



Cowl Neck Sweatshirt - Women's PDF Pattern

Sizes XSmall thru XXLarge

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The Cowl Neck Sweatshirt

The perfect sweater / sweatshirt to throw on every day of the week! Appropriate for Spring, Fall or Winter - you will love having this cover up to keep you cozy all day long. Wear it to look stylish while exercising, picking your kids up from school, while running errands, or to the movies! A fabulous staple for everyone's closet.

SIZE CHART

	XSmall	Small	Medium	Large	XLarge	XXLarge
Bust	32"	34"	36"	38"	40"	42"
Waist	26"	28.5"	31"	33"	36"	38"
Height	65"	65"	65"	65"	65"	65"

SEAM ALLOWANCE

The pattern includes a ½" seam allowance.

FINISHED MEASUREMENTS

	XSmall	Small	Medium	Large	XLarge
Bust	40"	43"	46"	49"	52"
Length	25.5"	25.5"	25.5"	25.5"	25.5"

***The sweatshirt is designed to fall above the hips. The finished length is determined from shoulder to the bottom of the sweatshirt.

FABRIC REQUIREMENTS

	XSmall	Small	Medium	Large	XLarge
Main	2 ¼ yds	2 ¼ yds	2 ¼ yds	2 ¼ yds	2 ¼ yds

All fabric requirements are based on 58" width of fabric (typical for sweatshirt and fleece knits). Allow extra fabric if matching up stripes or plaids.

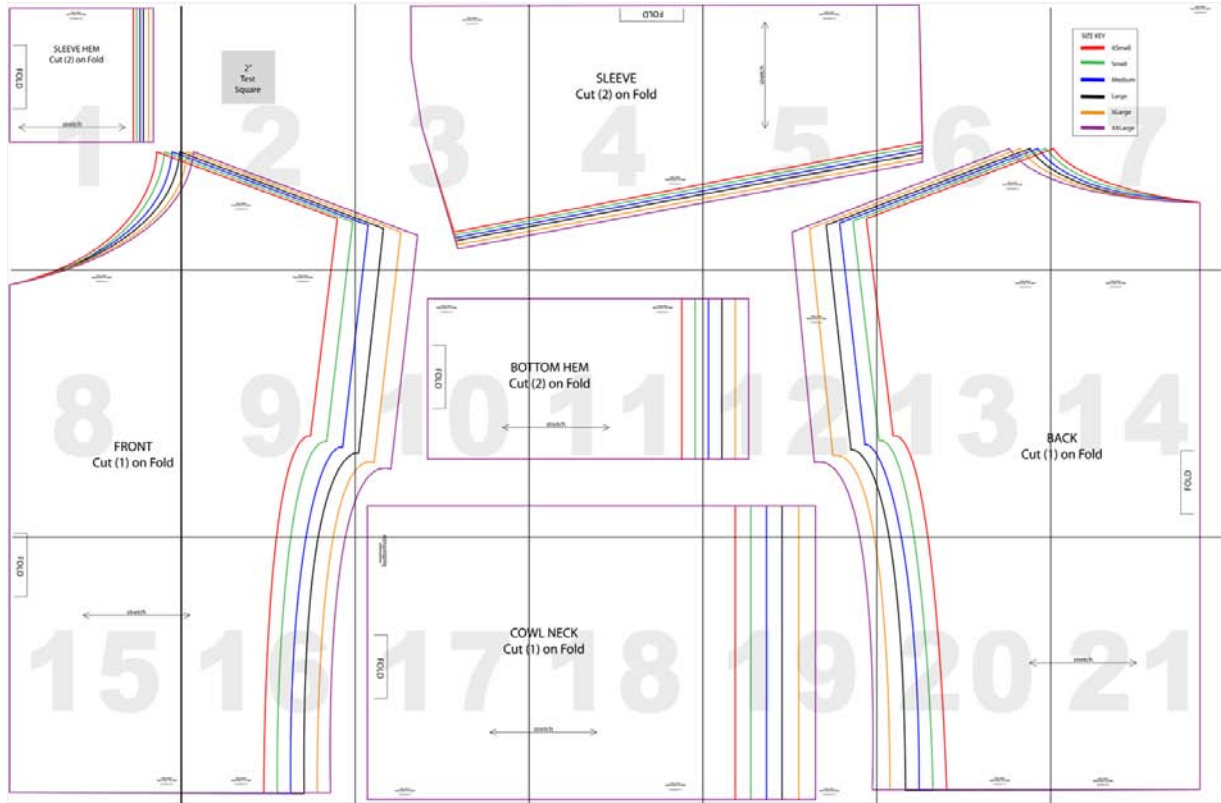
FABRIC RECOMMENDATIONS

This fabric was intended for use with sweatshirt and fleece knit fabrics. Fabric with a slight stretch is preferred, but not necessary. If using a sweatshirt fabric with no stretch, then use ribbing for the Sleeve Hem pattern pieces.

ТАБЛИЦА РАЗМЕРОВ (ПЕРЕВОД ДЮЙМОВ В СМ)

Россия размер	Объем груди (см)	Объем талии (см)	Объем бедер (см)	Объем груди (inches)	Объем талии (inches)	Объем бедер (inches)
44	81	61	86	31-32	23-24	33.5-34.5
	84	63.5	89	32-33	24-25	34.5-35.5
46	86	66	91	33-34	25-26	35.5-36.5
	89	69	94	34-35	26-27	36.5-37.5
48	91	71	96.5	35-36	27-28	37.5-38.5
	94	74	99	36-37	28-29	38.5-39.5
50	96	76	104	37.5-38.5	30-31	40-41
	101	81	107	39-40	31-32	41.5-42.5
52	104	85	111	40.5-41.5	32.5-33.5	43-44
	105-108	113	112	41.5-42.5	33.5-34.5	43.5-44.5
54	109-114	89-94	111-117	43-44.8	35-37	43.7-46
56	119-124	99-104	122-127	46.8-48.8	39-41	48-50
	130-135	130-134	132-137	51.1- 53.1	51-52.7	52-54

PATTERN DIAGRAM:



SIZE KEY

—	XSmall
—	Small
—	Medium
—	Large
—	XLarge
—	XXLarge

To print out the pattern pages only, print pages: 10 - 30

Happy Sewing :)

Print out pattern pieces as instructed. Fabric with stretch is preferred, but if using a non-stretchy sweatshirt material, then USE RIBBING for the sleeve cuffs.

Sew Shoulder Seams

1. Place Front and Back right sides together, pin and sew shoulder seams.



Sew Sleeves

2. Line up the sleeve curve to the armsyze, matching the center of the curve with the shoulder seam.



3. Flip the sleeve over, so that the curve matches up with the armsyze, right sides together. Pin and sew.

Repeat for other Sleeve.



Sew Side Seam

4. Fold front and back right sides together matching up the side seams.

Pin and sew. Repeat for both sides.



Sew Bottom Hem

5. Place your (2) Bottom Hem pieces right sides together. Pin and sew the short side edges.



6. Fold the Bottom Hem in half, wrong sides together, matching up the raw edges.

Slip bottom hem over the bottom of the sweatshirt, matching up all raw edges and side seams. Pin and sew.

Press hem down, seam up, and edge stitch seam in place if desired.



Sew Sleeve Hems

7. Fold Sleeve Hem in half, right sides together, matching up side edges. Pin and sew.

Fold the Sleeve Hem in half, wrong sides together, matching up the outer raw edges.

Repeat for both Sleeve Hems.



8. Slip the Sleeve Hem over the bottom edge of your Sleeve, matching up the seams and raw edges.

** Please note, the hem will be smaller than your sleeve.*

Pin in 2 or 3 places (like the seam and the opposite edge), and sew. Stretch the sleeve hem as you sew so that it is the same width as your sleeve.

Repeat for both Sleeve Hems.

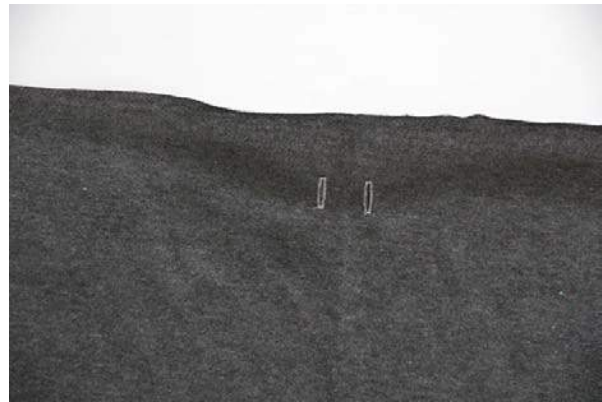


Press Sleeve Hem down, seam up, and edge stitch seam in place if desired.

Sew Cowl Neck

9. Using the markings on your pattern as a guide, sew (2) buttonholes along the top of your Cowl Neck.

** If desired, place a small piece of lightweight or tear away interfacing underneath your buttonhole for a cleaner finish.*



10. Fold Cowl Neck in half right sides together, matching up the side seam. Pin in place and sew.



11. Fold the top edge down 1" towards the wrong side, and press. Pin in place and sew all around, creating a casing.



12. Slip the Cowl Neck over the top of your sweatshirt, right sides together, matching up the raw edges. Line up the seam on the Cowl Neck with the back center of your sweatshirt's neckline.

Pin in place, and sew.

Press Cowl Neck up, and seam down. Edge stitch in place if desired.



Slip twill through the casing using a safety pin to guide around, and you are finished!



Wear your new sweatshirt with pride!

SLEEVE HEM Cut (2) on Fold

*(use ribbing if sweatshirt
fabric has no stretch)*

FOLD

stretch

SIZE KEY

	XSmall
	Small
	Medium
	Large
	XLarge
	XXLarge

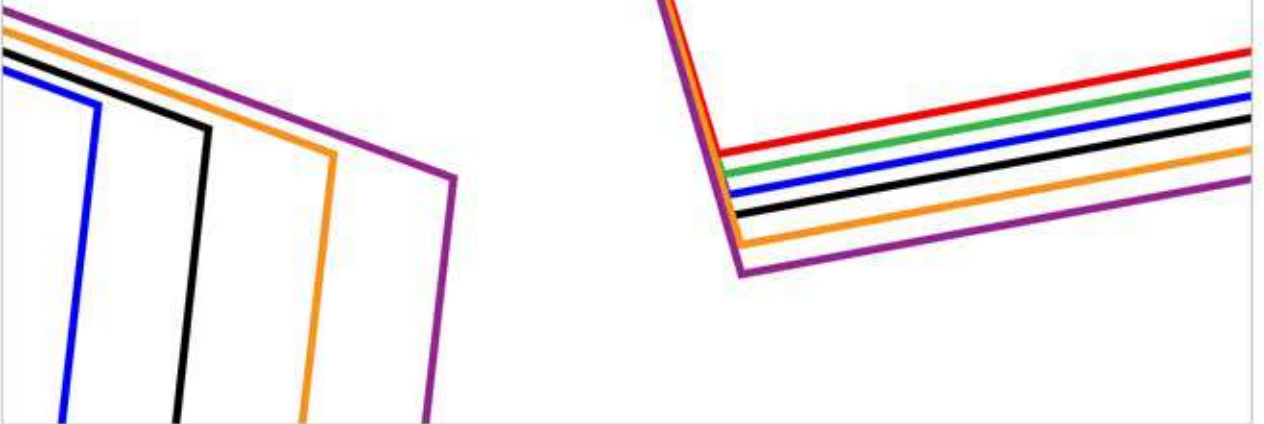
2"
Test
Square

2

COWL NECK
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3



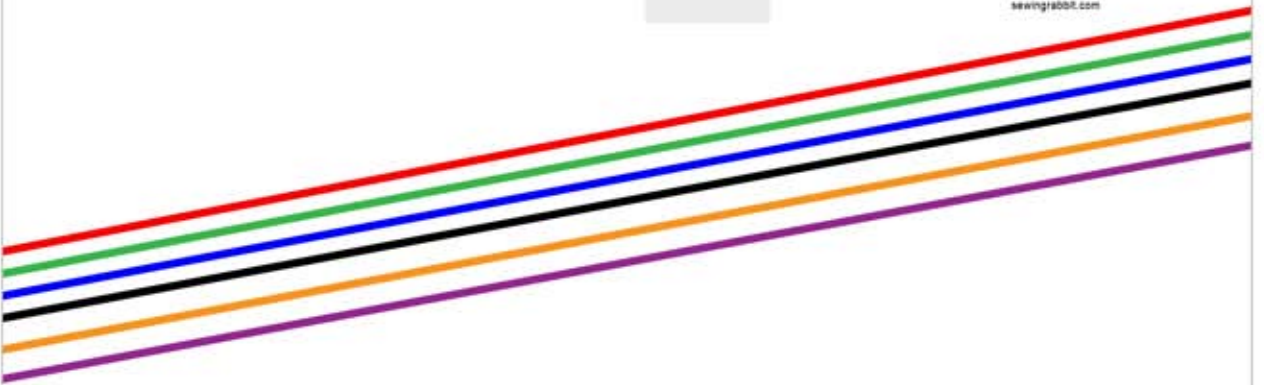
FOLD

SLEEVE

Cut (2) on Fold

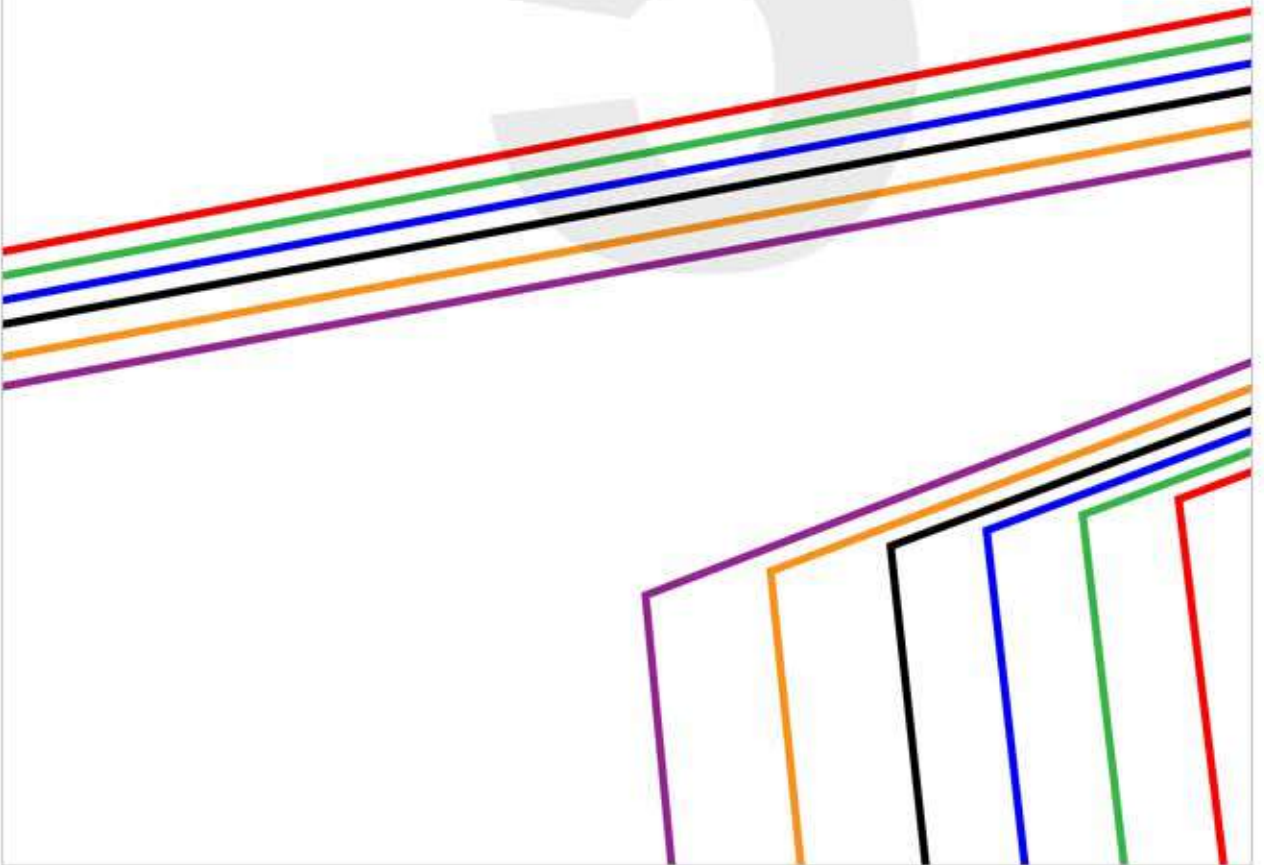
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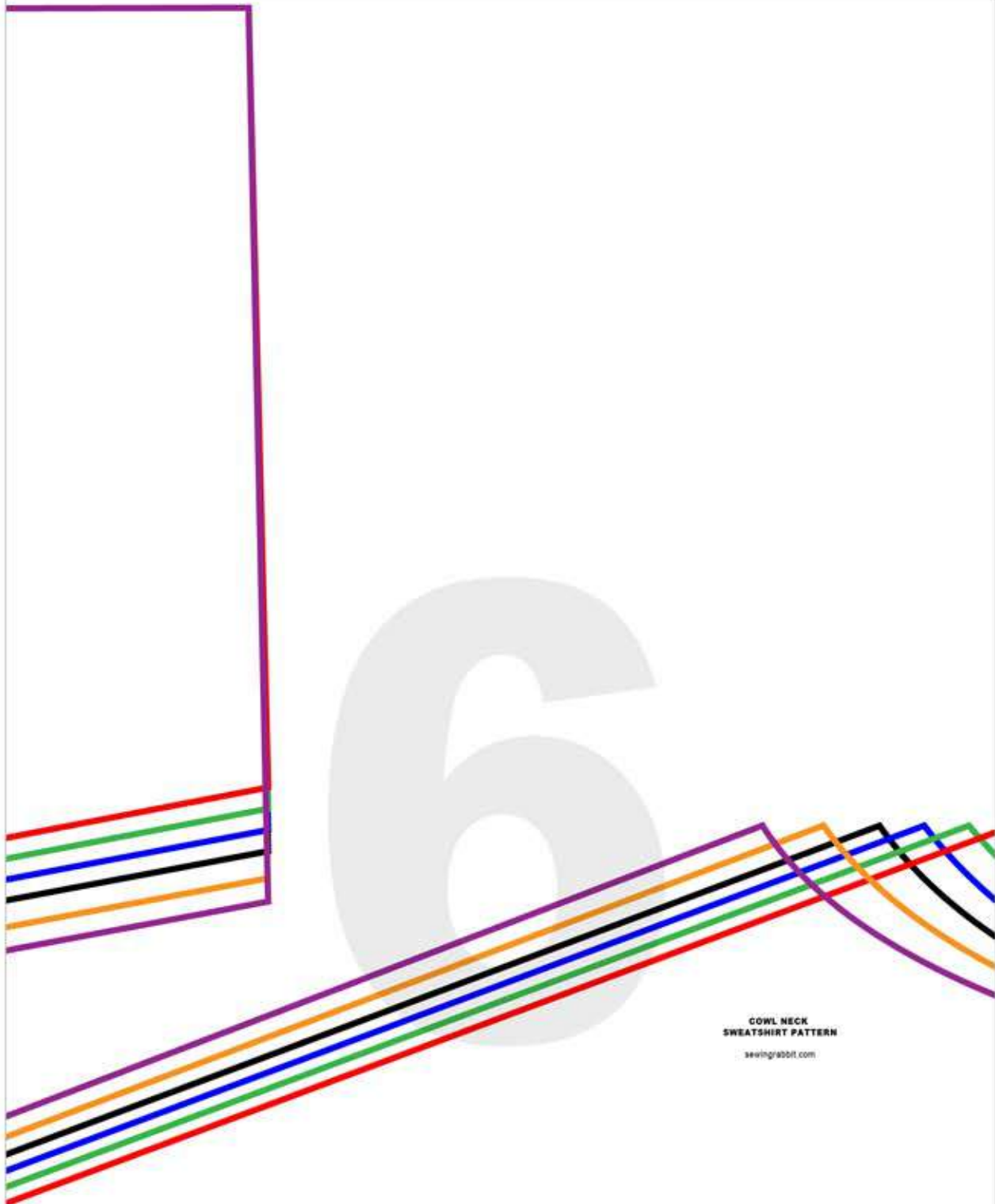




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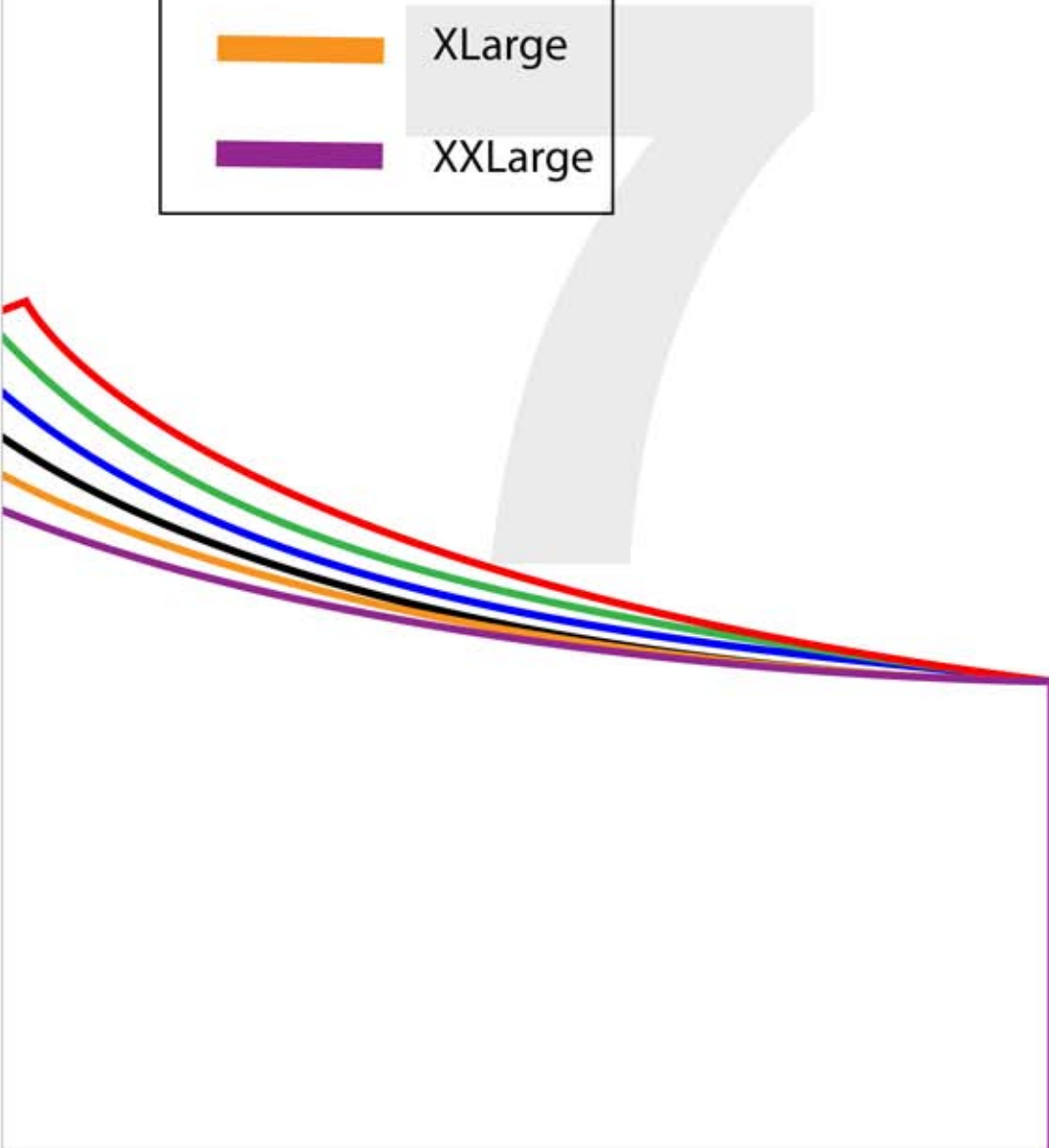
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SIZE KEY

	XSmall
	Small
	Medium
	Large
	XLarge
	XXLarge



8

FRONT
Cut (1) on Fold



9



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FOLD

BO
Cut

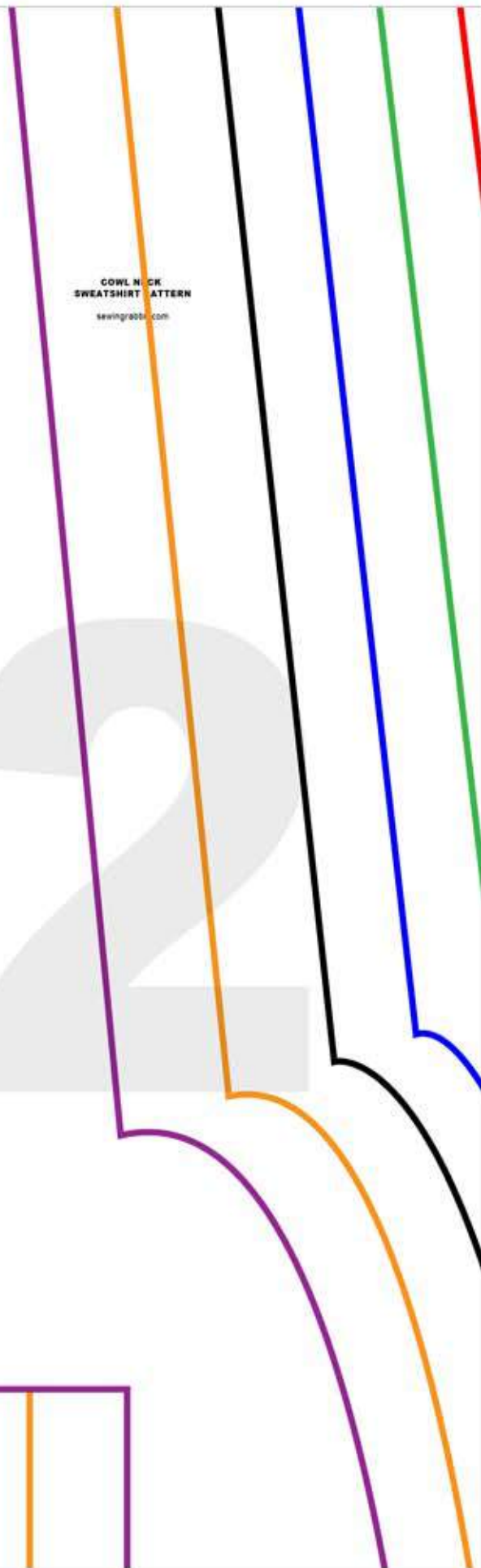
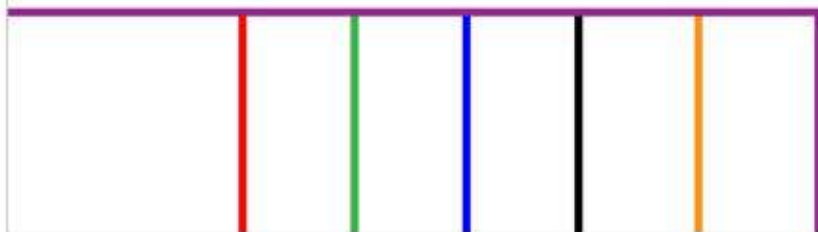
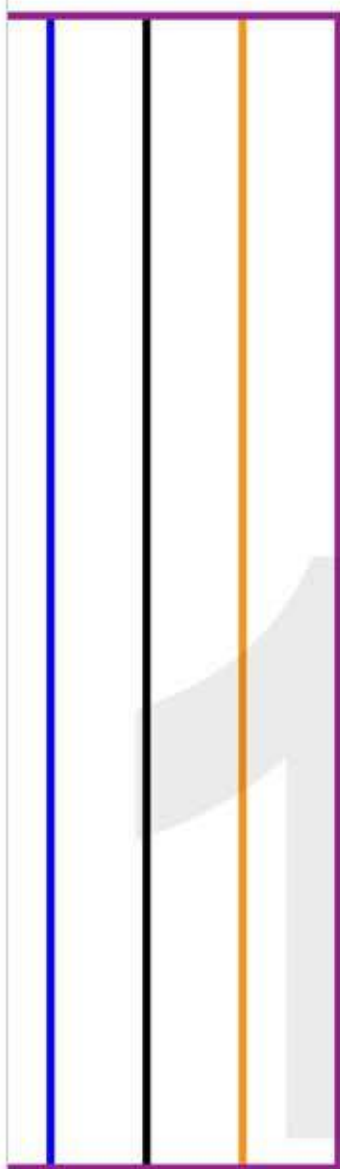


TTOM HEM (2) on Fold

stretch



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3

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Cut (1

14
BACK
1) on Fold

FOLD

FOLD

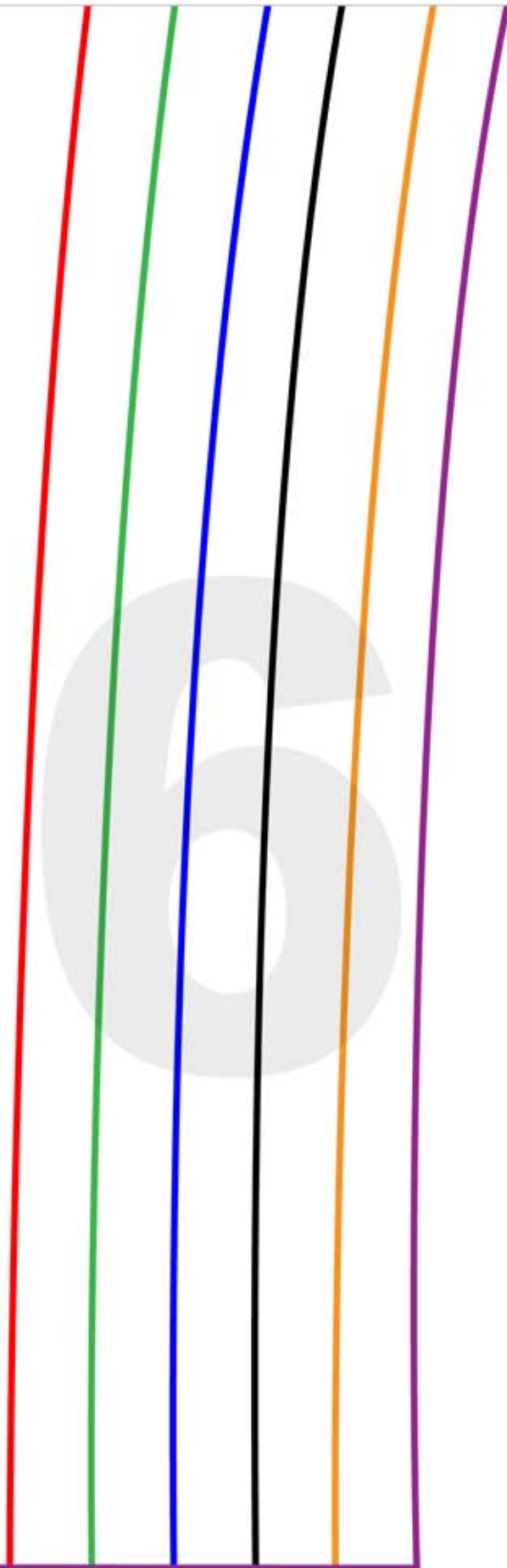
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← stretch



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COWL NECK
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buttonhole

FOLD

COV
Cut (

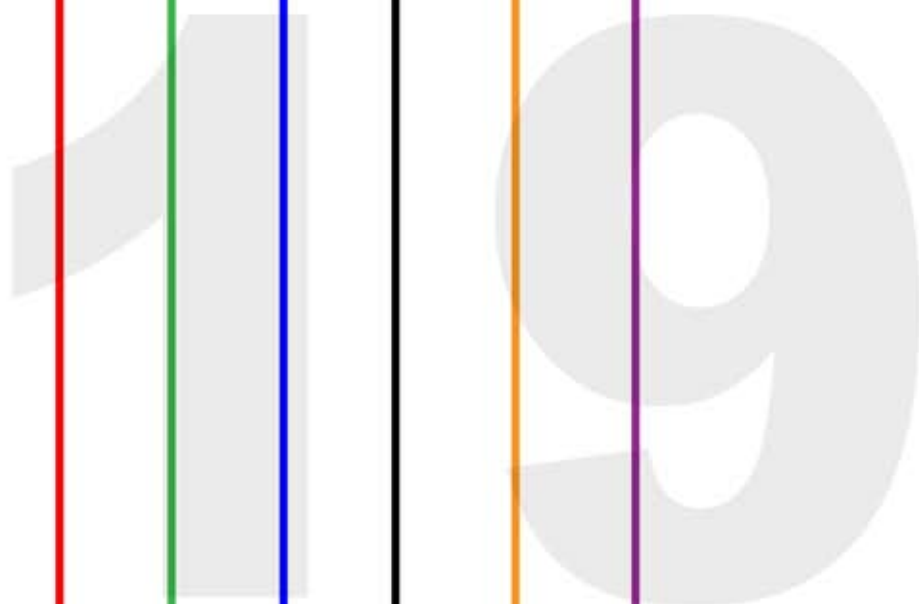


GOWL NECK

(1) on Fold

stretch





20



