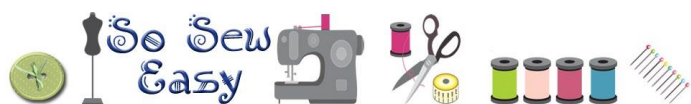


Finish the bottom of the sleeves if you didn't do this earlier.



Thank you for downloading this Wrap Top pattern and tutorial. I hope you enjoyed making this project and remember that I love to share your creations at So Sew Easy so drop me an email with a photo at

deby@so-sew-easy.com



or upload your completed projects to the pattern page on Craftsy.

You might enjoy my other tutorials and sewing patterns at So Sew Easy, including:

Wrap Dress	Gathered Summer Skirt	Sew A Skirt beginner tutorial series
Twist Front Top	Two Become One Dress	Double Layer Chiffon/Lace Blouse
Easy Summer Dress	Nautical Mug Rug	30 Minutes Easy Skirt
Summer Drape Top	Teeny Tiny Zipper Pouch	Cheeky Panties
Custom Fit Skirt	Long arm oven mitts	Custom fit leggings
Boxy Bag	Sew Simple Leggings	Little Black Party Dress
Easy Cosmetics Bag	Easy Breezy Blouse	On a Roll T-shirt
Super Simple Wallet	Padded bottle bag	Slouchy Sweater
Classic Straight leg knit pants	Cool It Can Cozy	Gathered front top
Make it Yours Clutch	Spring Mug Rug	Waterfall top

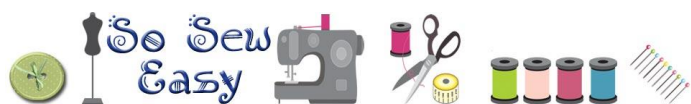
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<u>Bag</u>		
<u>Reversible Apron</u>	<u>Flirty Skirty</u>	<u>Carry All Bag</u>
<u>Cowl Neck Top</u>	<u>Expanding Nautical Tote Bag</u>	<u>Wear Everywhere Dress</u>
<u>Fab Felt Christmas Tree</u>	<u>Sew Simple Leggings</u>	<u>Easiest ever Felt tree ornaments</u>
<u>Turning Japanese Bag</u>	<u>Flex frame glasses case</u>	<u>Color Block Dress</u>
<u>Baby changing mat</u>	<u>Halloween Table Runner and placemats</u>	<u>Insulated Baby Bottle Bag</u>
<u>Give me a Shrug Top</u>	<u>Sunshine Ribbon Baby Toy</u>	<u>The Perfect Baby Burp Cloth</u>
<u>The perfect maxi skirt</u>	<u>Zipper Top Tote Bag</u>	<u>'It's a Wrap' Top</u>

For the latest list of patterns available, pop on over to my [designer page at Craftsy.](#)

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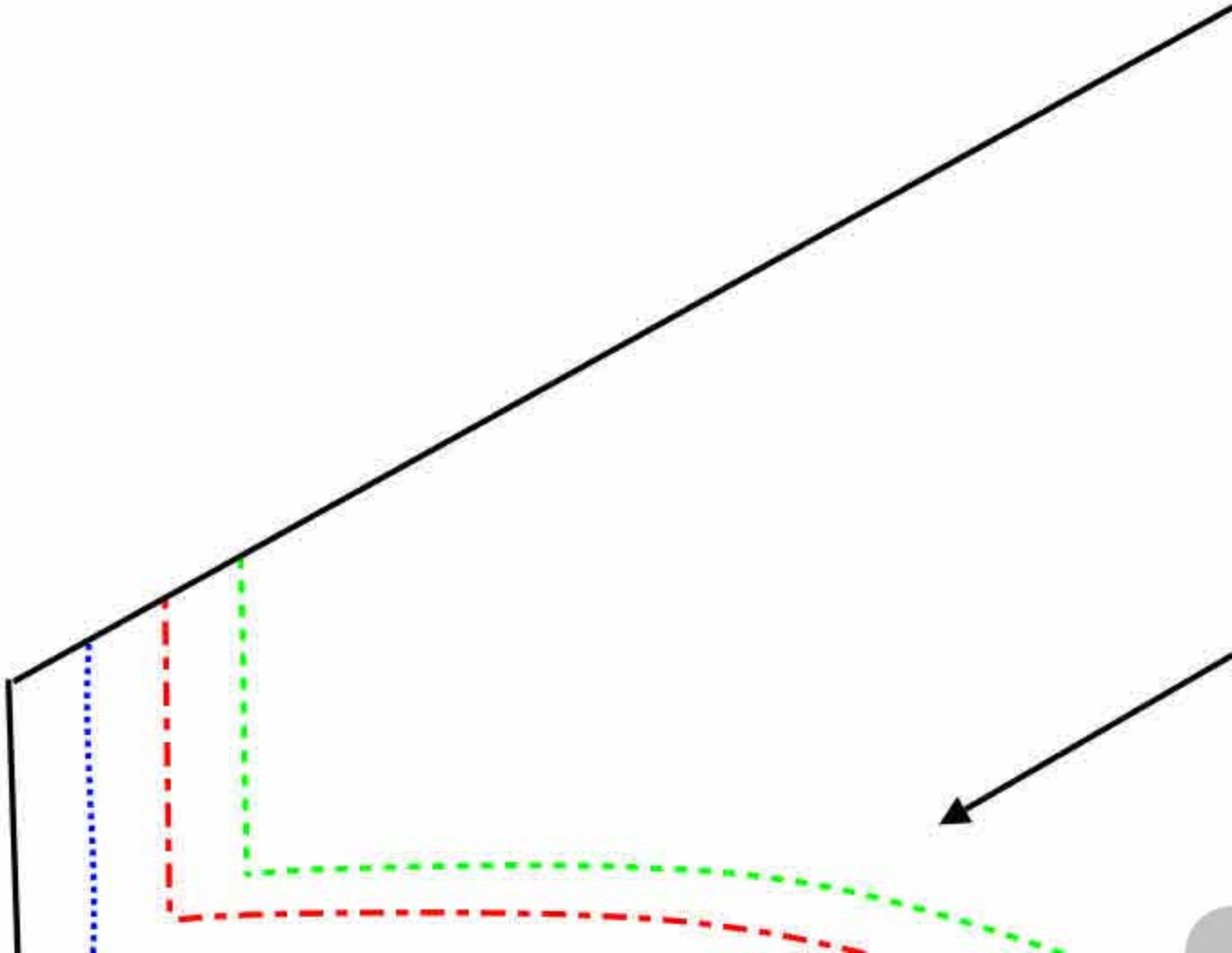
Usage – you ARE allowed to use this pattern to make things to sell on a small handmade basis, such as for craft fairs and for your Etsy shop. However it may not be used for larger scale commercial purposes without a commercial licence



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Test
Square
2 inches

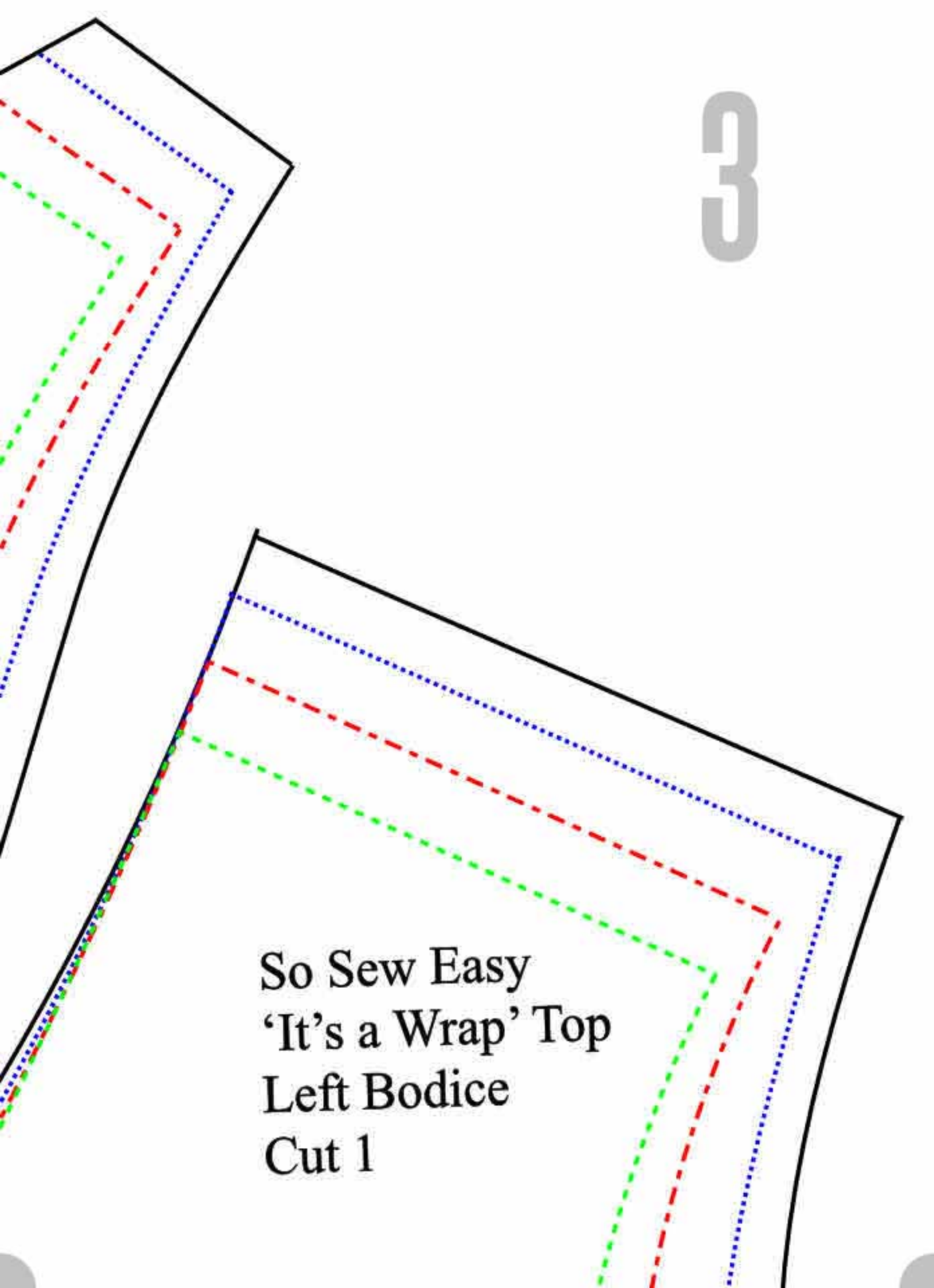
1



2

Stretch

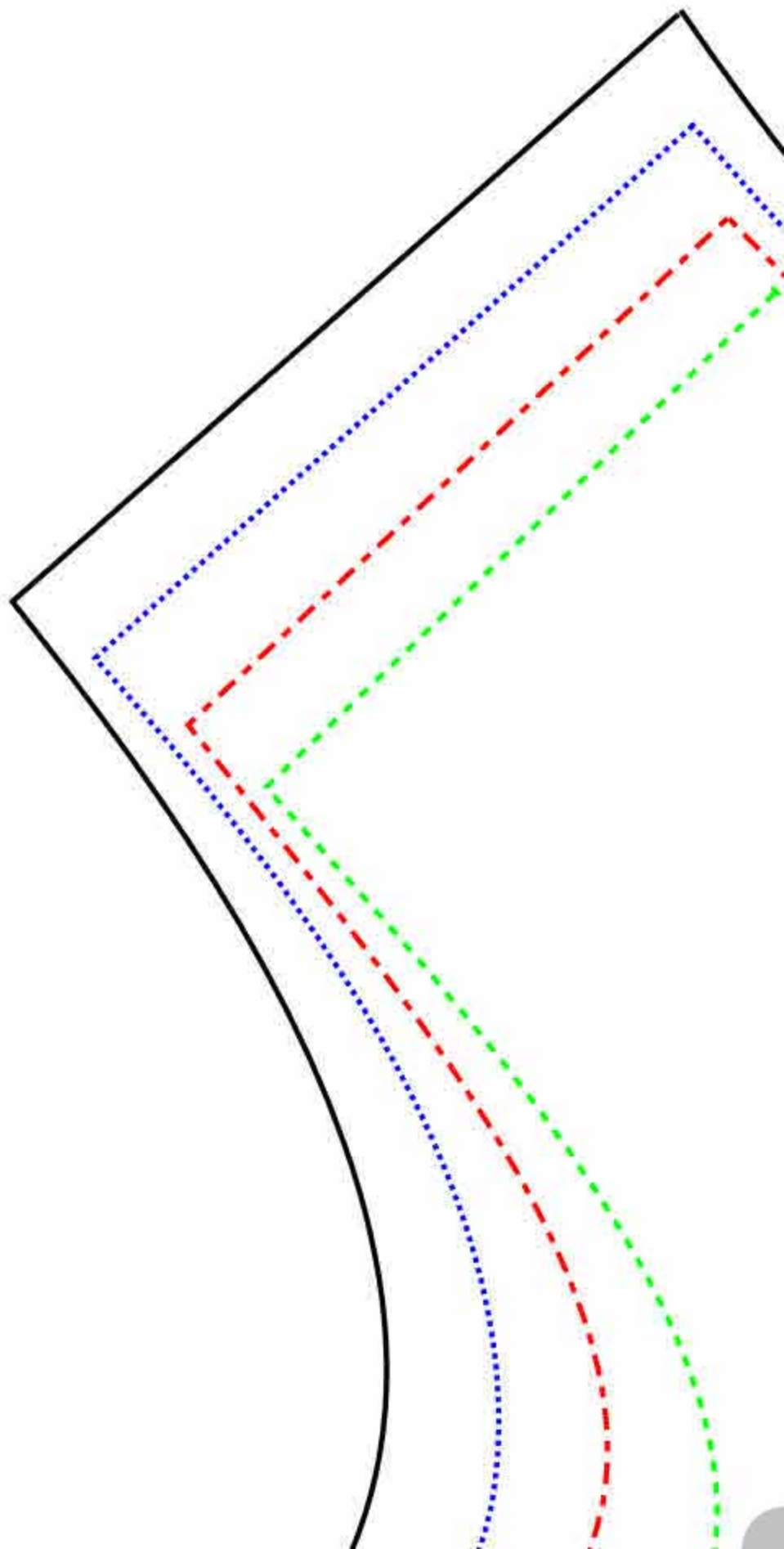
So Sew Easy
'It's a Wrap', Top
Sleeve
Cut 2

The image shows two pattern pieces for a bodice, tilted at an angle. Each piece is outlined with a solid black line. Inside each piece, there are three dashed lines: a blue dotted line, a red dashed line, and a green dashed line. The top piece is partially cut off on the left side. The bottom piece is larger and contains the text.

3

So Sew Easy
'It's a Wrap' Top
Left Bodice
Cut 1

4



5

So Sew Easy
'It's a Wrap'

<http://so-sew-easy.com>

Green = small
Red = medium
Blue = large
Black = extra large

So Sew Easy
'It's a Wrap' Top
Right bodice
Cut 1

Grade between



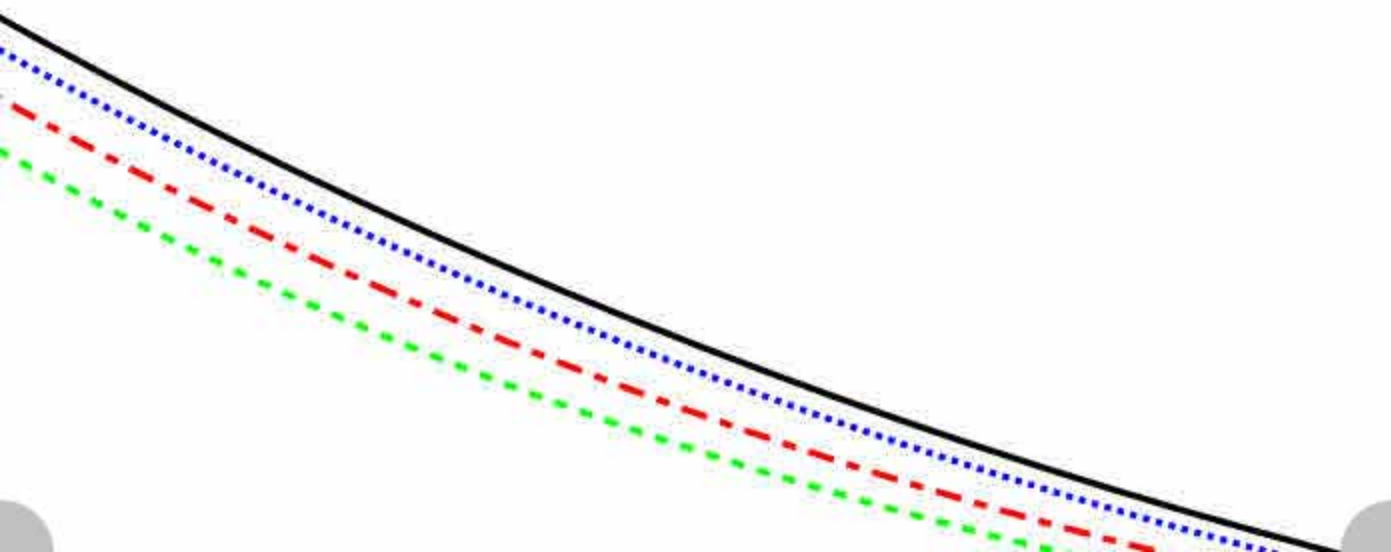
sy
p' Top

ew-easy.com

small
medium
large
extra large

between pattern sizes where necessary

6



7

Cut on fold

A diagram of a rectangular paper strip. A solid black line runs vertically along the left edge. Three horizontal dashed lines are drawn across the strip: a blue dotted line at the top, a red dashed line in the middle, and a green dotted line at the bottom. The text 'Cut on fold' is written vertically along the left edge, between the red and green lines.

https://vk.com/sew_room

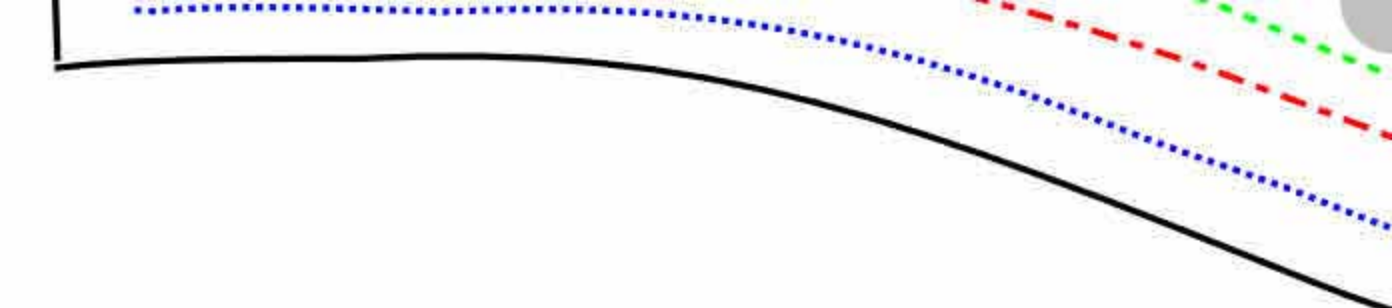
8

Спинка, одна деталь со сгибом

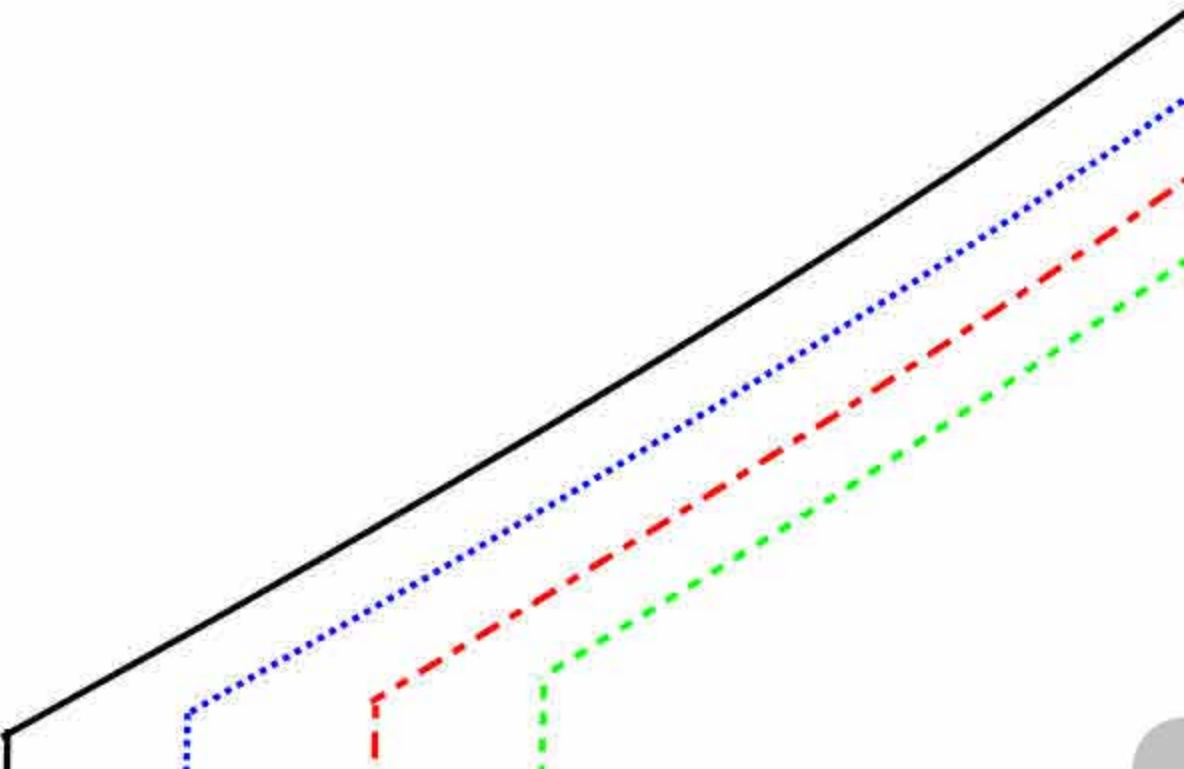
So Sew Easy
'It's a Wrap' Top
Back bodice
Cut 1 on fold

9

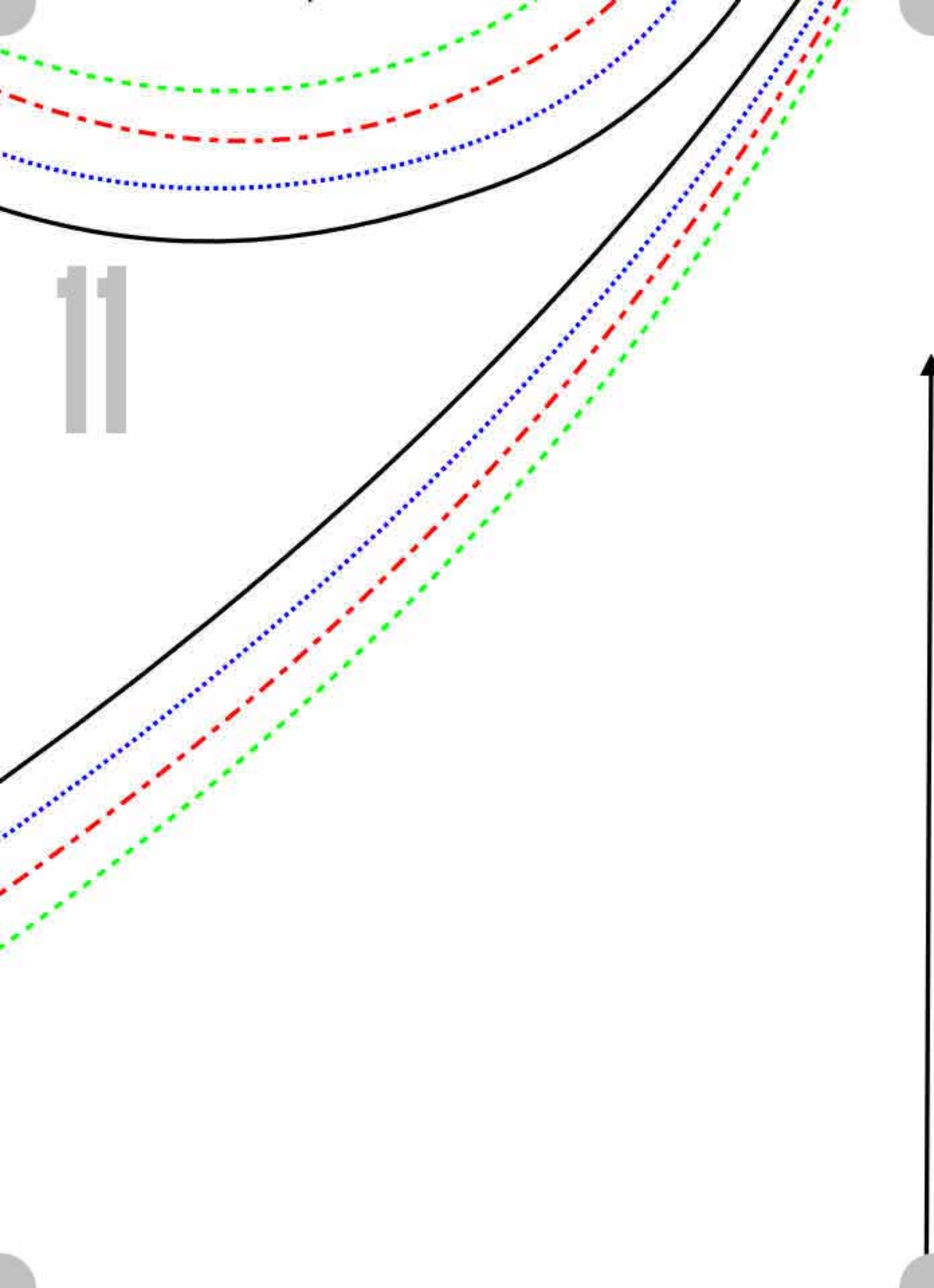




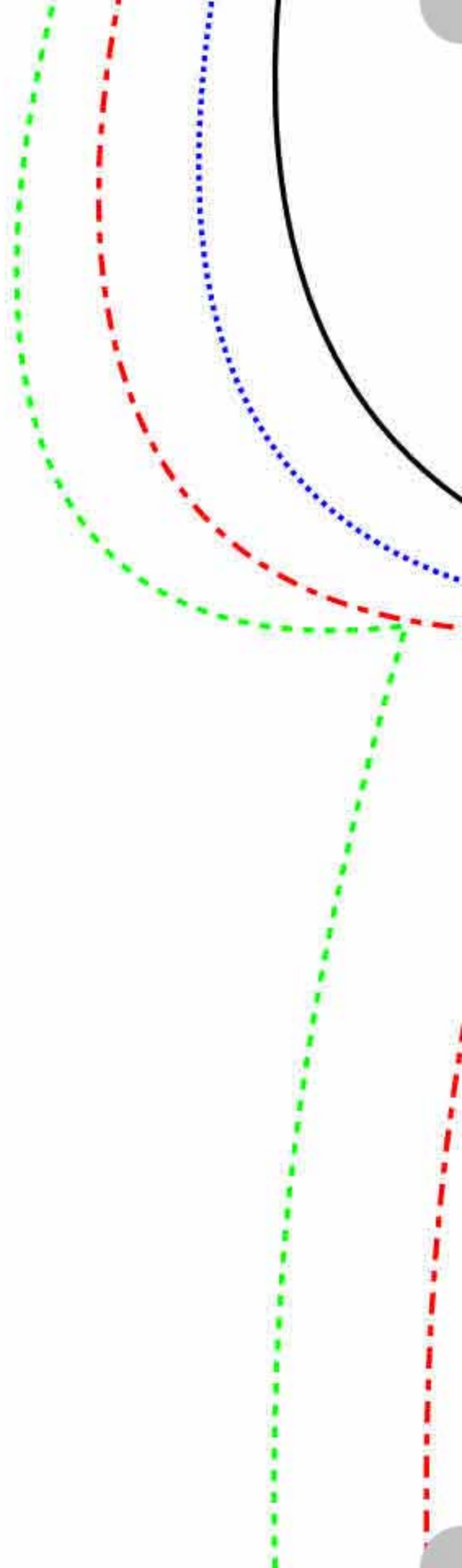
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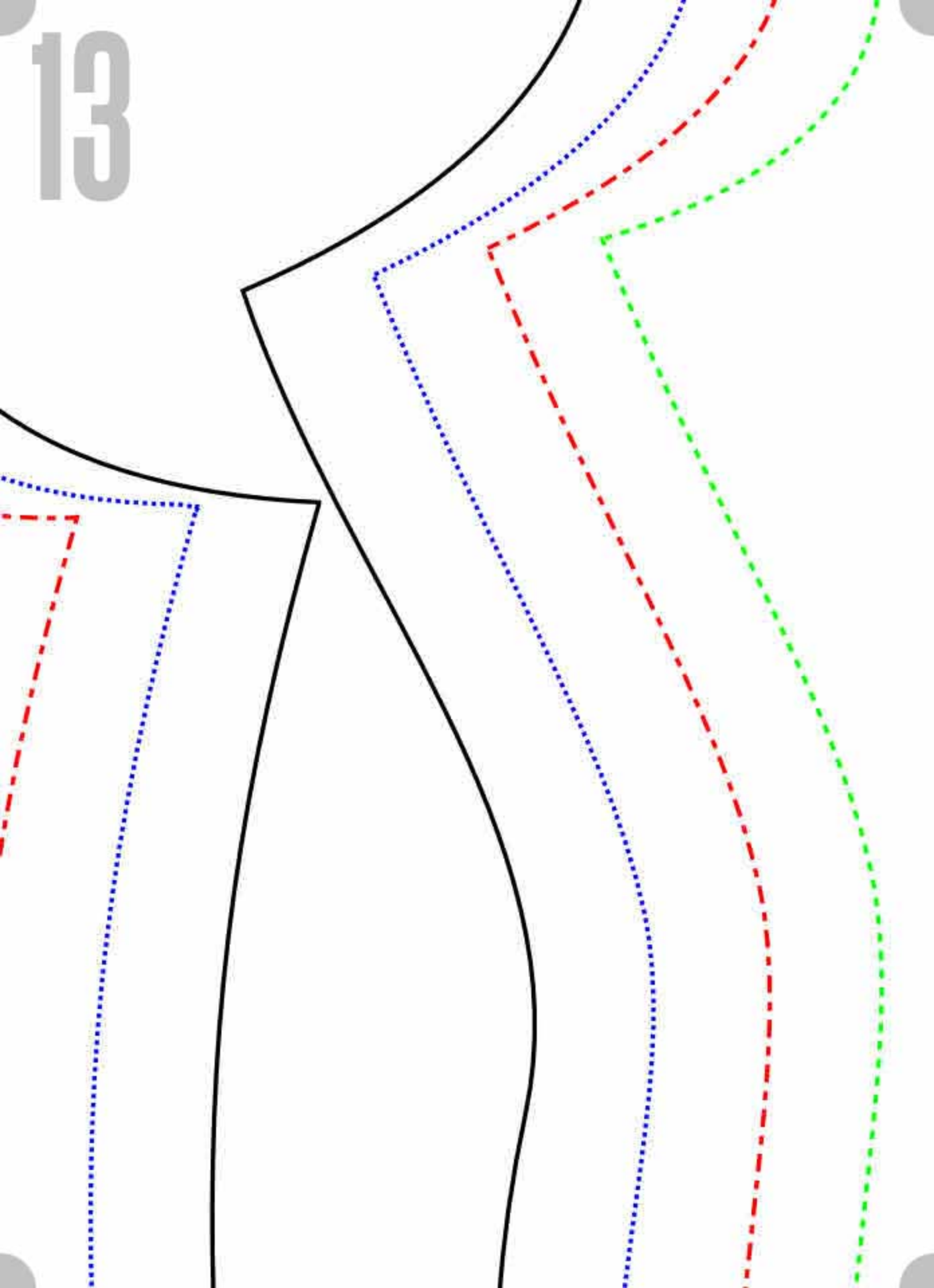
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12



13

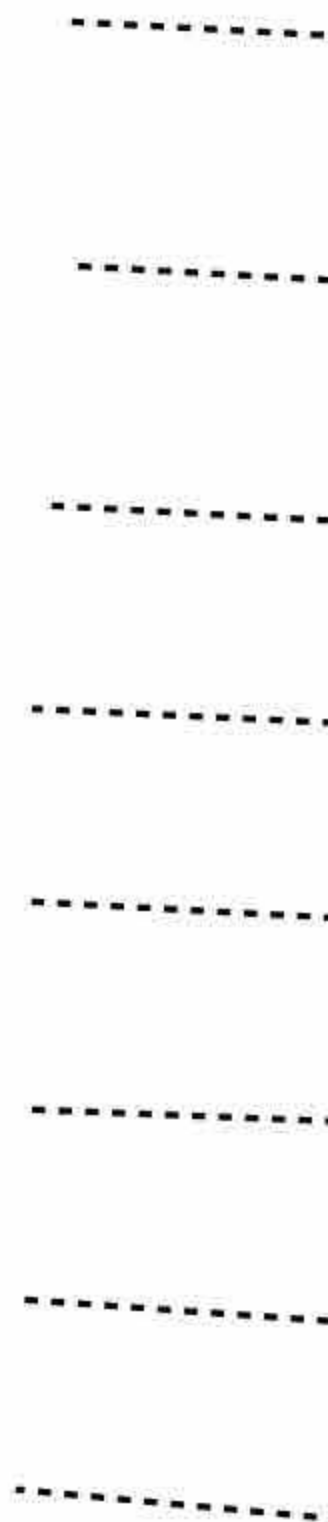


14

https://vk.com/sew_room

n line

15



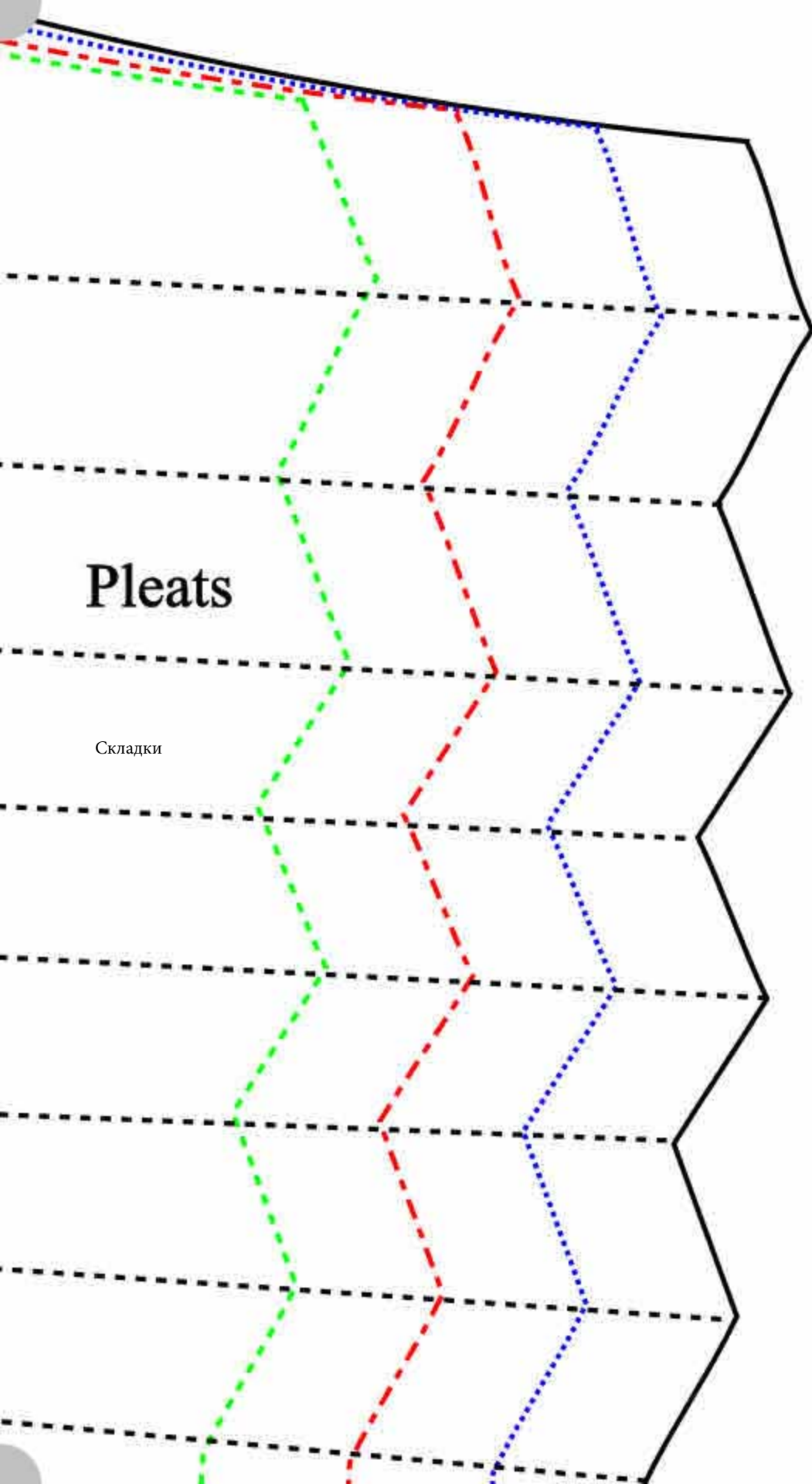
16

Pleats

Складки

сгиб ткани

Cut on fold

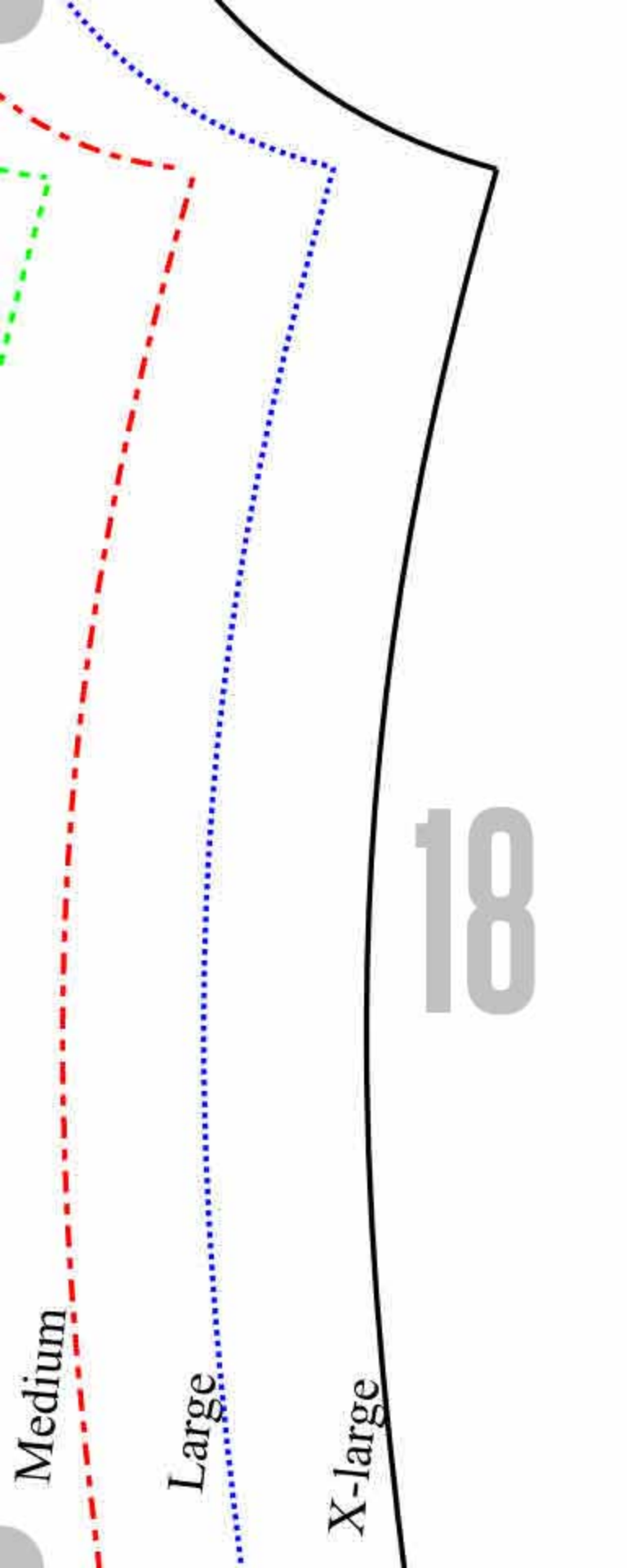


Grain line

17

Stretch

Small



18

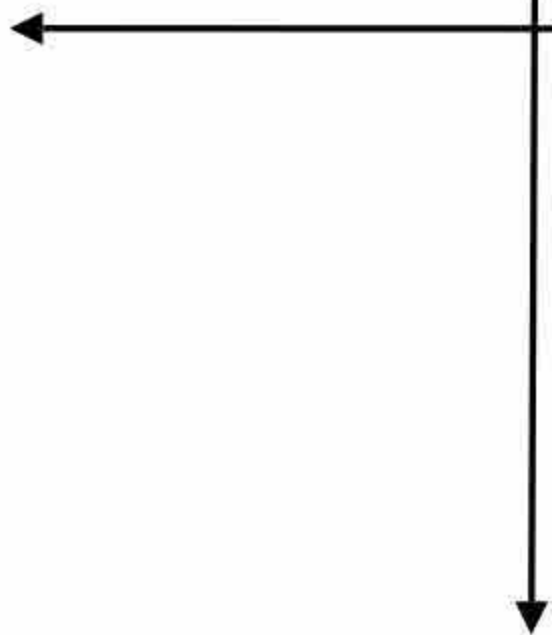
Medium

Large

X-large

19

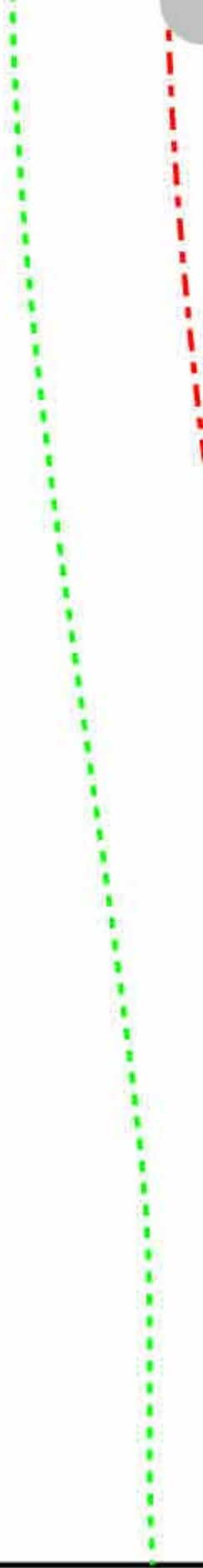
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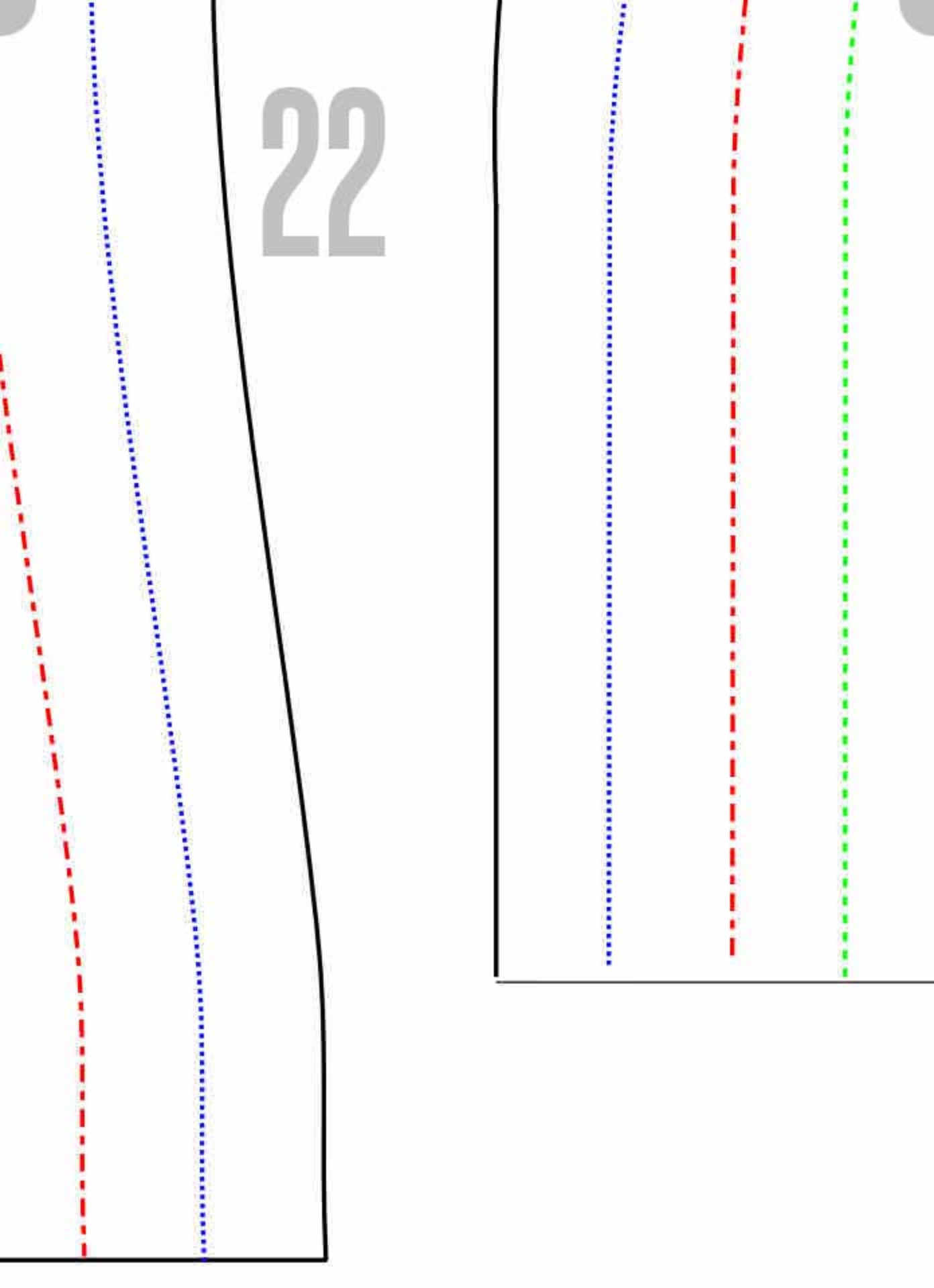
Grain line

21

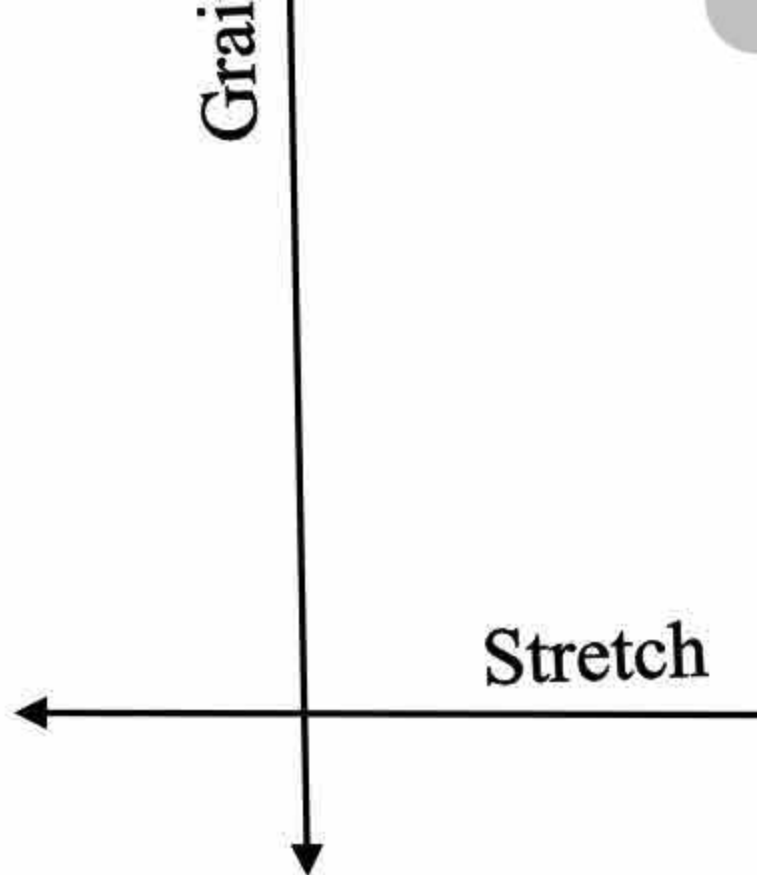
Stretch



22



23



24



25



26

27

