

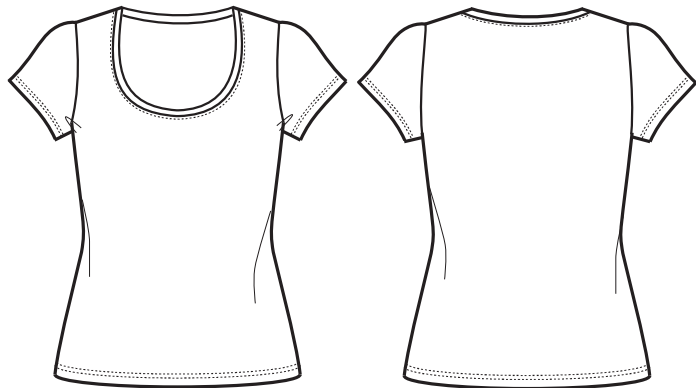
SBCC

*Skinny Bitch * Curvy Chick Patterns*

SB322 Tonic Tee



SB322-Tonic Sewing Directions:



About this knit pattern:

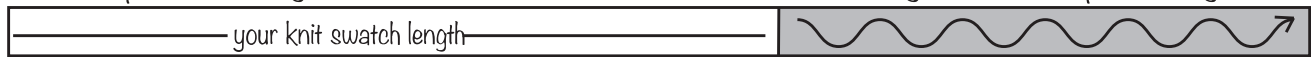
This T-shirt was originally made for a 75% stretch knit. Please refer to knit guide below for how to determine proper knit.

If using a knit that has less stretch, You may want to size up or down depending on the amount of stretch.

It is always recommend to do a trial of fit before sewing in the final fabric.

Seam allowances included on pattern 3/8" (.9cm) for side seams, sleeve cap, shoulder & neckline.
3/4" (1.9cm) hem for sleeve and bottom

This pattern is designed for knit fabric that has 75% stretch. Use the guide below to pick the right knit



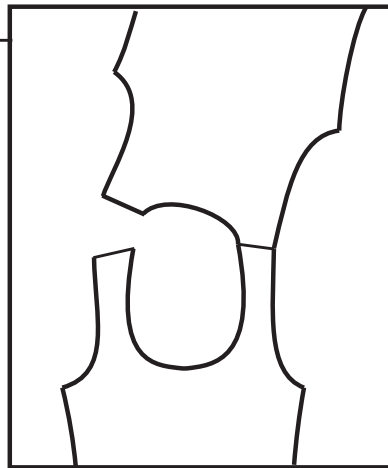
If it stretches to here- you have 75% stretch

1 Prep the pieces:

Layout pattern pieces on your fabric. (*note: pattern is not laid out on paper ready to be cut, you will have to determine the best position for maximum fabric efficiency).

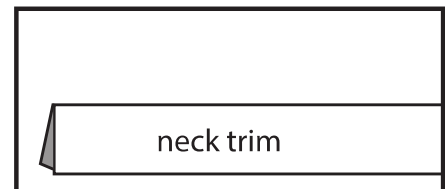
2

With right sides together, join one side of the shoulder seams. Leave opposite side open. (serge seam closed if applicable).



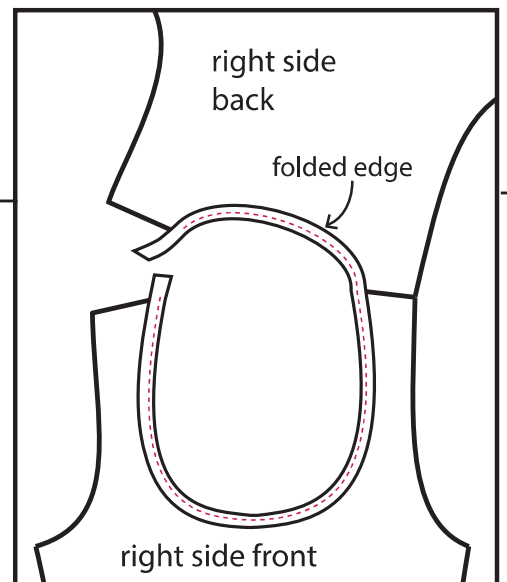
3

Fold the neckline trim in half, wrong sides together. Iron flat.

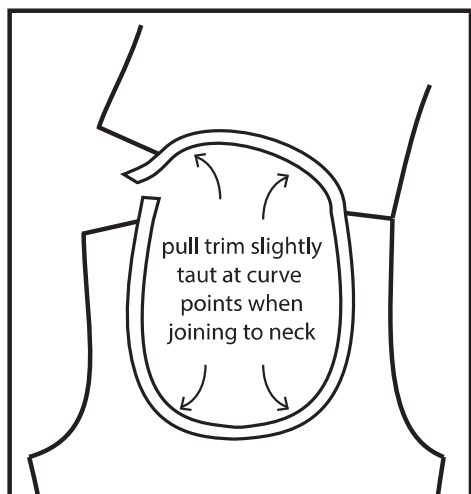


4

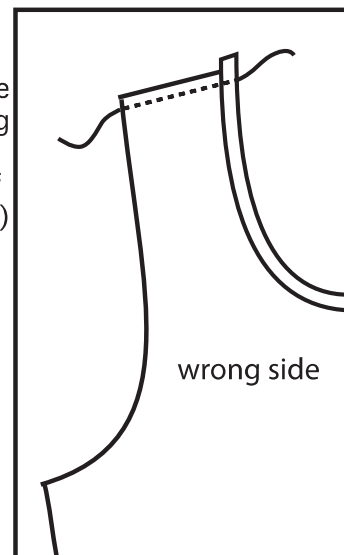
Starting on the right side of the t-shirt, at the open shoulder seam, join the neckline trim to the neck. Folded edge should be facing the inside of the body. (Serge the neckline seams if applicable)



- 5 To ensure the neckline trim lays flat, pull the trim slightly taut around the curves when sewing to the body.

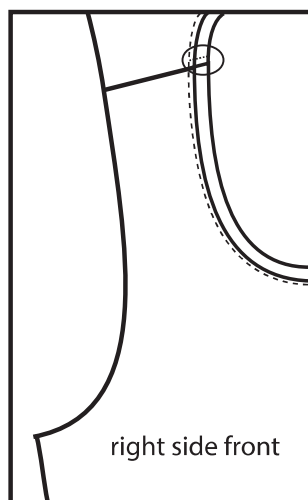


- 6 Fold the body so right sides are together. Close the remaining shoulder seam, including the neckline trim. (serge closed if applicable)

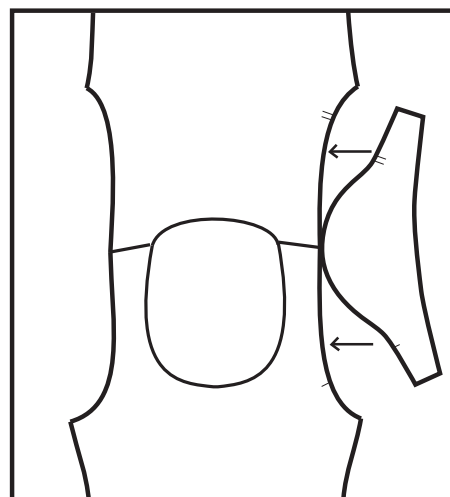


7

- Turn the seam allowances of the neckline to the inside body. Edgestitch below the seam all around to hold the seam allowances down. Topstitch the neckline binding to the back to prevent from poking out of the neck.



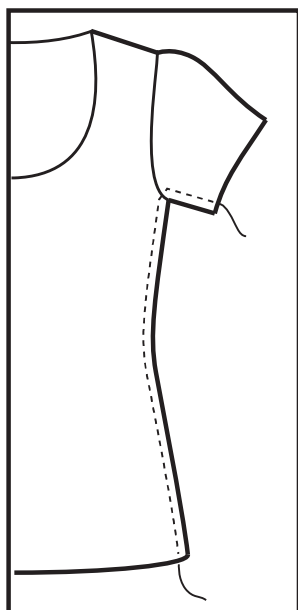
8



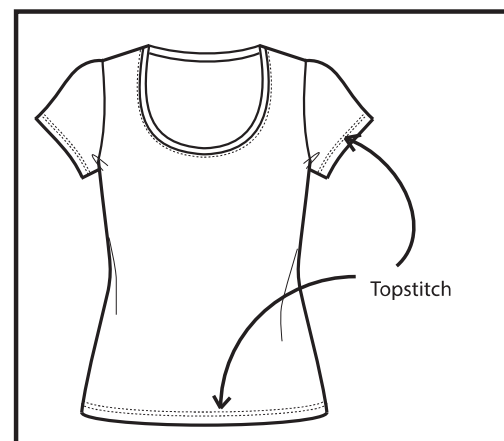
- Sew the sleeves to the armholes, matching notches. Repeat for opposite side. (Serge seams together if applicable)

9

- Fold the body front to back with right sides together. Stitch from the sleeve opening all the way to the bottom hem in one stitch line.



10



- Finish it up! Turnback bottom hem and topstitch. Suggesting to baste the hems in place and then use a twin needle to secure all layers.

Determine what size to choose:

Grab a tape measure....

*Measure your chest by wrapping the measuring tape around the fullest part. Make sure that the tape is level all around and does not dip down on your back.

*Measure your waist by wrapping the tape measure around the narrowest part of your torso.

*Measure your hips by wrapping the tape around the fullest part. Make sure the tape is level all around. Generally the hips should be 7 1/2"-8" below the waist.

Skinny Bitches:

	XX-Small	X-Small	Small	Medium	Large
Chest	30" (76cm)	32" (81cm)	34" (86cm)	36" (91cm)	39" (99cm)
Waist	24" (61cm)	26" (66cm)	28" (71cm)	30" (76cm)	33" (84cm)
Hip	32" (81cm)	34" (86cm)	36" (91cm)	38" (96cm)	41" (104cm)

Curvy Chicks:

	X-Large	1X	2X	3X
Chest	41" (104cm)	45" (114cm)	49" (124cm)	53" (134cm)
Waist	36" (92cm)	40" (102cm)	44" (112cm)	48" (122cm)
Hip	44" (112cm)	48" (122cm)	52" (132cm)	56" (142cm)

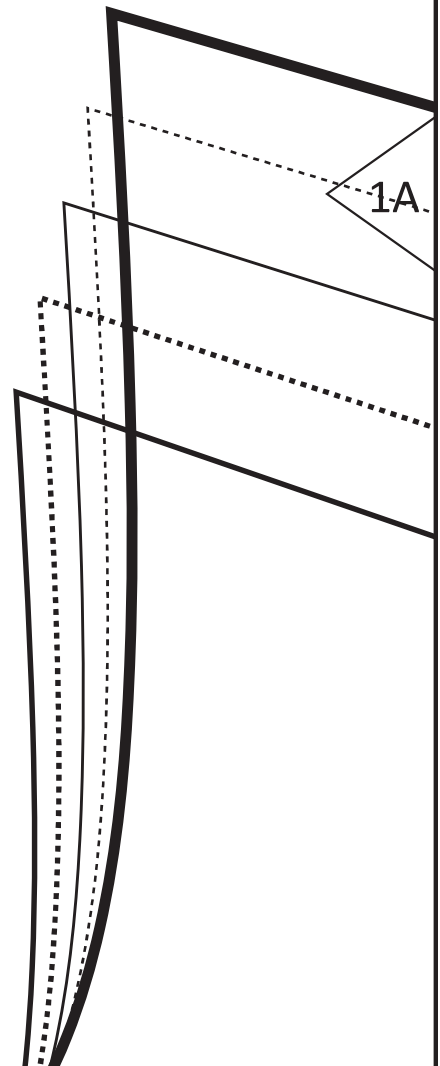
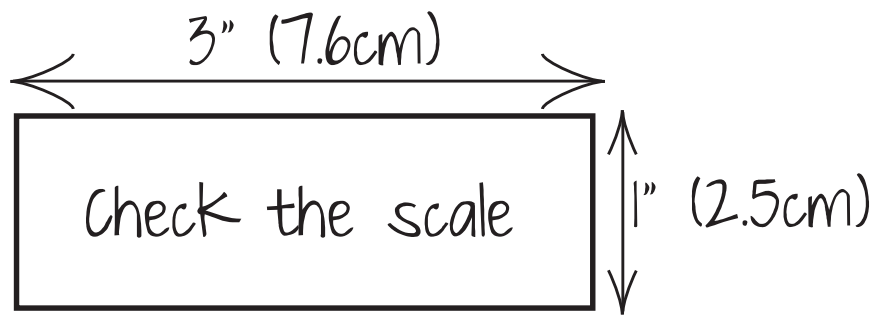
These measurements are based on BODY measurements. Finished garment measurements are also included below.

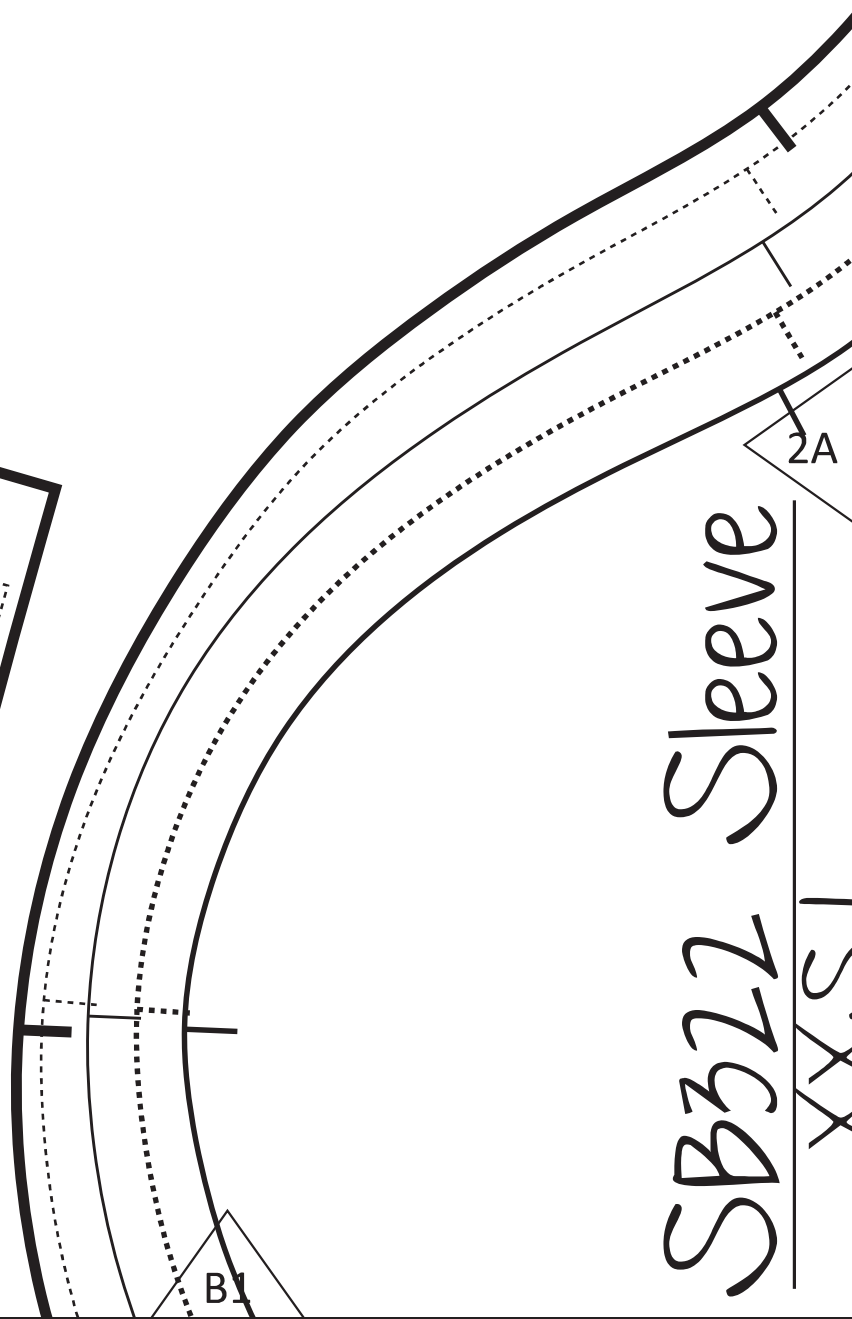
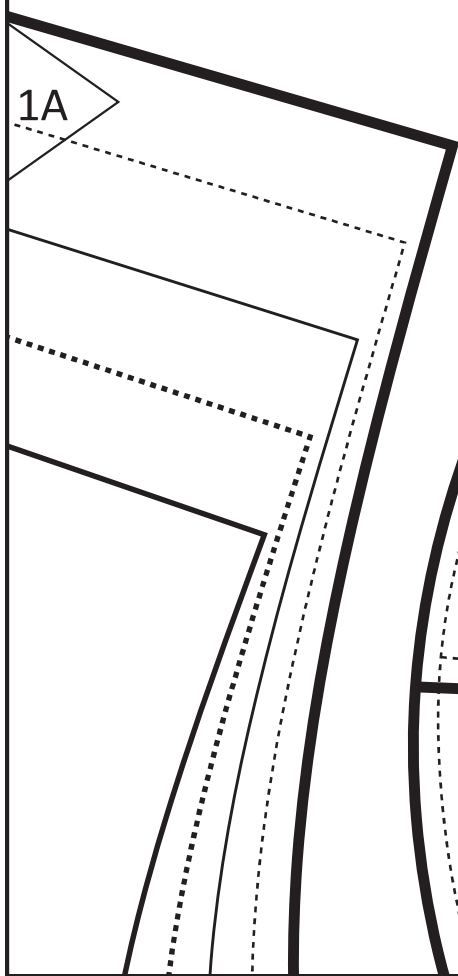
	XX-Small		X-Small		Small		Medium		Large	
BODY LENGTH FROM HPS	21 1/2in	54.6cm	22in	55.9cm	22 1/2in	57.2cm	23in	58.4cm	23 1/2in	59.7cm
CHEST CIRCUMFERENCE	28 1/2in	72.4cm	30 1/2in	77.5cm	32 1/2in	82.6cm	34 1/2in	87.6cm	37 1/2in	95.3cm
WAIST CIRCUMFERENCE	26 3/8in	67.cm	28 3/8in	72.1cm	30 3/8in	77.2cm	32 3/8in	82.2cm	35 3/8in	89.9cm
SWEET CIRCUMFERENCE	30in	76.2cm	32in	81.3cm	34in	86.4cm	36in	91.4cm	39in	99.1cm
ACROSS SHOULDER	12in	30.5cm	12 1/2in	31.8cm	13in	33.cm	13 1/2in	34.3cm	14in	35.6cm
SLEEVE LENGTH FROM CAP	5 1/2in	14.cm	5 3/4in	14.6cm	6in	15.2cm	6 1/4in	15.9cm	6 1/2in	16.5cm
NECK WIDTH	6 5/8in	16.8cm	6 7/8in	17.5cm	7 1/8in	18.1cm	7 3/8in	18.7cm	7 5/8in	19.4cm
FRONT NECK DROP	5 7/8in	14.9cm	6 1/8in	15.6cm	6 3/8in	16.2cm	6 5/8in	16.8cm	6 7/8in	17.5cm
SLEEVE OPENING	9 1/2in	24.1cm	10 1/2in	26.7cm	11 3/4in	29.8cm	12 7/8in	32.7cm	14 1/2in	36.8cm
ARMHOLE CIRCUMFERENCE	14 1/4in	36.2cm	15 3/8in	39.1cm	16 5/8in	42.2cm	17 7/8in	45.4cm	19 5/8in	49.8cm

	X-large		1X		2X		3X	
BODY LENGTH FROM HPS	24in	61.cm	24 1/2in	62.2cm	25in	63.5cm	25 1/2in	64.8cm
CHEST CIRCUMFERENCE	39 3/4in	101.cm	43 3/4in	111.1cm	47 3/4in	121.3cm	51 3/4in	131.4cm
WAIST CIRCUMFERENCE	37 1/2in	95.3cm	41 1/2in	105.4cm	45 1/2in	115.6cm	49 1/2in	125.7cm
SWEET CIRCUMFERENCE	42in	106.7cm	46in	116.8cm	50in	127.cm	54in	137.2cm
ACROSS SHOULDER	14 3/4in	37.5cm	15 3/4in	40.cm	16 3/4in	42.5cm	17 3/4in	45.1cm
SLEEVE LENGTH FROM CAP	7in	17.8cm	7 1/4in	18.4cm	7 3/4in	19.7cm	8in	20.3cm
NECK WIDTH	7 7/8in	20.cm	8 1/8in	20.6cm	8 3/8in	21.3cm	8 5/8in	21.9cm
FRONT NECK DROP	7 1/4in	18.4cm	7 3/4in	19.7cm	8 1/4in	21.cm	8 3/4in	22.2cm
SLEEVE OPENING	13 3/4in	34.9cm	15 1/4in	38.7cm	16 3/4in	42.5cm	18 1/4in	46.4cm
ARMHOLE CIRCUMFERENCE	19 1/2in	49.5cm	21 1/8in	53.7cm	22 3/4in	57.8cm	24 3/8in	61.9cm

FABRIC REQUIRED	XX-Small	X-Small	Small	Medium	Large
45" (114.3cm) WIDTH	3/4yds .7m	3/4yds .7m	1yds .9m	1yds .9m	1yds .9m
60" (152.4cm) WIDTH	3/4yds .7m	3/4yds .7m	1yds .9m	1yds .9m	1yds .9m

FABRIC REQUIRED	X-large	1X	2X	3X
45" (114.3cm) WIDTH	1yds .9m	1 1/4yds 1.1m	1 1/2yds 1.4m	1 3/4yds 1.6m
60" (152.4cm) WIDTH	1yds .9m	1yds .9m	1 1/4yds 1.1m	1 1/4yds 1.1m





SB322 Sleeve

XXS

1770-L

Cut ② self

Seam allowance (included):

3/8" (.9cm) for all

3/4" (1.9cm) for bottom hem

2A

C1

L

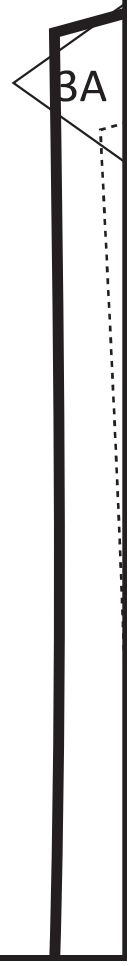
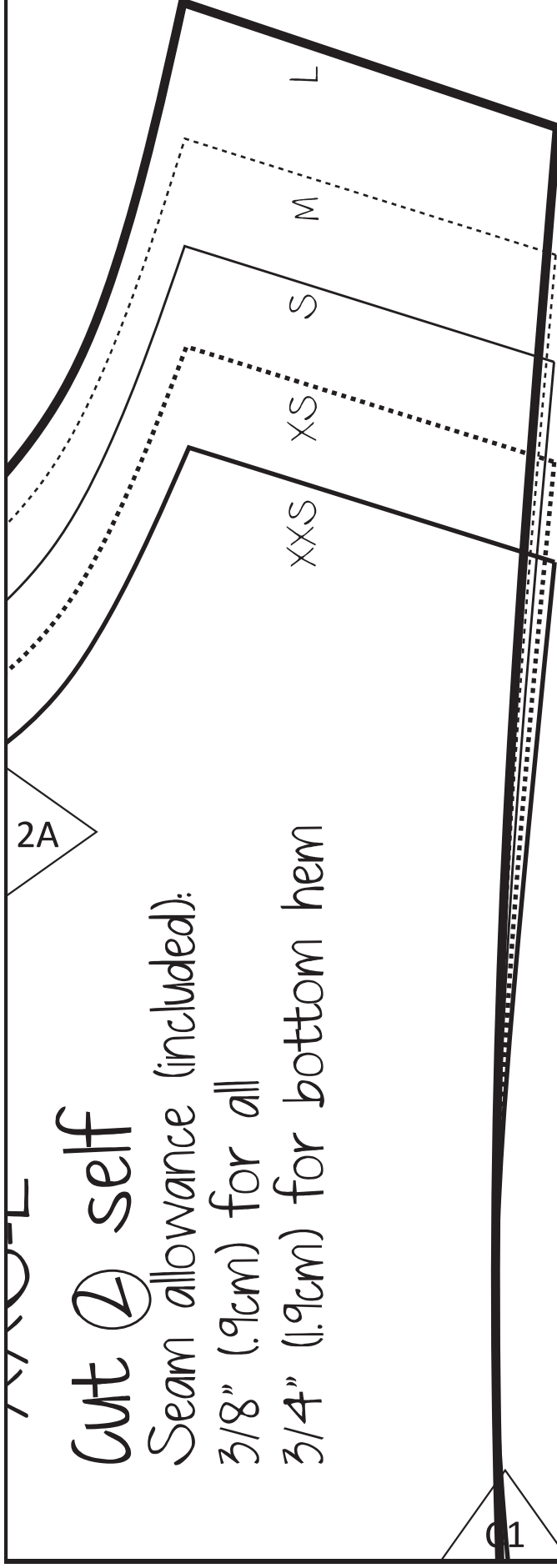
M

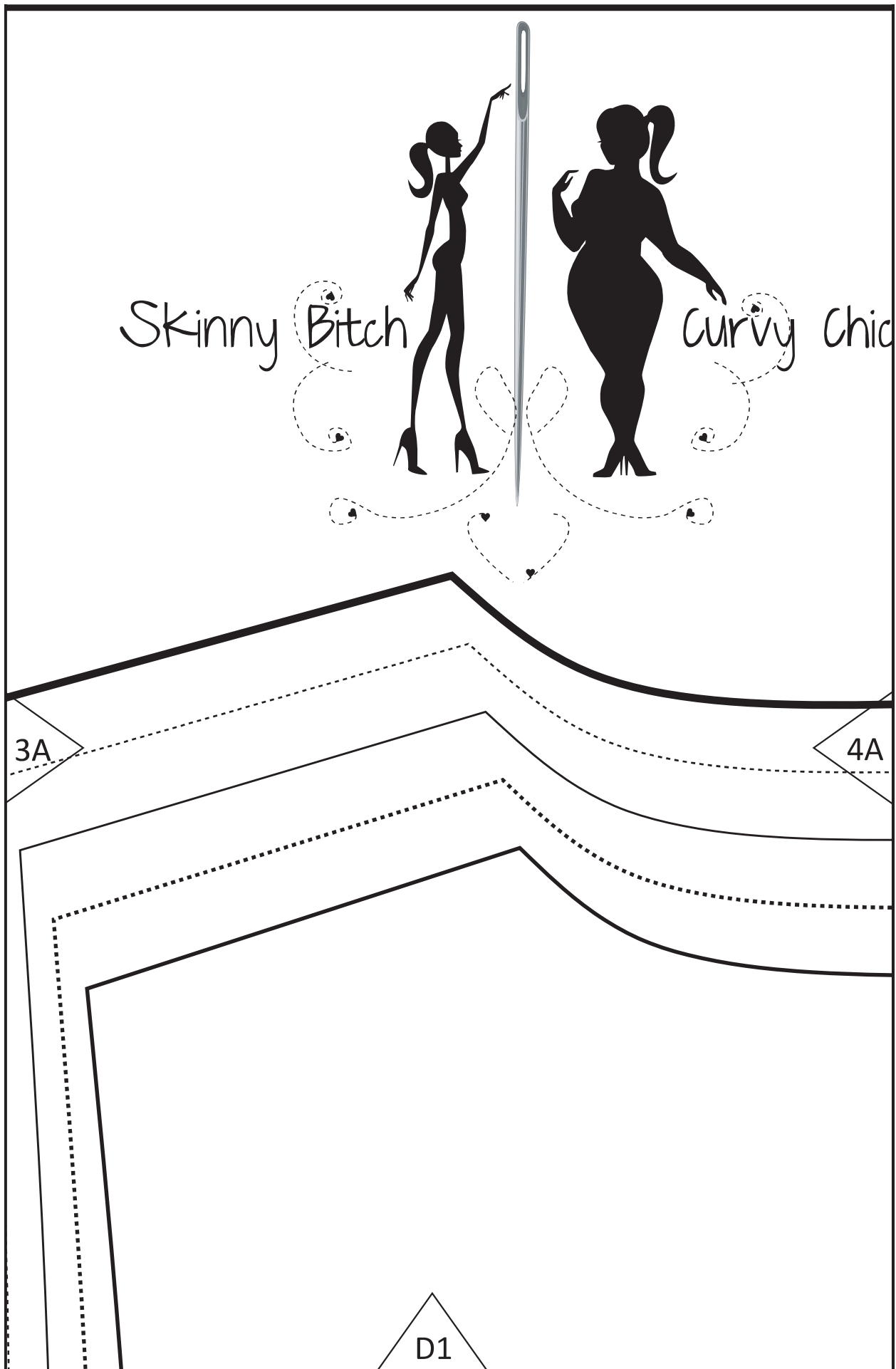
S

XS

XXS

3A





K

L

M

S

XS

4A

XXS

E1

A1

L

M

S

XS

XXS



SB322 Fro

XXS-L

1B

Cut ① on fold

Seam allowance (inclu

3/8" (.9cm) all around

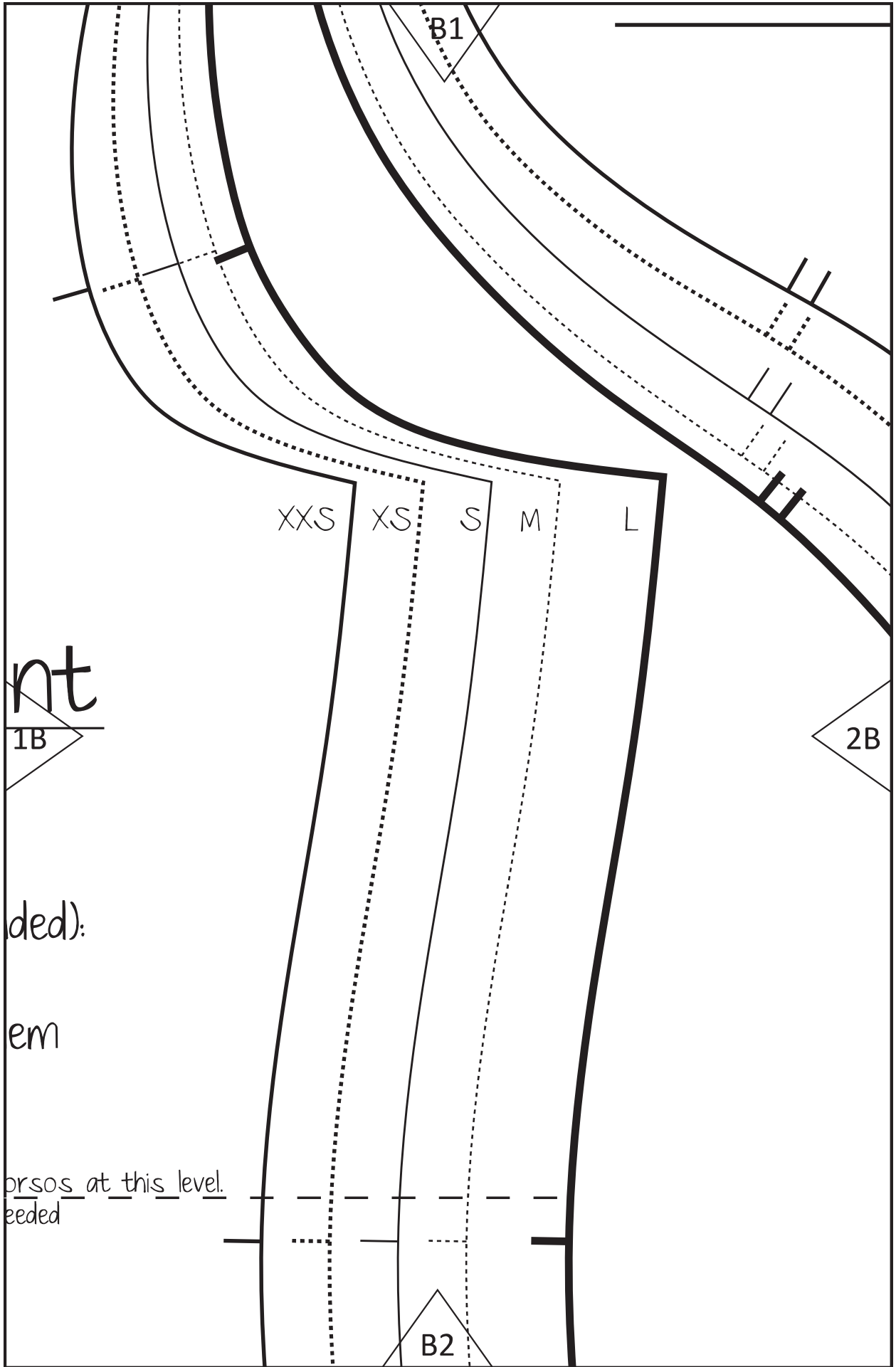
3/4" (1.9cm) bottom h

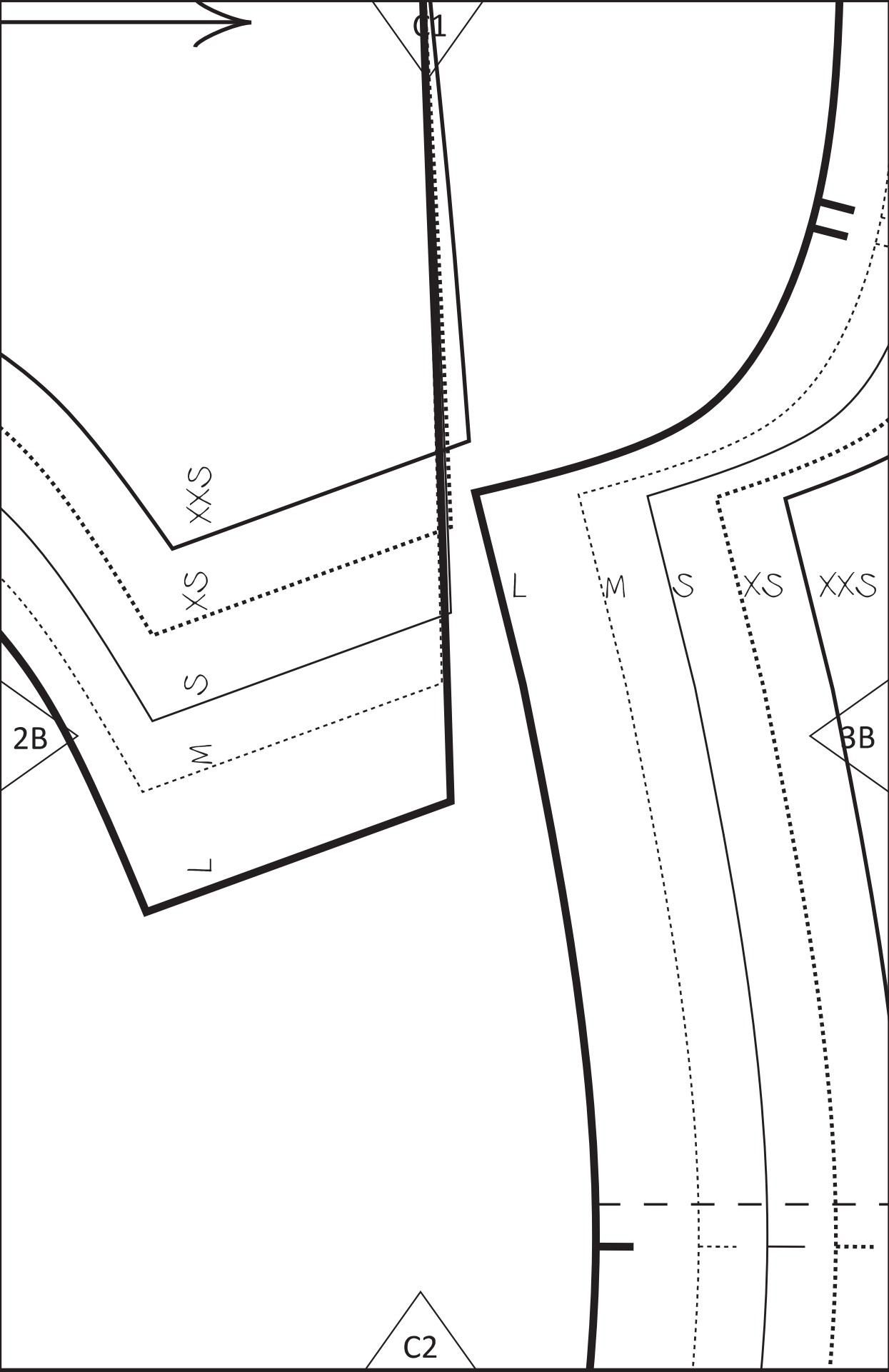


Add desired length for longer t
Cut open and insert amount n

cut ①

A2





D1

SB322 Back

XXS-L

Cut ① on fold

Seam allowance (included):

3/8" (.9cm) all around

3/4" (1.9cm) bottom hem

3B

4B

cut ① on fold

Add desired length for longer torsos at this level.
Cut open and insert amount needed

D2

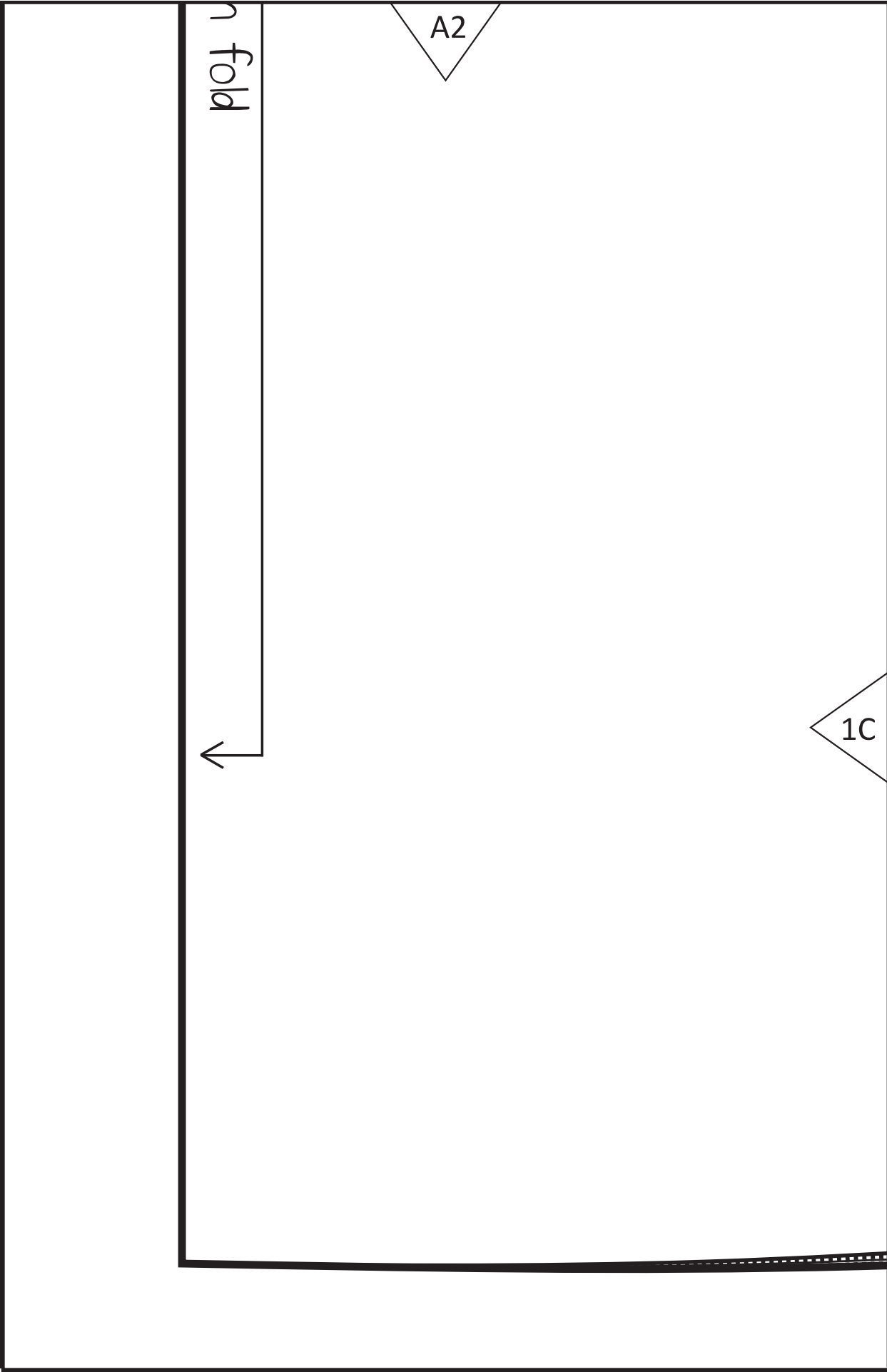
E1

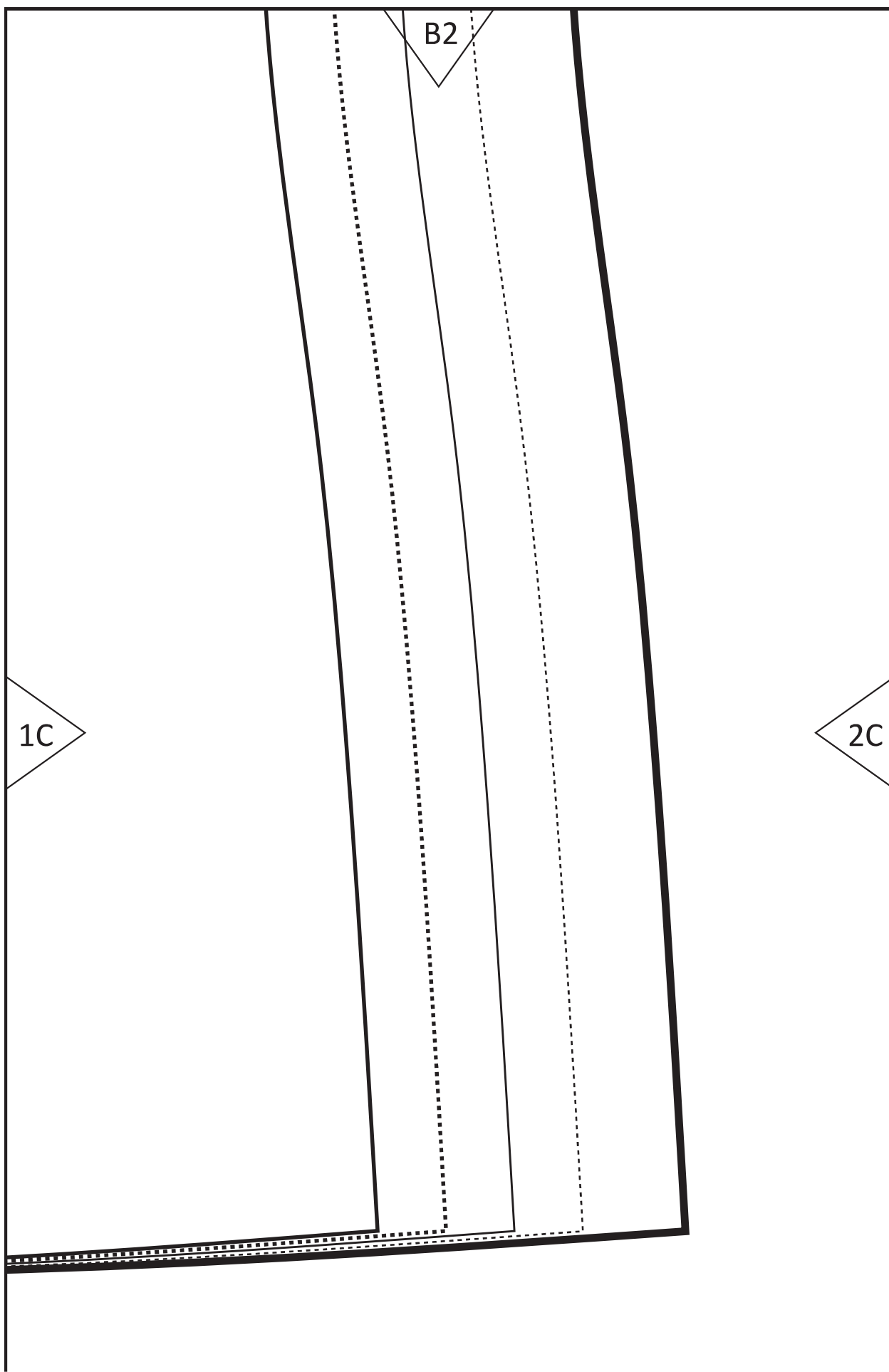


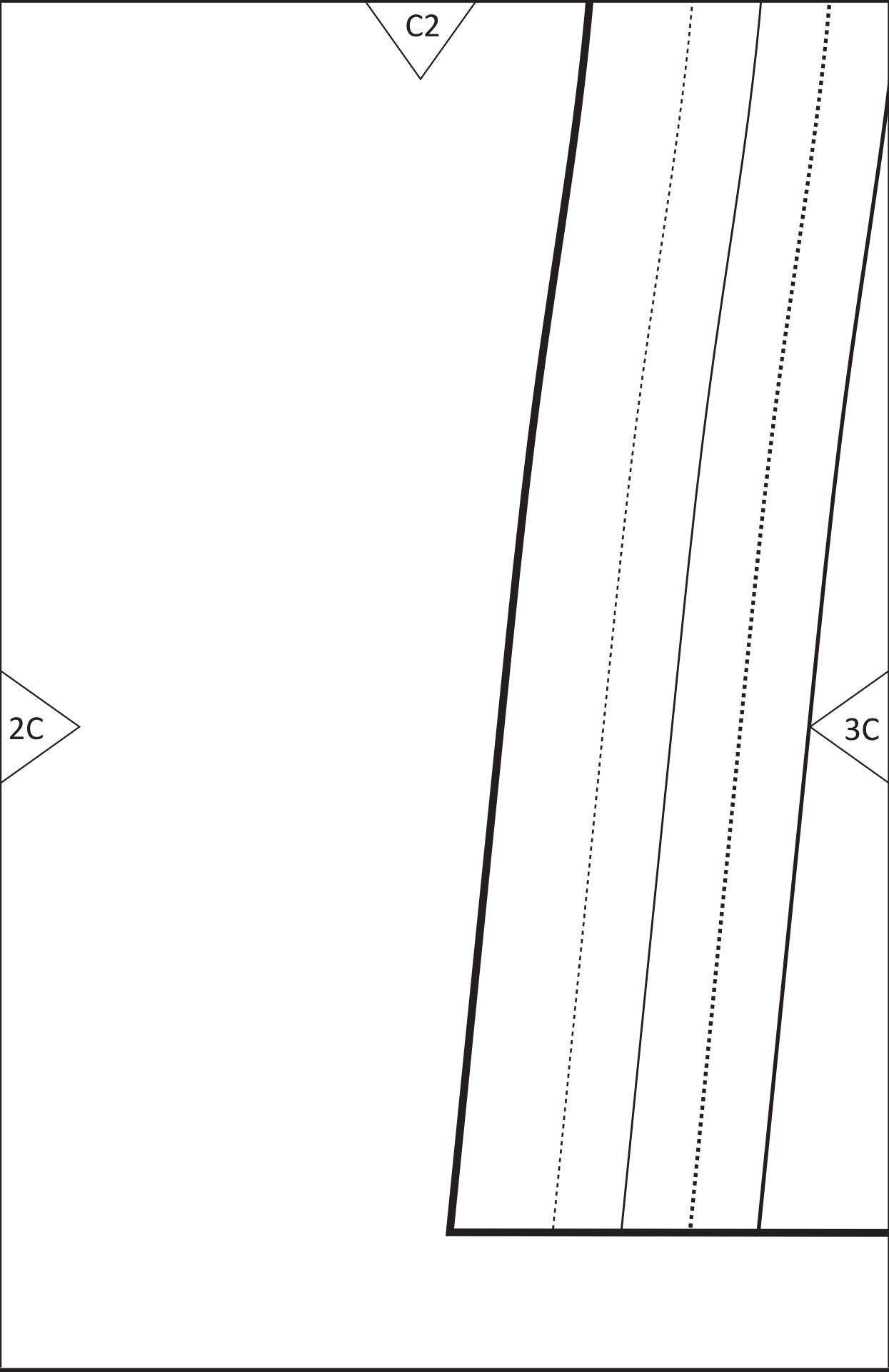
SB322 Neck Trim
XXS-L

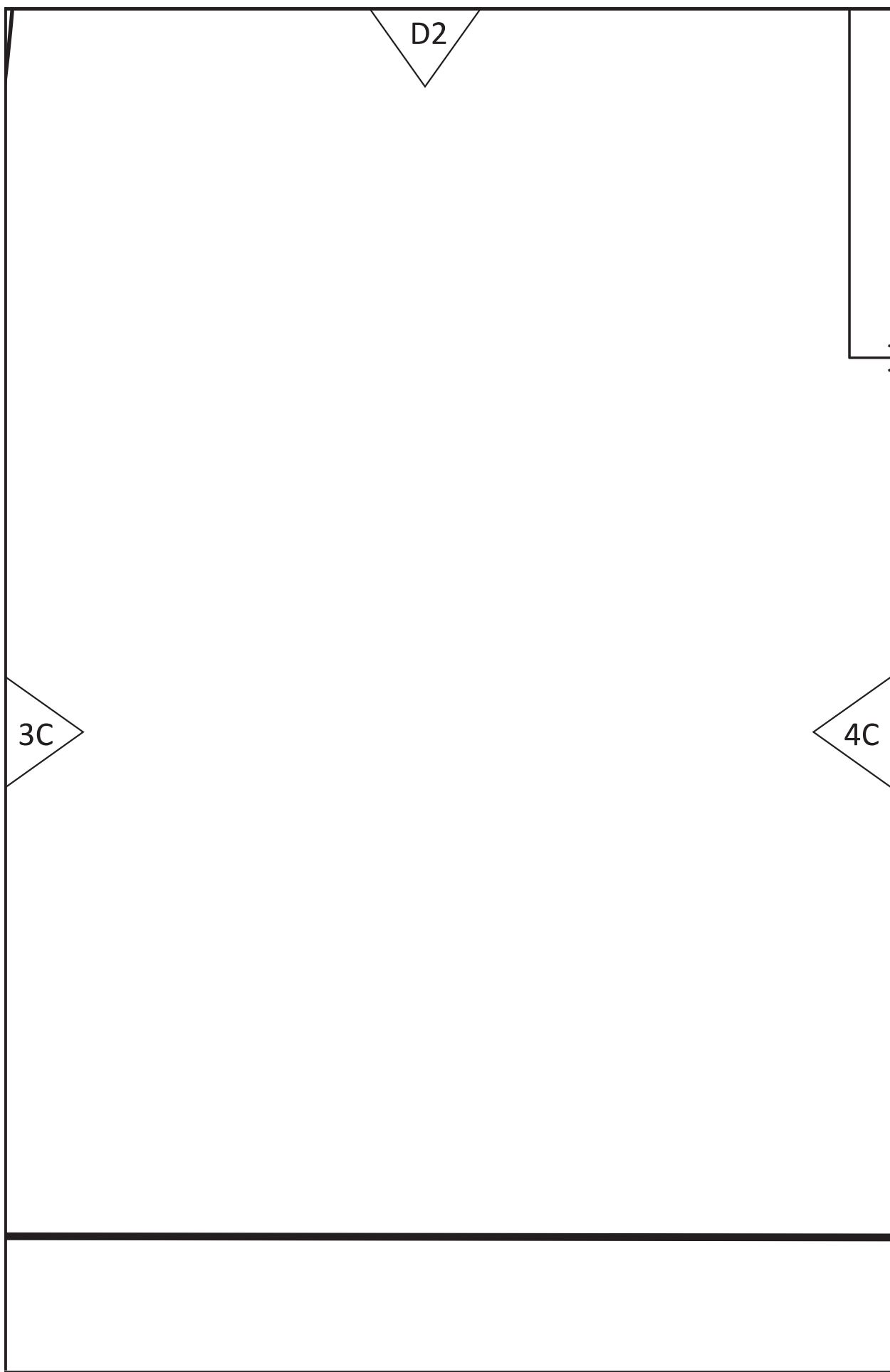
E2

4B









E2

Cut ① self

Seam allowance (included):
5/8" (.9cm) all around

4C